

CURRICULUM VITA

JOJI MOL THOMAS

MOOLITHARAYIL HOUSE, VADAYAR P.O

THALAYOLAPARAMBU ,KOTTAYAM

PIN :686605

KERALA,INDIA

MOB NO:9961501633



POST APPLIED FOR STAFF NURSE

OBJECTIVE:

To obtain position that would be sensitive to the needs of an experienced nurse. I would like to get on employed who is willing to utilize my knowledge and experience as my academic accomplishment.

MY STRENGTHS:

I am self motivated and can communicative reasonably well. I have good level of emotional intelligence to get along with different types of patients and colleagues and I can keep my cool in hard time. I am trained to be pro- active

PERSONAL DETAILS

NAME : **MS.JOJI MOL THOMAS**

GENDER : **FEMALE**

FATHER'S NAME : **C.V THOMAS**

DATE OF BIRTH : **31/05/1993**

RELIGION : **CHRISTIAN**

MARITAL STATUS : **SINGLE**

NATIONALITY : **INDIAN**

PERMANENT ADDRESS : **MOOLITHARAYIL HOUSE ,VADAYAR PO
THALAYOLAPARAMBU ,KOTTAYAM
KERALA, PIN :686605,KERALA,INDIA**

PASSPORT NO : **N8592745**

DATE OF ISSUE : **11/03/2016**

DATE OF EXPIRY : **10/03/2026**

PLACE OF ISSUE : **KOTTAYAM**

LANGUAGES KNOWN : **ENGLISH,HINDI & MALAYALAM**

Email ID : **annalijo1993@gmail.com**

EDUCATIONAL QUALIFICATIONS:

EXAM PASSED	NAME OF SCHOOL & INSTITUTION	NAME OF BOARD & UNIVERSITY	YEAR OF PASSING
S.S.L.C	ST.ANNE'S HIGH SECONDARY SCHOOL, KURIYANAD .	BOARD OF PUBLIC EXAMINATION, KERALA	MARCH 2009
INTERMEDIATE	GOVT.GIRLS HIGH SECONDARY SCHOOL, VAIKOM.	BOARD OF HIGHER SECONDARY EDUCATION,KERALA	MARCH 2011
B.sc NURSING	K.PANDYARAJAH BALLAL NURSING INSTITUTE ,ULLAL MANGLORE .	KARNATAKA NURSING COUNCIL	AUG 2015

WORK EXPERIENCES:

WORKED AS A STAFF NURSE IN MEDICAL SURGICAL DEPARTMENT FROM 26 SEP,2016 TO 31 MARCH,2018 IN SEVEN HILLS HOSPITAL AT MUMBAI

PROFESSIONAL ACHIEVEMENTS:

- 1.EXPERIENCE TO WORK IN MEDICAL SURGICAL WARD.
- 2.ABILITY TO OFFER PROFESSIONAL CARE AND COMMUNICATION SKILLS.
- 3.ABILITY TO OFFER GOOD WORKING RELATIONSHIP WITH COLLEAGUES AND MEMBER OF MEDICAL AND SURGICAL TEAM .
- 4.ADAPTABLE TO ANY ENVIRONMENT.

DUTIES AND RESPONSIBILITIES IN WARD

1. **RECIEVING PATIENT**
2. **MONITOR VITAL SIGNS**
3. **PROVIDING OXYGEN THERAPY ,NEBULIZATION**
4. **FOLLOW STRICT ASEPTIC TECHNIQUES**
5. **ARRANGE ARTICLES FOR PROCEDURE**
6. **ASSIST THE DOCTORS DURING THE PROCEDURE ,MAINTAINING THE ARTICLES**
7. **INSERTION OF I.V CANNULA**
8. **MAINTENANCE OF I.V CANNULA AND I.V FLUIDS**
9. **BLOOD GLUCOSE MONITORING**
10. **CARE OF PATIENTS WITH DIABETES**
11. **ASSISTING FOR DRESSING OF BOTH MAJOR AND MINOR**
12. **CARE OF PATIENTS WITH ONCOLOGICAL DISEASES**
13. **INSERTION OF RYLE'S TUBE**
14. **URINARY CATHETERIZATION**
15. **ASSISTING FOR LUMBAR PUNCTURE**
16. **CARE OF CLIENTS ON TRACHEOSTOMY**
17. **EMERGENCY MANAGEMENT IN CARDIAC ARREST**
18. **MEETING NUTRITIONAL NEEDS OF CLIENT VIA NASOGASTRIC FEEDS , JEJUNOSTOMY FEEDS AND PROVING TOTAL PARENTERAL NUTRITION**
19. **ADMINISTRATION OF MEDICINES AS PER DOCTOR'S ORDERS**
20. **MONITORING BLOOD TRANSFUSION**
21. **SAMPLE COLLECTION**
22. **PROVIDING HEALTH EDUCATION TO PATIENTS**
23. **TAKING ROUNDS WITH DOCTORS AND NURSING PERSONNEL**
24. **MEETING CLIENTS PSYCHOLOGICAL NEEDS BY PROVIDING EMOTIONAL SUPPORT TO CLIENTS AND FAMILY**
25. **MAINTENANCE OF MEDICAL RECORDS**
26. **MAINTAIN HEALTHY WORKING ENVIRONMENT WITH COLLEAGUES AND OTHER HOSPITAL PERSONNEL'S.**
27. **SYRINGE PUMPS**
28. **INFUSION PUMPS**
29. **PULSE OXYMETER,OXYGEN CYLINDER, SUCTION APPARATUS, E.C.G MACHINE**
30. **AMBU BAG**
31. **PREOPERATIVE PREPARATION OF THE CLIENT AND POST OPERATIVE CARE**

JOB DESCRIPTION:

DUTIES AND RESPONSIBILITIES IN GENERAL WARD

- 1. ASSESS THE NEED OF THE CLIENT , PLAN THE CARE AS PER THE PRIORITY AND DELIVER THE CLIENT CARE.**
- 2. OBSERVING PHYSICAL AND EMOTIONAL CONDITIONS OF CLIENTS AND PROGRESS MADE AND REPORT THE SAME TO THE PHYSICIAN CONCERNED.**
- 3. OBSERVE THE RESULTS OF THE TREATMENT AND ITS OUTCOME.**
- 4. ENSURES THE SAFETY MEASURES OF THE CLIENTS,THE RELATIVES OF THE CLIENTS AND THE PERSONNEL'S IN THE UNIT.**
- 5. PROVIDE COMPREHENSIVE NURSING CARE TO CLIENTS.**

FURTHER COURSE OBTAINED :

- NABH**
- JCI**
- FIRE AND SAFETY**
- INFECTION CONTROL**
- BCLS TRAINING PROGRAM**
- CRITICAL CARE NURSING**

REFERENCE:

1. MRS. AJITHA PAWAR

NURSING SUPERINTENDENT

SEVEN HILLS HOSPITAL

MAROL MAROSHI ROAD

ANDHERI (E) MUMBAI 400 059.

2. MRS.KAINI CECILIA

PRINCIPAL COLLEGE OF NURSING

MANGLORE ,

KARNATAKA.

DECLARATION:

I HEREBY DECLARE THAT,THE CURRICULUM VITAE ARE TRUE AND CORRECT
TO MY BEST KNOWLEDGE AND BELIEF

JOJI MOL THOMAS

9/01/2019

