

BLESSY THOMAS

Thadathil House

Panampilavu P.O

Malappuram Dist

Kerala 673639

Mob.No.: 9496279087 Email: blessythomas1234@gmail.com



A staff nurse, hard working, self motivated and responsible with an articulate and outgoing personality enjoys meeting new challenges while remaining confident, good tempered under pressure, very friendly open-minded and level headed person. An individual who adapts well to new situations and can effectively work as a team member.

OBJECTIVE:

Seeking fulltime carrier with an organization which will permit me to use and contribute my abilities in nursing health care industry and also enhance my knowledge and contribute towards its growth by committed and high quality work.

PERSONEL SNAPSHOT:

- ❖ A result oriented professional with One Year work experience in Nursing/health care industry.
- ❖ Supportive and can maintain good rapport with fellow colleagues and ability to work as part of a team.
- ❖ Quick in decision making and able to be a professional and can work in any circumstances.
- ❖ Accuracy and attention to detail & aseptic, isolation and barrier nursing.
- ❖ Regular participant of continues Medical Education programs and courses.
- ❖ A good leader, trainer and mentor.
- ❖ An achievement oriented personality with an ability to take up challenges and perform in changing work environments.

KEY ACHIEVEMENTS:

- ❖ Certified in basic life support (BLS) conducted by American Heart Association New Delhi

EDUCATION CERTIFICATION:

Course	Institution	Board/University	Academic Year	Aggregate
10 th Grade	ST THOMAS HSS THOTTUMUKKAM	Board of Public Examinations, Kerala	2010	79%
12 th	SSHSS MOORKANAD	Higher Secondary Board	2012	75%
BSC Nursing	Nanjappa Institute of Nursing sciences Shimoga	Rajiv Gandhi University of Health sciences	2017	76%

TRAININGS / SEMINARS

I had been placed in different areas (medical surgical, pre and post operative wards MICU,SICU,NICU,NEONATAL ICU,CARDIO THORACIC UNIT, operation theatre, high dependency unit,CSSD, pre and post natal ward, labour room, psychiatric ward, blood bank, emergency room, community health nursing

ABOUT WORK EXPERIENCE SUMMARY:

Name and address of the Hospital	Designation/department	Period of working
Medanta the Medcity Gurugram	Staff Nurse (Neuro Critical Care Unit	19 th March 2018 to 1 st May 2019

THE HOSPITAL

Medanta- The Medicity is a JCI and NABH accredited 1300 bedded tertiary care hospital of international repute with the most modern facilities, state of the art technology and is managed by highly qualified health care personnel.

PERSONAL ATTRIBUTES:

- Life member of THE INDIAN NURSING COUNCIL & TRAINED NURSES ASSOCIATION.
- Able to be a professional and can work in any circumstances.
- Accuracy and attention to detail & aseptic, isolation and barrier nursing
- Strong communication.
- Make use of all opportunities to take part in the professional and community organization
- Attend all the educational meetings in the organization
- Regular participant of continuous Medical Educational programs and courses.
- Good telephone manner.
- Good computer skills
- Flexibility and commitment.

TYPES OF CASES ENCOUNTERED:

1. Patients with cardiopulmonary arrest
2. Road traffic accident victims 3
3. CVA
4. Assault victims
5. Blast injury victims
6. Patients with stab wound & BULLET injuries
7. Patients with consumption of toxic substances
8. Patients under the influence of alcohol and drugs

SKILL EXPERIENCE:

I am certified BLS from American Heart Association & able to perform Emergency skill in hospital & pre hospital set up. Also capable of handling advanced equipment.

RESPONSIBILITIES:

- Recognize emergency life threatening situations and quick responding
- Saving corrective measures under the directions of physicians
- Carries out therapeutic programs for patients including vital signs
- Administering various drugs through Oral, IM,IV, and SC
- Assisting the physician in various therapeutic procedures like
 - a. Endo tracheal intubation
 - b. Inter coastal drainage
 - c. Lumbar puncture
 - d. Tracheostomy
 - e. Incision and drainage
 - f. Intra jugular vein catheterization
 - g. Seclan T, cavafix, intravenous cathetarisation
- Effective and safe handling of various equipments like
 - a. Defibrillators
 - b. Ventilators
 - c. E C G machines
 - d. Cardiac monitors
 - e. Pulse Oxy meters
 - f. Syringe pump , infusion pump
 - g. C PAP machine, nebulizer steam inhaler,glucometer,suction device
- Proper maintenance of accurate and complete Records & Reports.
- Coordinate with treatment center personnel to obtain patients' vital statistics and medical history, to determine the circumstances of the emergency, and to administer emergency treatment.
- Assess nature and extent of illness or injury to establish and prioritize medical procedures.
- Observes, record and report to physician the patients's condition or injury, the treatment provided, and reactions to drugs and treatment.
- Perform emergency diagnostic and treatment procedures, such as stomach suction, airway management and heart monitoring.
- Administer first-aid treatment and life-support care to sick or injured persons.

LANGUAGES KNOWN:

English	-	Fluent in writing, reading and speaking
Malayalam	-	Fluent in writing, reading and speaking
Hindi	-	Fluent in writing, reading and speaking
Kannada	-	Fluent in speaking

PERSONAL DETAILS:

Father's Name	THOMAS T L
Date of Birth	29 th July 1994
Sex	Female
Marital Status	Unmarried
Religion	Christian RC
Nationality	Indian
Passport No.	P 5815880
Expiry	24 th Jan 2027
Permanent Address	Thadathil House, Pnampilaavu Po, Malappuram Dist 673639

REFERENCES:

1. **Prof. UMA G ,Principal of Nanjappa Institute of Nursing Sciences, Gadikoppa Sagar Road, SHIVAMOGGA – 577205 ,Karnataka**
2. **Capt. Sandhya Shankar Pandey ,Director of Nursing Medanta the Medicity, Sector 38, Gurgaon – 122001 Hariyana**
3. **Dr. Harsh Sapra, Director of Neuroanesthesia and Neuro Critical Care Medanta the Medicity, Mob.No. 9650898577, Email- harsh.sapra@medanta.org.**

DECLARATION

I here by declare that the information mentioned above is true to the best of my knowledge and belief.

Blessy Thomas

