

# PRESTEENA ANN JOLLY

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## PERSONAL STATEMENT

Pursued Bachelor of Social Work (BSW) at Rajagiri College of Social Sciences (Autonomous), Kalamassery, with a specialization in Financial Management and Geriatric Care Management. Looking for a full time career position that will allow me to apply knowledge and skills gained through the graduate studies.

## EDUCATIONAL QUALIFICATION

Degree/Grade	Institution	Year
Bachelor of Social Work (BSW)	Rajagiri College of Social Sciences (Autonomous), Kalamassery.	June 2016-May 2019
Senior Secondary(Plus-Two)	CBSE	June 2014-March 2015
Secondary (High School)	CBSE	June 2012-April 2013

## EXPERIENCE

- Social Work Trainee at ICDS centre, Kalamassery, Cochin.
- Social Work Intern at Mother and Child Foundation, Painkulam, Thodupuzha.
- Social Work Intern at Sahrudaya Services and Charities, Rajagiri, Kalamassery.
- Social Work Intern at Kudumbashree, Karimaloor, Paravur.
- Social Work Intern at Thampu, Attapadi.
- Social Work Intern at Help Age India, Hyderabad.
- Completed Dissertation on the topic "Family Burden and Social Support of Parents having Differently Abled Children."

## SKILLS

- Social Work Skills
- Group Work Skills
- Organizational Skills
- Communication Skills
- Research Oriented Work Skills
- People Management Skills

## **INTERESTS/HOBBIES**

I am very fond of Dancing, Reading Fictions and Novels, Writing Stories and Poems and Listening to Music.

## **AWARDS/ACHIEVEMENTS**

- Poster Presentation on my Research at International Social Work Conference.

A poster presentation was done on the research topic “Family Burden and Social Support of Parents having Differently abled Children”, for the International Social Work Conference. A questionnaire assessing the various Family Burden aspects, as well as, the Social Support received from the parents, friends and significant others were being given to the parents of the differently abled children in 4 different Buds schools.

- Won prize in the Central Kerala CBSE Kalotsav for Recitation English.
- Active member of Youth Red Cross, Encon and Rotaract Clubs at college level.

## **WORKSHOPS/TRAINING**

- Attended International Social Work Conference on Multi Sectorial and Interdisciplinary Response to health and Well-being.
- Workshop on Participatory Rural Appraisal Training (PRA) Programme.
- Training for Volunteer in Pain and Palliative Care.
- Attended Project proposal Workshop.
- Training for Accounting in Computer using Tally.
- Participated in IX<sup>th</sup> Rotaract District Assembly at Coimbatore Institute of Technology.
- Participated in a seminar on “Wetlands for a Sustainable Urban future.”
- Participated in RED ENERGY, an orientation programme by the Indian Red Cross Society.
- Training for Statistical Package of Data Analysis.

## **LANGUAGE**

English, Malayalam, Tamil.