

# SAJITH . KR

H.S.E Professional  
00919446776972

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[sajithnair082@gmail.com](mailto:sajithnair082@gmail.com)



## Career Objective:

Seeking a position to utilize my skills and abilities in the HSE industry and implement innovative ideas in the field of H.S.E to the existing work activity and minimize accidents and an organization that offers professional growth while being researchable, innovative and flexible

Post Applied for: **HSE Advisor /Supervisor**

## Overall Background:

**1. Project HS&E organization** In co-operation with the Project Management the HSE Officer must make sure that the HSE organization structure on the project is clear and is stated in a project organization chart (See also the HSE-plan).  
Make sure that the HS&E functions of the employees on the project and the reporting lines are indicated on the chart.

Experience in Health, Safety and Environment related to civil construction, oil & Gas .  
Having experience in training of personnel in general safety awareness.  
Having experience in supervisory knowledge.  
Reviewing and overseeing procedures for investigating construction accidents.  
Implementing & maintaining standard policies and procedures for construction safety.  
Implementing metrics for tracking and reporting on safety performance issues such as accidents, "Near misses," and lost time injury.  
Presenting written and oral reports to management and outside agencies and the public.  
Directing the work of Environmental Health and Safety staff and outside consultants and contractors regarding new construction safety.  
Maintaining documents and records of control, conformance and performance relating to objective targets and procedure for evaluating compliance with regulation /orders safety procedures and various safety inspections, Internal and External Audits.  
Monitoring the storage, transports, usage and disposal of hazardous material in accordance with corresponding standards and MSDS.  
Carrying out the ergonomic assessment for site office & site set up.  
Fire Privation and Safety Supervising knowledge for Rig, Ship, Yard, Gas, Petrochemical and Construction  
Confined space work hazards awareness and give safety advise knowledge  
Knowledge for Fire Alarm installing and maintenance  
First Aid and Emergence care awareness  
Electrical hazards awareness knowledge working experience for commissioning and pre commissioning  
Working experience of live pot line and magnetic area and live transformer area

## **Highlight**

**Diploma in Fire& Safety and OSHA(30 hours),IOSH,FIRST Aid , Fire Fighting**

Total Experience **12 year** (9 years 7 month experience in UAE,KSA(Construction & Industrial commissioning , Mech ,Gas Line, Hot Metal ,E/I and Operation live plant ) and 3 year 4 month experience in India ( Refinery, ship, Rig and yard safety ) and still working as Sen :HSE officer in

S.A KENTZ

EXPERIENCE IN SAUDI ARABIAN ( **KENTZ, Ltd, Group of SNC LAVALIN** ) (4year 5 Month)

Period : 10<sup>th</sup> January : 2015 to 9<sup>th</sup> June 2016  
Designation : HSE coordinator (Operation supporting  
& Maintenance Supporting)  
Project : **Arcelor Mittal Seamless Tubular Plant** (SABIC Approval plant)  
Client : Arcelor Mittal  
**Project Management : Arcelor Mittal Seamless Tubular Plant**

S.A KENTZ Ltd, Electrical ,Mechanical & Instrumentation( Group of S.N.C LAVALIN )

Period : 9<sup>th</sup> May 2014 : to 7<sup>th</sup> January 2015  
Designation : HSE Incharge (Sen:HSE officer )  
Project : Kentz welding training center and work shop  
Nature of work : Hot work and Lifting activity

Period : 18<sup>th</sup> July: 2013 to 8<sup>th</sup> May 2014  
Designation : HSE in charge (Client) (Operation, Commissioning  
& Construction)  
Project : **Arcelor Mittal Seamless Tumbler Plant** (SABIC Approval)  
Client : Arcelor Mittal  
**Project Management : AMTJP (Arcelor Mittal Tubler Project Jubail, Ltd )**  
**Nature Of work : Construction and Industrial Commissioning of**  
**High voltage Electrical, Mechanical, Gas Pipe line, Hydraulics**  
**, Magnetic, Pneumatic power and High Pressure water line**  
**And Operation and maintenance supporting**

**Period : 26<sup>th</sup> Dec: 2011 to 16<sup>th</sup> July 2013 (1year 8month)**  
Designation : H.S.E officer (Client Rep:)  
**Project : RAS ALKHAIR ALUMINIUM SMELTER**  
**(World largest Aluminum Smelter)**  
Client : Alcoa  
**Project management : Bechtel**  
Nature of work : Installation of Equipment, pre commissioning and commissioning  
of **High voltage Electricity and Mechanical, Hydraulic Equipment** Lifting Heavy equipment and  
Moving with Hydraulic power

EXPERIENCE IN UAE CONSTRUCTION SAFETY

**SYSTEM CONSTRUCTION, LCC, Dubai**

Period : 2010 Aug: to 2011 Aug: (1 year)  
Project : ABUDABI FUTURE SCHOOL PROJECT PACKAGE-5 Alain  
Project management : Mosanada  
Client : Abudabi Education council  
Consultant : Devan  
Designation : Safety Officer (construction)  
Project cost : AED 450 million  
Duty and Responsibility : Conducted safety induction, Tool box talk  
: Arranged HSE meeting and other HSE trainings  
: Inspection with site Day to Day activities  
: Safety Documentation and try to protect site fire or other hazards  
: Implication and monitor the work method statement as

