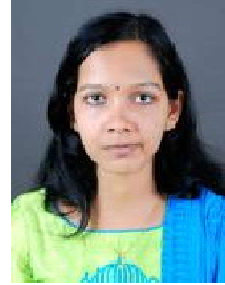


JOSMY C

ASST.DIETITIAN

+91 74065 75319

agnesdominica15@gmail.com



CAREER OBJECTIVE

Looking for an position that Enable me to utilize by my education and skills in the field of Dietetics and Food Service Management.

EDUCATIONAL QUALIFICATIONS

- M.Sc Dietetics and Food Service Management , at Assumption College Changanacherry ,M.G university-2016.
- B.Sc Family and Community Science at Assumption College Changanacherry ,M.G university- 2014-2016.
- HSC at St. Mary's H.S.S Champakulam.
- S.S.L.C at Deva matha H.S chennamkary, Kerala state board during the year 2009.

EXPERIENCE

Presently Working as Assistant Dietitian (From 02-Feb-2017) at St.John's Medical Collage Hospital, Madiwala, Bengaluru.

TECHNICAL TRAINING

Hospital Internship – Dep't. of Dietetics, Ananthapuri Hospitals and Research Institute Hospital, Trivandrum for partial fulfillment of Dietetics and Food Service Management on May 1st to may 31th 2015.

SEMINARS

- Attended 48th **Annual National Conference of Indian Dietetic Association** held on 19th to 21st November at Bangalore.
- Attended and presented a poster in the UGC sponsored national seminar on “**Nutrition for the Bone and Dental Health**” held on 9th – 10th of December 2014 at CMS College, Kottayam.
- Attended and presented poster in sponsored national seminar “**Functional Food; The Current Perspective Nutrition**” hosted by the Post-Graduation department of Clinical Nutrition and Dietetics, at Alphonsa college, Pala on 25th and 26th November 2014.
- Attended and presented a poster in the UGC sponsored national seminar on “**Nutritional Strategies for Enhancing Sports Performance**” organized by the Department of Home Science, at **Assumption collage, changanacherry** on 20th and 21st November 2014.
- Attended in **World Diabetic Day Program** conducted on November 14th 2014 at St. Thomas hospital, Chethipuzha.
- Attended in the UGC sponsored national seminar on “**Photochemistry – An emerging branch for the development of Potential Anticancer Drug**” held on 3rd September 2015 at Assumption collage, Changanacherry.
- Attended in the seminar on “**Medical Nutrition Therapy in the Management of Obesity**” at Amrita Institute of Medical Science, Kochi 13th February 2016.

RESPONSIBILITIES

- Identifying nutrition problems and assessing the nutritional status of patients.
- Developing diet plans and counseling patients on special diet modifications.
- Educate and advise patients with diet-related disorders on the practical ways in which they can improve their health and prevent disease by adopting healthier eating habits.
- Advising and presenting a balanced nutritional strategy

STRENGTH

- Self motivated.
- Effective working alone or Co-operative team members.
- Caring and Compassionate approach to other peoples' feelings.
- Time management skills and the ability to work under pressure.

PERSONEL DETAILS

Father's Name : Chacko Thomas
Address : Thathusserry (H)
Thekkekara P.O
Moncompu,
Alappuzha
Kerala-688 503

Date of Birth : 15/01/1994
Gender : Female
Marital Status : single
Religion : Christian
Language Known : Malayalam,English, Tamil
Nationality : Indian
Passport No. : T1844081
Contact Details : +91 74065 75319
E-Mail Id : agnesdominica15@gmail.com

DECLARATION

I **Josmy C** hereby declare that the above statements are true and correct to the best of my knowledge and belief.

Alappuzha

Josmy C