

# **CURRICULUM VITAE**

**Name: ANISHA THOMAS** 

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#### **PERSONAL DATA**

<u>Fathers Name</u>: Thomas George

Date of Birth: 29-10-1994

**Gender**: Female

Marital Status: Unmarried

Nationality: Indian

<u>Languages known</u>: English, Malayalam, Basic knowledge in Kannada and Tamil.

## **CAREER OBJECTIVE**

To join a reputed and growth oriented company/hospital to challenge my skills. To grow with a leading organization that utilizes my abilities to the fullest extent possible while fulfilling organizational goals, helping me realize and develop my potential and be a part of a team that scales great heights through continuous learning process and utmost dedication.

# PROFESSIONAL/ ACADEMIC QUALIFICATION

QUALIFICATION	INSTITUTE	BOARD/ UNIVERSITY	YEAR OF PASSING	PERCENTAGE
PHARM.D	Bapuji	RGUHS	2019	69%
	Pharmacy			
	College,Dvg			
XII	C.C.M.H.S.S	BOARD OF	2013	78%
	Karikkattoor	HIGHER		
		SECONDARY		
		EXAMINATION		
		KERALA		
X (S.S.L.C)	C.C.M.H.S.S	KERALA STATE	2011	75%
, ,	Karikkattoor	BOARD		
		EXAMINATION		

#### **CLERKSHIP**

- Attended pre-ward rounds and ward rounds.
- > Conducted patient history interviews and patient counseling.
- Presented Case studies focusing the pharmacotherapy of certain diseases.

#### **Key skills:**

- ✓ Patience
- ✓ Communication
- ✓ Quick learner and good performer
- ✓ Positive attitude
- ✓ Hard working
- ✓ Time management
- Responsible and security conscious attitude
- ✓ Advance
   knowledge of medical terminologies and concepts
- ✓ Good analytical thinking & Decision making ability
- ✓ Good organizational and problem solving skills
- ✓ Self-motivated
- ✓ Believe in teamwork

#### **Software literacy:**

- ✓ MS office
- ✓ Browsing/ Paint
- ✓ Movie Maker
- ✓ Knowledge in using drug information services Lexicomp and Micromedex.
- ✓ Powerpoint

### **INTERNSHIP** (2018-2019)

Completed internship at SS Institute of Medical Sciences and Research Centre Davangere, Karnataka.

- 1. Provided clinical and hospital pharmacy services in:
  - a. General Medicine(Ongoing)
  - b. Gynaecology and Obstetrics(2 months)
  - c. Paediatrics(2 months)
  - d. Orthopaedics(2 months)
- 2. Functioned as **DRUG INFORMATION CONSULTANT** for queries of health care professionals.
- 3. Reported **ADVERSE DRUG REACTIONS** in consultation with the physicians and supporting literatures and provide Drug Alert Cards to the patients presenting with the symptoms.
- 4. Recommended **APPROPRIATE DRUG THERAPY** to physicians, monitor therapy per protocol and initiate appropriate formulary procedures.
- 5. Conducted **DISCUSSIONS** with Doctors, PGs, Interns and Pharmacy Interns on rational use of drug for various disease conditions presenting to the hospital.
- 6. Communicated effectively with nurses, other pharmacists and physicians.
- 7. Involved in providing **PATIENT COUNSELLING SERVICES** in all aspects of health.
- 8. Experienced in **DRUG DISPENSING** and providing exceptional care to patients.
- 9. Proficiency in dealing with **MICROMEDEX** for drug interaction checking and dosage adjustments.
- 10. Answered Medical Professional Queries.

#### **OTHER ACTIVITIES**

- Actively participated in awareness campaigning on World AIDS Day.
- ➤ 2 years of experience in handling Case sheets and providing various therapeutic, hospital and clinical pharmacy services in S.S Institute of Medical Science & Research Centre, Davangere.
- ➤ Distributed Patient Information Leaflet on Antibiotic awareness during antibiotic week (2018).

#### **PUBLICATIONS**

- ➤ Clinical Effects Of Edaravone in Stroke: A Review (IJOPP)
- ➤ A Case Report and Review on Cushing's Syndrome (IJOPP)

#### **Areas of interest:**

- ✓ Pharmacovigilance
- ✓ DI management
- ✓ Physician assistant
- ✓ Clinical Pharmacy Practice
- ✓ Clinical
  Pharmacologist
- ✓ Hospital Pharmacist
- ✓ Clinical Specialist

#### **Hobbies:**

- ✓ Listening music
- ✓ Cooking
- ✓ Drawing
- ✓ Driving
- ✓ Traveling

#### DISSERTATION

"Identification And Evaluation Of Drug Related Problems In Intensive Care Units And Emergency Ward Of A Tertiary Care Teaching Hospital"

#### INTERNATIONAL PUBLICATION

Sushilkumar P Londhe, Anisha Thomas, Anuja P Solomon, Chinnu Kurian, Denitta Edassery. Identification And Evaluation Of Drug Related Problems In Intensive Care Units And Emergency Ward Of A Tertiary Care Teaching Hospital. (IAJPCR)

#### **CONFERENCE/SEMINAR**

- **1.** Advances in Pharmacoeconomics & Transition of Care on 19<sup>th</sup> December 2016 at Karnataka College of Pharmacy, Bengaluru.
- **2.** One Day National Seminar on "Modern Trends in Pharmacy Practice" on 11th November 2017 at SSIMS & RC, Davangere.
- **3.** 53<sup>rd</sup> IHPA Annual International Conference on Skilling Pharmacist for Global Healthcare Challenges on February 17<sup>th</sup>& 18<sup>th</sup>, 2018 at Rajiv Gandhi Kala Mandir, Ponda, Goa, India.

# PRESENTATION DELIVERED TILL DATE DECLARATION

I hereby declare that all the above furnished information is true and corrected to the best of my knowledge and belief.

Place:	
Date:	Yours Sincerely,
	Anisha Thomas

#### REFERENCE

- **1. Mr.Sushilkumar P.L** Assistant professor, Department of Pharmacy Practice, Bapuji Pharmacy College, Davangere, Karnataka. Ph No: 8208956556
- **2. Dr.Akhila S. Arjun** Assistant Professor, Department of Pharmacy Practice, Bapuji Pharmacy College, Davangere, Karnataka. Ph No:9597598971