**CURRICULAM VITAE**

**VINU VIJESH**

Thottupurathu House

Anchelpetty p.o

Pampakuda ,Eranakulam Kerala – Pin - 686667

Mobile : 9846113272 / 7827713272 / 9745223272

Email : vinuvijesh85@gmail.com

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| **POST APPLIED FOR : STAFF NURSE** |

**OBJECTIVE**

Seeking full challenging full nurse position where education and practical experience will allow for personal growth and development along with the firm through performances.

**INTERPERSONAL SKILLS**

Self motivated professional with commitment to provide quality nursing care with strong organizational and communication skills.

**PERSONAL DETAILS**

Husband’s Name : Mr. Vijesh E V

Date of Birth : 19th November 1985

Age : 33 Years

Gender : Female

Marital Status : Married

Religion : Christian

Nationality : Indian

Language Known : English, Hindi, Malayalam & Kannada

**PASSPORT DETAILS**

Passport No. : T5588789

Date of Issue : 07.06.2019

Date of Expiry : 06.06.2029

Place of Issue : COCHIN

**EDUCATIONAL QUALIFICATION**

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| **Name of Course** | **Institution**  | **Year** | **% of Marks**  |
| S.S.L.C | Board of Public Examination, Kerala | 2001 | 50% |
| Plus Two  | Board of Senior Secondary Public Examination, Kerala | 2004 | 51% |
| G.N.M Nursing | B.L.D.E.A.’s Shri Pattil Medical College Bijapur, Karnataka | 2007 | 64% |

**PROFESSIONAL EXPERIENCE:**

|  |  |  |  |
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| **Specialty Area** | **Name of Organization** | **Duration** | **Job Title** |
| Medical & Surgical Ward | Shri B.M. Patil Medical College, Hospitl and Research Centre, Ashram Road, Bijapur | 14.01.2008 to 13.09.2008 | Staff Nurse |
| Cardiology Ward | Fortis Escorts Heart Institute, New Delhi | 22.12.2008 to 19.03.2014 | Staff Nurse(Team Leader) |
| Medical & Surgical Ward | Holy Family Hospital, New Delhi | 3.06.2014 to 30.10.2016 | Staff Nurse(Team Leader) |
| Medical & Surgical Ward | Holy Family Hospital, New Delhi | 07.11.2016 to  10.04.2019 | Staff Nurse(Team Leader) |

**DUTIES AND RESPONSIBILITIES**

* Perform nursing assessment of patients, plans implement and evaluates nursing care rendered.
* Giving total patient care and administration of drugs
* Collection blood samples for investigations
* Insertion of nasogastric and Foley’s catheter
* Performs I.V cannulation and IV therapy
* Implement isolation nursing precautions
* Renders total nursing care to bed ridden patient
* Initiation and maintaining care plans
* Maintaining records and reporting to physician
* Nursing documentations in brief, accurate and complete manner
* ACT Machine

**PROCEDURES PERFORMED**

* Cardiac monitor
* Maintain electrolyte balance
* Ventilator care
* Personal hygiene
* Care of bed ridden patients
* Blood transfusion
* IV insertion
* ET and Oral suction
* Preparation of IV fluid
* Nasogastric tube insertion
* Nasogastric lavage
* Foley’s catherization
* ABG sample

**TYPES OF CASES AND PATIENTS HANDLED**

* Care of patients with cardiac problems, neurological, respiratory, Paediatric
* Patient with septicemia, burns, poison consumption, renal failure, diabetes mellitus, keto acidosis, Head injury, left ventricular failure.
* All post operative patients who are critically ill.
* Monitoring intake and output.
* Care of patients with indwelling catheters.
* Case of patients with acute and chronic renal failure.
* Monitoring vital signs.
* Care of patients with ECG monitoring.
* Assisting technique of IV cannulation and blood extraction over the registered nursing during their initial orientation period.
* Bladder Catheterizations.
* Incision and drainage.

**NURSING SKILLS AND PROCEDURE**

* Admission of patients and orientation of units.
* Monitoring vital signs, B.P. and cardiac monitoring.
* IV line insertion and IV fusion.
* Medicine administration by veins, muscles, dermal subcutaneous, orally and inhalation etc.
* Rylestube insertion and feeding.
* Monitoring saturation.
* Wound dressing.
* Suture removal.
* Bladder wash.
* CPR, Ambuing.
* Stomach Wash.
* Preventing patient from bedsore.
* Blood transfusion.
* ECG monitoring.
* Suctioning.

**TYPES OF EQUIPMENTS HANDLED**

* Sphygymanometer.
* Pulse Oxymeter.
* Nebulizer.
* Glucometer.
* Steam Inhaler.
* Centralized Oxygen and Suction.
* Ambubag / BIPAP Ventilator
* ECG Machine.
* Thermometer.
* Weighing Machine.
* Digital Thermometer
* Cardiac Monitor
* Suction Apparatus
* Infusion Pump
* Syringe Pump
* Laryngoscope and different size of blades
* Oxygen tools
* Knee harmer
* Cord light
* Doppler
* Foetoscope 1

**PROCEDURES ASSISTED**

* Suturing.
* Blood Transfusion.
* Ryles Tube Insertion.
* Assisting CPR.
* Sponge Bath.
* Ryles Tube Feeding.
* Baby Bath.
* Breast Feeding.
* Urinary Catherization
* Dressing
* Lambar Puncture
* Plural Tap

**AREAS OF INTERESTED**

Medical & Surgical & Paediatric Ward

**REFERENCES :**

1. Mrs. Saramma Thomas

 Nursing Superintendent

 Fortis Escorts Heart Institute Research Centre

 New Delhi

2. Mrs. Philomina Thomas

 Nursing Superintendent

 Holy Family Hospital

 New Delhi

**DECLARATION**

I hereby declare that all the above information are true and correct the best of my knowledge and belief.

**Date :**

**Place : (VINU VIJESH)**