**CURRICULUM VITAE**

**JERIN ALEX**

**PAZHAVEEDU HOUSE Champakulam PO**

**Alappuzha, Kerala - 688505 Mob: 9745312232 ,8606544324**

**Email - jerinalex992@gmaiLcom**

**CAREER OBJECTIVE**

To establish my career independently in the field of nursing with excellent professional

skills interest and to improve my skills in the field of nursing and contribute to the growth of the organization in a progressive, challenging and dynamic manner.

**PERSONAL INFORMATION**

Father's Name Alex

Age *&* Date of Birth 23, 28/04/1992

Marital Status Married

Religion Christian

Nationality Indian

Height & Weight 162cm, 66 kg

Language Known English, Malayalam, Hindi

**EDUCATIONAL QUALIFICATION**

**Exam Passed Name of the Board**  **Name of**

**Institution**

S S L C Board of Public Exam, Kerala St. Marys HSS

Champakualm

Plus Two Board of Higher Secondary, \_ ST Marys HSS

Kerala Champakulam

**PROFESSIONAL QUALIFICATION**

**Exam Passed**  **Name of the Board Name of Institution**

Diploma in Kerala State Lourdes School of

General Nursing Diploma in Nursing Nursing, Holy Cross

& Midwifery Examination Board, Hospital, Kottiyam

Kottiyam, /CI:111am \_

**Year of**  **%**

**Passing\_ Obtained**

2007 65.66

2009 60.85

**Year of**  **Duration of Passing\_ Course**

2013 2010 to 2013

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**PROFESSIONAL EXPERIENCE**

Hospital From To Department

BLK Super Speciality **22nd** Oct 2013 26th April 2015 Gastrosurgical *&*

Hospital, **New** Delhi Gastroenterology

110005 ward and 1-IDU

Amritha Institute of 6th April 2016 19 th December 2017

 Intermediate ICU

Medical Science, E'dappally

Ernakulam 682024

**My Strengthens**

> Good Communication Skill > Pleasant Personality ' Presence of mind

**Personal Atributes**

A hardworking, self-motivated & committed individual with a quick learning ability. Able to take responsibilities, enjoys challenges, and expert to make positive contribution

**Job Experience**

> Assessing the surgical and Medical patients admitting and discharging them according to hospital rules.

' Administering drug - oral, sublingual, intravenous, intradermal, subcutaneous,

intramuscular, intra tracheal, intracardiac, administering drugs and fluids via infusion pumps, syringe pumps, Ventilator, R T, and Cardiac Monitoring.

✓ Monitoring fluid and electrolyte balance intravenous canalization, IV fluid administration monitoring central venous pressure, maintaining adequate record of intake and output.

> Assist **the** needs of patients to meet their needs in limitation > Provide patient psychological support and health education

Cc-operation of nursing activities. Assigning and delegating duties and responsibilities, supervision of junior staffs, storing of dangerous drugs, maintaining stock liner Central sterile supplies, drugs & miscellaneous at all time, repairs and replacements, inventories and recording.

Ventilator Care, RT Care, MI Patient, LVF Patient Care

**Trained for following cases**

.-- Assisting **for** various procedure such as ET intubation central venous line insertion, Arterial line insertion, Wound dressing

);-.- Surgical skin preparation

Care of drains.

Remove] of sutures.

Pre & post operative care. Intra venous cannulation.

Care of dialysis, tracheostomy, Angiography etc. X-ray studies, graphic studies & laboratory etc. Collection of blood for ABC.

Catheter insertion

ET Insertion

**Familiar Equipments**

Central Venous Catheter CPR

Ryle's Tube Insertion Pleural Tapping ICD Insertion

Foley's Catherization

Blood / Component Transfusion Lumbar Puncture

**Bone Marrow** Aspiration

Suturing Intracath Insertion Femoral Cannulation

Monitoring blood glucose levels - bedside blood glucose are monitored with glucometer.

Monitoring fluid electrolytes balance, intravenous canalization, IV fluid administration.

0-- Monitoring central venous pressure, maintaining adequate record of intake & output.

p- Maintaining patent airway by suctioning. Auscultation for adequate air entry. Giving nebulisation and suctioning. ECG & vitals monitoring on central monitor.

` .> Venous Line insertion, Arterial Line Insertion, Lumber Puncture, Ascitic Tapping,

Defibrillation, Portable X Ray, Preparing the patient for Various Investigations Such as Magnetic Resonance, Imaging, Computerized Tomographic Scan, Sonography, Bronchoscopy, Opthaimic, Echocardiogram etc.

**Reference**

1. The principal, Lourdes School of nursing, Holy Cross Hospital, Kottiyam, Kollam

2. The HR Department, BLK Super speciality Hospital **New** Delhi --110005

**Seminars:**  In service education in Hospital

**DECLARATION**

I hereby declare that the above mentioned facts are true and correct to the best of my knowledge **and** belief.

Place : champakulam **]ERIN ALEX**

Date :