

RESUME



JISMARIYA M.P.

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OBJECTIVE

Seeking assignment with a Hospital/Clinic in Eye care sector and use my skills as an optometrist for the betterment of the patients and the hospital along with gaining constant knowledge.

AN OVERVIEW

- Good communication skills
- Excellent team player
- Deftness in handling all kinds of patients including children and infants
- Good computer knowledge
- Linguistic fluency in – English, Malayalam, Hindi

COMPETENCY MATRIX

Examine eyes using observation instruments and pharmaceutical agents to determine visual acuity and perception, focus and coordination and to diagnose diseases and other abnormalities as an optometrist.

- Obtain and record patient's preliminary case history.
- Testing for near and far acuity, depth perception, colour perception, and visual field, utilizing ocular testing apparatus.
- Assess patients for vision deficiencies including complete binocular analysis, ocular health examinations, spectacle prescriptions
- Educate and counsel patients on contact lens care, visual hygiene, lighting arrangements and safety factors.
- Provides pre- and post-operative care for patients undergoing cataract and laser vision correction.
- Provide vision therapy and low vision rehabilitation.
- Instructing patients in care and uses of glasses and contact lenses.
- Maintaining inventory of materials and cleaned instruments.
- Active participation in house seminars.

ACADEMIC EXPERIENCE

- Attended eye camps, school screening programmes organized by Dr. Tony Fernandez Eye Hospital.
- Completed 1 year Internship at Dr. Tony Fernandez Eye Hospital, Aluva.
- Attended Fundus Screening Programmes Organized by Dr. Tony Fernandez Eye Hospital, Aluva.
- Attended Glaucoma screening programme conducted by Dr. Tony Fernandez Eye Hospital, Aluva.

ACADEMIC PROFILE

Sl No	COURSE	INSTITUTION	UNIVERSITY/BOARD	PASS OUTYEAR
1.	Bsc. Optometry	Dr. Tony Fernandez Eye Hospital, Aluva	Bharathiyar University	2019
2.	Higher Secondary	VCSHSS Puthavelikara	STATE	2015
3.	SSLC	VCSHSS Puthavelikara	STATE	2012

PRACTICAL INSTRUMENTAL/TECHNICAL EXPERIENCE:

Objective and subjective refraction	Streak Retinoscopy
Slit lamp Bio microscopy	Lensometry (Auto & Manual)
Hand neutralization	Auto Refractometry
Keratometry (Auto & Manual)	Spectacle Dispensing
Contact lens management	Low vision aids
Tonometry	A scan biometry
B Scan biometry	Perimetry
Orthoptic instruments	Corneal Topography
Pachymetry	Wavescan Aberrometry
Optical Coherence Tomography	Specular Microscopy
Pentacam (Oculus)	Fundus photography
Lasik Work-Up	Glaucoma Work-Up
C3R Work-Up	

CONFERENCES ATTENDED

- "Optologic 2K19" CME @ CHAITANYA Eye Hospital and Research Institute Trivandrum on Sunday 28th April 2018

PERSONAL DETAILS

- Name : JISMARIYA M.P.
- Father's name : POLY M.P.
- DOB & AGE : 02-09-1997
- Religion & Cast : CHRISTIAN
- Nationality : INDIAN
- Marital Status : SINGLE

REFERENCE

DR. FREDDY T SIMON

Managing Director

Mob: 9495254184

Dr. Tony Fernandez Eye Hospital

DR. REVATI RAMESH

Principal

Dr. Tonys School of Optometry

Mob: 9495940368

MRS. BINITHA P BHARATHAN

Clinical In-charge

Dr. Tony Fernandez Eye Hospital Aluva

Mob: 9995520978

MRS. DHANNIA PAUL

Course Co-Ordinator

Dr. Tony's School of Optometry, Aluva

Mob: 9846121878

DECLARATION

I hereby declare that all the above details furnished above are true to the best of my knowledge.

JISMARIYA M.P.