

# JIJIN JAIN

## SOCIAL WORKER (MEDICAL AND PSYCHIARTY)

LOCATION: KANNUR, KERALA, INDIA

TELEPHONE: +917019616237

EMAIL: [jjinjain13@gmail.com](mailto:jjinjain13@gmail.com)

---

### Professional Profile

A confident and highly skilled graduate with a masters in social work augmented by qualifications in social & community development and health & social care, in addition to acquired hands on experience as a key worker and professional social worker in the area of mental health care and social care.

Naturally approachable with a friendly but professional persona, I engage well with clients demonstrating respect and empathy, eliciting key issues in exploring their destructive inclinations, whilst drawing out the strengths that will be critical during the planned recovery of the client. I consider each family member's feelings where my goal being to enable and empower them to make and sustain positive changes without devaluing their own role.

### Education Qualification

Masters in Social Work (medical & psychiatry)-St. Aloysius College, Mangalore (Autonomous) –2019-61%

Bachelor of Business Management- St. Aloysius College, Mangalore (Autonomous) - 2017-63%

Commerce- NSS Higher Secondary School, Alakode -2014- 84%

### Professional Experience

#### **Trainee and Practitioner**

May 2019 to June 2019

Central institute of psychiatry- Ranchi, India

Work and training in the areas of adult & child psychiatry units, de-addiction center, psychosocial rehabilitation centre and occupational rehabilitation center. Interaction with patients and care givers. Case work and group work. Occupational therapy like cloth weaving, panting. Explaining treatment plans to patients and caregivers and Coordinating treatment.

Conducting awareness classes on cleanliness, personal hygiene and psycho educative sessions to clients.

### **Trainee and Practitioner**

June 2018 to march 2019

Fr. Muller's medical hospital, Mangalore

Exposure towards mental health, general health, rehabilitation, de-addiction and counseling services.

Psychosocial interactive sessions were conducted for clients and their care givers.

Individual and group therapies are conducted like occupational therapy, body movement therapy, Dance therapy, music therapy etc...

Patient care in hospital like insurance claims, explaining treatment plan to patients and their care takers.

Collecting feedbacks from patients and care givers regarding the hospital, staffs and the treatment.

### **Trainee and observer**

June 2018 to July 2018

Baptist Hospital, Bangalore

Exposure in psychiatry social work and medical service departments and the way each division operates. Opportunity to work in communities for medical support and other psychosocial care. Assisting clinical psychologists in case work preparation and presentation.

### **Trainee and practitioner**

June 2017 to March 2018

Mangalore Nagara Pallika Saktha Okkuta (M.N.P.O), Mangalore

Experience in the field of environmental protection and community development. Community health based programs and like seminars, rallies and workshops were conducted.

Regular home visits were done to control the spreading of dengue, malaria and other deadly diseases.

Promotion of personal hygiene and health care in the community with the help of City Corporation. Conducting clean drives throughout the city and cleaning the places with the help of the community people.

### Core Skills

Family/children intervention and advocacy, cultivation of productive relationships, strategic planning and leadership, maintenance of information systems, partnership and joint working, community health and social care, report writing, analysis and review, respect; empathy and confidentiality.

### Projects and Research

A study on the lifestyle practices and mental health of day scholars and hostelers in Mangalore city – 2019

A project on customer satisfaction in Black Stylo fashion club Alakode, Kannur- 2017

### Reference

Dr. Loveena Lobo

Director of P.G studies, St. Aloysius College, Mangalore

Phn: 9448460525      Email: [loveena\\_lobo@hotmail.com](mailto:loveena_lobo@hotmail.com)

Dr. Roshan Monteiro

Faculty Professor, St. Aloysius College, Mangalore

Phn: 8123770694      Email: [rosmonteiro.is@gmail.com](mailto:rosmonteiro.is@gmail.com)

### Declaration

I Jijin Jain hereby declare that all the above mentioned statements are true to my knowledge.

Jijin Jain