

CURRICULUM VITAE

NEETHU MATHEWS
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KAKKASSERY HOUSE
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MEDICAL COLLEGE P.O
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PROFILE:

MSc Graduate with optimal academic caliber, ready to work positively, explore and develop further career opportunities as well as learn and enhance self's knowledge at your place.

CAREER OBJECTIVE:

- Seeking an opportunity in an organisation where I can make effective contribution of my knowledge, develop and enhance my skills, updating myself, adding value in everyday work and there by achieving self satisfaction throughout my career.
- To obtain a position with a progressive health organization which will offer an opportunity to learn & grow with the organization & provide the patients with positive health result.

EDUCATIONAL EXPERIENCE:

- Presentations held at college related to Nutrition and Dietetics.
- Has done community based projects on Family Health Assessment, Dietary Assessment and has also counselled them about health and diet.
- Has done various hospital based case study presentations and collected their dietary recall, counselling the patients for the same.
- Completed 6 month internship in a Multispeciality Hospital Aster MIMS, Calicut, Kerala as a part of 4th semester post graduation.
- Done research project on the topic 'Comparison of Blood Glucose Control in Type 2 Diabetics on Oral Antidiabetic drug versus Oral Antidiabetic Drug and Home Remedies' at Kasturba Medical College, Manipal.

EDUCATIONAL QUALIFICATION:

Degree/ Qualification	School/Institute	Board/University	Marks obtained	Year of Completion
MSc. Dietetics & Applied Nutrition	Welcomegroup Graduate School of Hotel Administration	Manipal Academy of Higher Education, Manipal	GPA - 9.70 GPA - 9.46 GPA- 10 GPA-10 CGPA- 9.73	1 st semester 2 nd semester 3 rd semester 4 th semester
BSc Medical Laboratory Technology	Govt. Medical College, Thiruvananthapuram	Kerala University of Health Sciences, Kerala	67.3%	2016
Higher Secondary Education	Carmel Girls Higher Secondary School, Trivandrum	Board of Higher Secondary Examination	92% 5A+, 1 A	2012
SSLC	Holy Angels Convent School, Trivandrum	Kerala State Board	9A+, 1B+	2010

ADDITIONAL QUALIFICATION:

- Computer proficiency: MS Office, DIET CALCULATOR, SPSS.
- Completed 3 months 'Certificate Course in Yoga' conducted by Division of Yoga, CIMR, MAHE, Manipal from September to November 2018 and earned 3 credits.
- Have completed an online course in 'SCIENCE OF EXERCISE' from University of Colorado.
- Have completed an online course in 'SIT LESS, GET ACTIVE' from University of Edinburgh.
- Have completed an online course in 'Diabetes the Essential Facts' from University of Copenhagen.
- Have completed an online course in 'Understanding Obesity' from University of Edinburgh.
- Have completed an online course in 'Food and Beverage Management' from University of Bocconi.
- Have completed an online course in 'Diabetes a Global Challenge' from University of Copenhagen.
- Have completed an online course in 'Nutrition and Lifestyle in Pregnancy' from Ludwig Maximilians Universitat Munchen.

- Have completed an online course in ‘Doping: Sports, Organisations and Sciences’ from University of Lausanne.
- Have completed an online course in ‘Understanding Prostate Cancer’ from John Hopkins University.
- Have completed an online course in ‘Understanding Cancer Metastasis’ from John Hopkins University.
- Have completed an online course in ‘Introduction to Biology of Cancer’ from John Hopkins University.
- Have completed an online course in ‘The Science of Stem Cells’ from Emory University.
- Have completed an online course in ‘Bacteria and Chronic Infections’ from University of Copenhagen.
- Have completed an online course in ‘DNA decoded’ from McMaster University.
- Have completed an online course in ‘Healthcare Innovation and Entrepreneurship’ from Duke University.
- Have completed an online course in ‘HPV Associated Oral and Thrush Cancer’ from Icahn Schhol of Medicine at Mouth Sinai.
- Have completed an online course in ‘Biohacking your Brains Health’ by Emory University.
- Have completed an online course in ‘Healthy Practices: Nutrition, Physical activity and Community and Family Participation’ from University of Colorado System.
- Secured 1st prize in Quiz Competition held on 1st September on National Nutrition Week at Welcomegroup Graduate School of Hotel Administration.
- Attended, The National Nutrition Conference- NUTRICON 2018, held on 19th and 20th January 2018 at Justice K.S Hegde Medical Academy, Mangaluru.
- Attended 10th Apollo International Clinical Nutrition Update 2018 with the theme ‘Enhancing Clinical Nutrition Practice’ held on 4th and 5th August, 2018 at Chennai, India.
- Attended CNE on World Diabetes Day on the theme ‘An Interprofessional Approach to Diabetes Care: Every Family’s Concern’ held on 14th November 2018 at MAHE, Manipal.
- Attended, ICU Nutrition Updates 2019 held on 31st March 2019 at Baby Memorial Hospital, Calicut.
- Attended one day international workshop on ‘Genetics as a Tool in Dietary Assessment’ held on 7th April 2019 at VPS Lakeshore Hospital, Kochi and earned 2 hours credit by Travancore Cochin Medical Council, Kerala.
- Participated in Poster Presentation on the theme “Working together towards advancing cures, transforming care and instilling hope” on the occasion of International childhood cancer day, held on 27th February 2018.
- Participated in Poster Presentation on the theme ‘An Interprofessional Approach to Diabetes Care: Every Family’s Concern’ held on 14th November 2018 at MAHE, Manipal.

- Participated in Illuminate 2017- A series of Pre-Eureka Business Model Workshop organised by The Entrepreneurship Cell, IIT Bombay Hosted by Welcome Group Graduate School of Hotel Administration dated 28th October 2017.
- Attended ‘Clinical Research Regulations and Good Clinical Practice Training Workshop’ organized by Center for Bioethics and Kasturba Medical College & Kasturba Hospital Institutional Ethics Committee, Manipal Academy of Higher Education at Kasturba Medical College, Manipal held on 21st November 2018.
- Attended CPR and First Aid training program organised by Manipal College of Nursing, Manipal as a part of Work Integrated Learning Program for Sensory Evaluation on Friday 9th November 2018 from 1.30pm to 4.30 pm.

SKILLS:

- Written and oral communication skills.
- Event management skills.
- Demonstrated interpersonal skills and ability to liaise with management, colleagues and clients.
- Flexible and extremely determined.
- Prioritizing the needs.
- Leadership quality.

STRENGTHS:

- As being multilingual, I am very confident about dealing with different types of subjects/patients.
- Effective communicator & an excellent team player with proficiency in managing people.
- Quick learner who can rapidly master all aspects of job with limited training.
- Motivated self-starter with right attitude, problem-solving abilities, and strong work ethic to make a significant contribution to any organization.
- Take responsibility and have high level of dedication to work.

PERSONAL PROFILE:

Name : Neethu Mathews

Father’s Name : Mathai K K

Date of Birth : 04/04/1994

Sex : Female

Marital Status : Single

Nationality : Indian

DECLARATION

I hereby declare that all the above furnished information is true to the best of my knowledge and belief and hold myself liable for any misrepresentation.

Place: Trivandrum

Date: 6.10.2019