### **RABEEH M K**

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Mob (□):+9198 46 325 434

### Objective

To be associated with a reputable eye care organization that helps me to grow professionally and personally to take up more responsible positions in future. I am ready to work to utilize all my talents, hardworking nature, high spirit, confidence, adaptability and ethics for the benefit the firm I work in.

### **Highlights**

Strong analytical and management skills in both clinical and community optometry

2012-2013 : SSLC (2010-2013) ZAINUDHEEN MEMMORIAL HIGH SCHOOL POOLAMANGALAM (KERALA)

Education

2013-2015 : HSE (2013-2015) VALANCHERY HIGHER SECONDARY SCHOOL VALANCHERY

(KERALA)

**Marital Status** 

2015-2019 : BSc. OPTOMETRY From AL SALAMA EYE RESEARCH FOUNDATION,

:Single

PERINTHALMANNA UNDER BHARATHIAR UNIVERSITY

Nationality : Indian Sex : Male

Date of Birth : 05-10-1997 Religion : Islam

Personal Details

Contact Telephone Numbers : +91 9846325434

Languages known : English, Hindi, Malayalam.

Work Experience Completed internship in Al Salama Eye Hospital Perinthalmanna.

Posted on COMMUNITY EYE CARE department

- Managed and gained proficiency in subjective refraction and objective refraction.
- Capable to do refraction by retinoscopy in case of mentally challenged people, children, and uncooperative patients.
- Experience in Contact Lens fitting, Capable to perform Orthoptic evaluation and low vision aid management to provide appropriate treatment advice.
- Managed and gained proficiency in Pre- and Post-operative care of Cataract surgery.
- Experience in IPD marking and to dispense apt lens and frame material.

# DUTIES & RESPONSIBILITIES

- Assisted Ophthalmologists in clinic during this period.
- Attended Various Charity Work Coordinated by Al Salama Charitable Eye hospital, subsidiary of Al Salama Eye Hospital.
- Attended more than 100 Eye Camps on Cataract Detection, Diabetic Retinopathy Screening and Refractive Error correction under the community ophthalmology, wing of Al Salama Eye Hospital, Perinthalmanna.
- Done more than 800 refraction in clinic and camp and more than 100 pediatric refraction during internship.

# AREAS OF INTEREST

- Objective and Subjective Refraction.
- Retina department
- Retinoscope
- Orthoptics instruments
- IOL master

Humphery field analyser(HFA)

A- scan, B-scan

Slit lamp

# INSTRUMENT EXPOSURE

- Automated and Manual Keratometer
- Tonometer(contact &non contact)
- Computerized Autorefractometer
- Automated and Manual Lensometer
- Pachymeter
- Topograpy
- FFA
- OCT

## KEY ACHIEVEMENT S

Attended CME on "EYEDIA 2K17" conducted by Al Salama Eye Hospital, Perinthalmanna. Attended CME on "OPHATHALMIC INSTRUMENTS" conducted by Al Salama Eye Hospital Participated in ISO9001-2015 awareness programme held at Al Salama Eye Hospital Perinthalmanna on 21 December 2018

Attended CME on "OPTIKA 2K19" conducted by Giridhar eye institute kadavanthra, kochi

Conducted several school screening program under VISION 2020

Done a Thesis on the topic of "RELATION BETWEEN INTRA OCULAR PRESSURE(IOP) AND CENTRAL CORNEAL THICKNESS(CCT)" (During BSC period)

PROJECT DETAILS

Done a Thesis on the topic of "VISUAL CHANGES IN NUCLEAR AND CORTICAL CATARACT" (During Internship period)

#### **DECLARATION**

I hereby declare that the above mentioned information is correct up to my knowledge and I bear the responsibility for the correctness of the above mentioned particulars.

Place: MALAPPURAM RABEEH M K

#### **REFERENCES**

- 1. Dr.A.SHAMEER (MD(AIIMS), FICO, FAICO), Consultant Pediatric Ophthalmology and strabismus, Oculoplasty and Phaco Surgeon TCMC REG NO 40112. Al Salama Eye Hospital, Perinthalmanna.
- 2. Dr. SHAJI HUSSAIN, (MBBS, DNB, FICO), Consultant Refractive and Corneal surgeon, [TCMC REG NO 35105]. Al Salama Eye Hospital, Perinthalmanna.
  - 3. Dr. DIVYA MENON, (MBBS, DOMS,FICO), Consultant Ophthalmologist, Phaco Surgeon, Medical Retina Specialist, [TCMC REG NO 33063]. Al Salama Eye Hospital Perinthalmanna
  - 4. Dr. RAJESH P (MBBS,MD(AIIMS) FICO,FAICO), Consultant retinal surgeon