CURRICULUM VITAE

NAME: NIDHI SARA PHILIP

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**OBJECTIVE**

To orient, explore, calibrate, advance and exploit my talents in order to work with the esteemed organization with challenging and demanding activities so as to advance, improve and develop my career in service to all people.

**EDUCATIONAL BACKGROUND**

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| --- | --- | --- | --- |
| **QUALIFICATIONS** | **INSITUTIONS** | **YEAR OF COMPLETION** | **MARKS OBTAINED (%)** |
| DOCTOR OF PHARMACY(PHARM D) | **C.L. Baid Metha College of Pharmacy, Chennai**(THE TAMIL NADU Dr.MGR MEDICAL UNIVERSITY, CHENNAI) | 2019  | 83% |
| AISSCE**(YEAR 12)** | **Good Shepherd Public School & Junior College, Thengana**(CBSE CHENNAI BOARD) | 2013 | 85% |
| **AISSE****(YEAR 10)** | **Cardinal Padiyara Public School & Junior College, Manimala**(CBSE CHENNAI BOARD) | 2011 | 95% |

**PROJECT**

Conducted a study on **“*Evaluation of Anemia in Chronic Renal Failure patients”*** during the year of 2017-2018 in Gleneagles Global Health City, Chennai. It was a cross-sectional study conducted in 118 CKD patients who underwent haemodialysis for a period of six months. The study concluded that the prevalence of anemia in CKD increases from stage 3 to stage 5. Adherence to the guidelines adopted will improve anemia in HD patients. Clinical pharmacist in HD centres will definitely be beneficial in dose adjustments and improving the patient’s condition.

**KEY SUBJECTS**

* Pharmacology
* Pharmacotherapeutics
* Clinical Research
* Clinical Pharamacokinetics and Therapeutic Drug Monitoring
* Pharamacoepidemiology and Pharmacoeconomics
* Hospital & Community Pharmacy
* Clinical Pharmacy & Clinical Toxicology
* Biostatistics & Research Methodology
* Medicinal Chemistry
* Pharmaceutical Formulations
* Pharmaceutical Organic & Inorganic chemistry
* Pharmaceutical Microbiology

**CLINICAL EXPERIENCE**

* Internship training for a period of one year (December 2018- December 2019), in Voluntary Health Service hospital (VHS), Adayar, Chennai in the departments of General Medicine, General Surgery, Diabetology, Pediatrics and Dermatology.
* Completed clerkship in Gleneagles Global Health City, Chennai for a period of six months from December 2017- June 2018 carried out under the supervision of well trained preceptors who have expertise knowledge in drug therapy and clinical skills for better patient care.
* Completed departmental training in Cardiology, Oncology, Gastroenterology, Hepatology and Neurology in Gleneagles Global Health City, Chennai from April 2017 to May 2017. (1 month)

**CONFERENCES / SEMINARS / WORKSHOPS & CME METTINGS**

* International Seminar on “Recent approaches in learning perspectives of Pharmacy education” organized by faculty of pharmacy and central research facility, SRMC, Chennai (30th July 2019)
* National conference on “Qbd and Six Sigma in Pharma Sector-Tools, Perspectives and Challenges” organized by C.L Baid Metha College of Pharmacy, Chennai. (21st & 22nd June 2019)
* Workshop on *“Pharmacovigilance Training course”* organized by Pharma-Knowledge and Training Institute, Chennai, Tamil Nadu. (3rd ,4th and 5th August 2017)
* Second International conference on *“Clinical pharmacy - Catalyzing changes in healthcare practice”* organized by Manipal University, Manipal, Karnataka. (20th and 21st January 2107)
* National conference on *“Rational use of medicines-current scenario and way forward”* organized by SRM University, Chennai, Tamil Nadu. ( 8th and 9th August 2016)
* National conference on “*Pharmacoepidemiology and good clinical pharmacy practice”* organized by C.L.Baid Metha College of Pharmacy, Chennai, Tamil Nadu. (4th and 5th September 2015)
* CMEmeetingon *“DPP-4/SGLT2 inhibitors combined therapy for the management of Type 2 diabetes patients”* organized by Novartis Pharmaceuticals at Chennai.
* CME Meeting on *“use of vymada in heart failure patients: latest evidence and place in therapy”* organized by Natco Pharma at Chennai.
* CME meeting on *“epilepsy and women helath”* organized by the department of neurosurgery, VHS hospital, Adayar, Chennai.
* CME meeting on “effect *of thyroid on women health: case reviews and discussion”* organized by the department of endocrinology, VHS hospital, Adayar, Chennai.
* CME meeting on *“Glimepiride a smart companion in diabetes patients journey”* organized by Sanofi at Chennai.

**POSTER PRESENTATION**

* Presented a poster on “*A study on prescribing guidelines of drugs for chemotherapy in breast cancer patients*” in the National Conference on Rational Use of Medicines- Current scenario and Way forward” on 8th & 9th August 2016 organized by SRM University, Chennai.

**PARTICIPATION AND VOLUNTEERING**

* Participated in All India Pharmacy Quiz conducted in Madras Medical College, Tamil Nadu. (February 2017)
* Provided Continuous Medical Education (CME) for nurses and doctors during hospital training.
* Active participant in Medical Health Check-up, Patient counselling and various other health awareness camps and rallies.
* Actively played a role in preparation of hospital formulary, crash-cart auditing, medication error reporting and ADR reporting.
* Participated in “*ALL INDIA PUBLIC SPEAKING COMPETITION” held at St.Thomas higher secondary school, Pala, Kerala.* (October 2009)

**ACHIEVEMENTS AND AWARDS**

* Received the award for excellence for top acheivers in Department of Pharmacy Practice at C.L Baid Metha College of Pharmacy, Chennai. (2019)
* Received “*CBSE Merit Certificate for overall A1 holders”* during the year of 2011.
* Participated and had won scholarships like ‘*Prograssive curriculum Management’ and ‘Balarama Digest Scholarships’.*

**TECHNICAL LAB SKILLS**

* Knowledge in general laboratory skills like titration, assay, sterilization, preparation of media and practice of sterile techniques.
* Staining processes
* Carrying out bioassay, bioavailability and bioequivalence studies.
* Formulation and evaluation of tablets, capsules and parenterals
* Assessment of drug interactions in prescriptions
* Inventory control and drug information queries
* Patient counseling and medication history interview

**AREAS OF INTEREST**

* Clinical Pharmacist
* Clinical Research
* Pharmaceutical care
* Regulatory Affairs
* Pharmacovigilance
* Teaching

**PERSONAL PROFILE**

* FATHER’S NAME : Mr. Philip Thomas
* OCCUPATION : Central Government
* MOTHER’S NAME : Mrs. Shyla Philip
* OCCUPATION : Home maker
* MARITAL STATUS : Married
* GENDER : Female
* AGE /DOB : 25 yrs /19 -10 -1994
* NATIONALITY : Indian
* RELIGION : Christian
* LANGUAGES KNOWN : English, Malayalam, Hindi, Tamil
* STRENGTHS : Fast learner, Ability to meet deadlines

**DECLARATION**

I solemnly declare that the details furnished above are true to the best of my knowledge and belief.

**REFERENCES**

1. *Dr. D Krishna Kumar,* Professor and Head

Department of Pharmacy Practice

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1. *Mrs. K Bharathipriya,* Assistant professor

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**Date: Signature**

**Place: Manimala (NIDHI SARA PHILIP)**