

CURRICULUM VITAE

ANISHA THOMAS



Permanent Address

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Academic Qualification

- Post-graduation in **Master of Social Work(MSW)**
Specialized in **Medical and psychiatric social work.**
From **Calicut University (Kerala), India.**
- BSC Graduation in **Botany** from **Calicut University (Kerala), India.**
- Higher Secondary Education in Science with 81% from Vocational Higher Secondary Board of Examinations, India
- Passed SSLC (10th) with 75% from C.J.M.A.H.S.S, Varandarappilly, Thrissur, in 2011

Personal Profile

Date of Birth : 20-03-1996

Gender : Female

Nationality : Indian

Objective

To be a part of health care services, this gives a challenging career. Improve myself through continuous learning inside and outside the preview of my responsibilities, so that I can excel and contribute to the performance of the hospital.

Summary

I look for job satisfaction, which I derive from understanding and providing valuable service based on the Beneficial's requirements and like to have a challenging career in the health care.

Employment History

- July 23rd 2018 – October 18th 2019 (ongoing)

Jewel Autism & Child Development Centre, Kottayam

Position: Social Worker & Digital Marketing Chief

Role played in this Job

- Coordinated two projects 'Teach & Train' and 'I Challenge Plastic Bottle'.
- Managed social media platforms such as Facebook, Twitter, LinkedIn, Instagram & pinterst.
- Organized outdoor group therapy programs in collaboration with various schools in Kottayam District.
- Organized and coordinated public awareness campaigns about 'Autism', 'Health Hazards of single use plastics' and Mainstreaming of autistic Kids.' In various schools, colleges, SHG'S of Kottayam & Alappuzha District.
- Coordinated world autism awareness day observations.
- Content developer for online promotions.
- Provided Counseling for parents.
- Organizing various staff development programs.
- Feedback collection from beneficial to ensure the quality of services.
- Liaison between staff and management.
- Coordinated whole staff team for the release of manuals
- Collaborated with Pain & palliative unit of District hospital, Kottayam.

Father's Name : Thomas TD.

Marital Status : Single

Religion : Christian RC

Speaks : English, Hindi,
Tamil, Malayalam

Interested on : Traveling

: Reading

: Craft works

Skills

- Well knowledge of MS Office.
- Knowledge in video editing.
- Top notch communication skills and professional work ethic
- Organized and Focused in high stress situation.
- Ability to maintain positive and engaging relationship with all staff and colleagues.
- Ability to direct and supervise a team

Achievements

- Completed certificate course in Child Developmental Therapy Assistant.
- Presented a paper on women Empowerment as a part of international women's day.
- Completed certificate course on Participatory Rural Appraisal.
- Supervised a team in many tasks
- Participated in state level workshop on "Techniques of problem solving" organized by AVARD Bahavan Chalakudy.
- Participated in seminar on "Cerebral palsy" organized by NIPMR Kalletumkara as a part of world cerebral palsy day observation.

Internship Details

*Santhula Trust Hospital, Vadakara, Ernakulam : May 1st to May 31st 2018.

*Elite Mission Hospital, Thrissur: December 1st to December 31st 2017.

*National Institute of Physical Medicine & Rehabilitation (NIPMR), Kalletumkara, Thrissur.

*Vijayapuram Social Service Society, Kottayam: May 1st to May 31st 2017.

Masters Dissertation

Title: A Study on the impact of hurry sickness syndrome among college teachers

Position Sought

- **SOCIAL WORKER.**

Character References

<p>Mrs. Loveji KN. Assistant professor Vimala College, Thrissur MOB # + 91 9605053333</p>	<p>Ms. Manisha Bhushan Digital Marketing Head Jewel Autism Centre, Kottayam MOB # +91 8318973621</p>
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