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Per approved HSE plan of project  
: monitoring lifting operation and safety in hot works, working  
In confined space, excavation, use and storage of paint and  
Other chemicals  
: Material handling, sign boards and notice board, guards and

## ROBUST CONSTRUCTION, LCC (DUBAI)

Period : April, 2008 to 2010 Aug:(2 year 6 month)  
Project : D.I.P  
Designation : Safety Officer /Fire (Construction and MEP)  
Project : Dubai Residents  
Client : Ritaj  
Consultant : Al Jabel

**Job description** : Supervising the sit working Health & Safety Programs  
: inspect the site regularly and reporting  
: Safety walks with Project Manager and HSE Engineer  
: Attending monthly& weekly safety audit with Consultant  
Safety Manger and Subcontractor Safety officers and PM  
and Project Engineer and site management to discuss  
About all site safety programs and discuss unsafe  
Activities, accident and near misses

### Experience in Refinery maintenance Safety in India

Designation : **Safety supervisor /Fire**  
Period : 25-7-2006 to 25-3-2008 (1Year 8 Month)  
Work site : Cochin Refinery Ltd , Ambalamugal  
Company : V.P Jayakumar Engineering Contractor  
: Ambalamugal, Cochin

### Roles & Responsibility

: Safety Inspection, measuring and monitoring safety performance  
of organization as well as of employees, behavioral study, etc  
: Risk assessment, identification &location of hazards,  
recommendation of preventive and control measures  
: Preparing and maintaining safety contingency plan (fire, spill,  
etc) Mock drill, Accident, incident or near miss investigation and Root cause analysis, safety survey,  
safety presentation  
: Conduct safety audit using standard check list and maintenance  
the documents for further follow up prepare inspection check list for different activates

### Experience in India (Ship & Yard Safety)

M/s Cochin Shipyard Ltd Company, Indian

Period : December, 2004 to July 2006 (1year 7 month)  
Project : Trident -2 Rig, other Navel Ship and other Ships  
Designation : Fire & Safety Supervisor (Ship & Rig safety)

### HS&E Tasks & Duties

The general HS&E tasks of the Project HSE Officer are:

- Instruction and induction of new project personnel;
- Advise and support management and supervisory personnel on HSE issues;
- Undertaking random spot-checks on the project site and onboard of vessels to verify compliance with the Project HS&E plan;
- Instructing and assessing the relevant subcontractors to verify their compliance to the applicable project HS&E requirements;
- Reporting and investigation of Accidents, Damages, Environmental Loss and Near Miss;
- Administrating and reviewing regular the Project HS&E plan, to ensure that the HS&E plan is kept up to date.

### **Education Qualification**

Diploma in FIRE AND SAFETY ENGINEERING

Bachelor Degree in Economics completed

Higher secondary

### **PROFESSIONAL COURSES & TRAINING**

Successfully completed the OSHA (30 hours) course in Occupation Safety & Health Standard for the Construction, Industry (29 CFR 1926 act) held at Institution Industrial Safety of Safety Science in Cochin approved by USA

Successfully completed the IOSH training held at Institution of Safety Science in Cochin approved by UK

Rigger and Banks man Training held at Euro Gulf Euro Gulf Safety Consultant approved Safety Consultant by Government Department UAE

Successfully completed training course of Basic First Aid held at Euro Gulf safety consultant by Government Department UAE , Abudabi

Successfully completed training for Fire Warden held Euro Gulf safety consultant by Government Department UAE , Abudabi

Confined Space Awareness Training and Firewatcher Awareness Training held at Cochin Shipyard( Ltd) Company in Indian, conducted by Transocean Rigging Company, U.S.A.

Successfully completed the Ship and Yard Safety & Fire Prevention Training held at Fire Fighting Training center Cochin Shipyard Company, Ltd in Kerala, India Course approved by Director General of shipping

Successfully completed the Gas & Petrochemical Safety Training Program on work permit , safety work practice and H.S.E training held from Cochin Refinery Company Ltd , India

Successfully completed by the Preliminary Fire Fighting & safety Management under Fire & Rescue Station under GOV: India

First Aid &Emergency Care Course held at St Johnson Ambulance Association & Indian Red Cross Society

Spatial training for Emergency Care, Medical First Aid & Trauma Care and

One Year work Experience in Medical Trust Hospital, Cochin Kerala, India

### **Additional Training**

Five year Service in N.C.C, with A, B certificate holder under Indian Army and Basic Leadership & Army Attachment Camp Training holder under Maratha Light Infantry at Belagam ,India

### **Driving License (in Indian)**

Two wheeler, three wheeler, Light motor Vehicle, and Heavy goods and Passenger Vehicle License held from Indian Motor vehicle and Licensing department.

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## Passport Details

Passport No. : M7611761  
Place of Issue: KSA  
Valid till: 18-08-2025

## Personal Profile

Father's Name:	Ravindran Nair
Date of Birth:	15 <sup>th</sup> Nov. 1980
Address:	Kaniyamkattu house Vaduthala jetty .po, Arookutty ,Cherthala
Nationality:	Indian
Sex:	Male
Marital Status:	Married
Religion:	Hindu
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