

Dr. Elizabeth A.M

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### **CAREER OBJECTIVE**

A highly focused, self-motivated pharmacist looking for a position where in-depth knowledge of pharmacy procedures can be aptly used to enhance the efficiency of healthcare sorganization

### **EDUCATIONAL QUALIFICATIONS**

Qualification	University	Institution/College	Year	Percentage & Class
Pharm.D (Doctor of	Rajiv Gandhi University of Health	N.E.T Pharmacy College, Raichur	2013-2019	Distinction (80.66%)
Pharmacy)	Sciences,Karnataka			
Higher	Government of Kerala	Mar Coorilose Memorial	2011-2013	Distinction (86.16%)
Secondary	(Board of higher	Higher Secondary School,		
School	secondary examination)	Pattimattom, Ernakulam,		
		Kerala		
SSLC	Government of Kerala	Guardian Angel English	2010	Distinction
	(General Education	Medium Higher Secondary		
	Department )	School, Mannor,		
		Ernakulam, Kerala		

### **EXPERIENCE**

### 1. Hospital pharmacy practice during Pharm.D academics (2013 - 2018), Navodaya

Medical College Hospital & Research Centre, Raichur, Karnataka

- Dispensing drugs in Out Patient & in Patient.
- Drug Distribution.
- Counseled patients on prescription and non-prescription medications
- Communicated with healthcare professionals.

### 2. Clinical Pharmacy Clerkship (2017 August - 2018 April)

Clinical Rotations in Orthopedics, Pediatrics, Obstetrics & Gynecology, Surgery, Intensive Care Unit, & General Medicine, Navodaya Medical College Hospital & Research Centre, Raichur, Karnataka.

### 3. Internship (Aug 2018-Aug 2019)

As part of the curriculum have 12 months clinical training in Navodaya Medical College Hospital and Research Centre, (Departments- General Medicine, OBG, General Surgery, Paediatrics) Raichur. Responsibilities included attending ward rounds, critical analysis of prescriptions, medication history interview, providing drug information and patient counselling.

- ➤ Patient intake involving medication reconciliation and determination of possible drugdrug or drug-dose state concerns for ongoing assessment.
- Monitoring of medication interventions including narrow therapeutic index drugs as well as antibiotic de-escalation.
- > Drug information retrieval, medical literature evaluation and recommendation for integrated therapy.
- ➤ Patient focused Evidence Based Medicine practice.
- ➤ Instructing patients on how to use medications, possible side effects and storage.
- ➤ Detected and reported adverse drug reactions and medication errors.

### THEORETICAL EXPERTISE

Both theoretical and practical proficiency in subjects like Pharmacology and Pharmacotherapeutics.

### **DUTIES & RESPONSIBILITIES:**

- Ward Rounds with Medical team.
- Monitored patient's drug therapy & provided recommendations to physicians & interacted with other healthcare professionals.
- Prescription monitoring.
- Prescription refilling.
- Drug information services.
- Pharmaceutical care: Patient drug chart review, Patient Counselling, Drug Interaction checking, findings of Medication Error & Drug Related Problems, Adverse Drug Reaction monitoring & reporting, Case Report writing, Pharmacist Interventions.

### Other activities:

- Public health services: Community visiting & Medical camp.
- Department presentations: Clinical case presentations, Seminars & Journal club-Review of scientific literature.
- Attending various conferences

### **PROFESSIONAL ACTIVITIES**

### **Conferences & Seminars:**

- 1. Attended national conference on "Advances in Pharmacy Practice" at N.E.T Pharmacy College, Raichur held on 29<sup>th</sup> & 30<sup>th</sup> November 2013
- 2. Attended one day seminar on "Pharmaceutical Care in Hospital Practice" held at N.E.T Pharmacy College, Raichur on 1<sup>st</sup> February 2016

- 3. Attended KTSA National Conference on "Science and Technology Education" at University of Agricultural Sciences, Raichur on 21<sup>st</sup> and 22<sup>nd</sup> July 2017
- 4. Attended Workshop on "Research Methodology" at Navodaya Medical College, Raichur on  $26^{\rm th}$  and  $27^{\rm th}$  September 2017
- 5. Attended National Pharmacy Week Workshop at N.E.T Pharmacy College, Raichur held during  $17^{th}-20^{th}$  November 2017
- 6. Attended national workshop on "Current Perspectives on "Pharmacovigilance and Hemovigilance" at N.E.T Pharmacy College, Raichur on 28<sup>th</sup> and 29<sup>th</sup> September 2018.
- 7. Attended KAAPTICON-2018 the  $3^{rd}$  ANNUAL CONVENTION OF ASSOCIATION OF PHARMACEUTICAL TEACHERS OF INDIA (KARNATAKA BRANCH) at N.E.T Pharmacy college, Raichur held on  $26^{th}$  and  $27^{th}$  October 2018.
- 8. Attended International Conference on "Challenges and Opportunities for Clinical Pharmacist" at College of Pharmaceutical Sciences Dayananda Sagar University, Bengaluru held on 17<sup>th</sup> and 18<sup>th</sup> December 2018.
- 9. Attended one day symposium on "Clinical Pharmacist in INR Optimization" at Bangalore Baptist Hospital, Bengaluru on 19<sup>th</sup> December 2018
- 10. Attended one day seminar on "Dissemination cum Training on ICMR National ethical guidelines 2017" at gadag institute of medical sciences, Karnataka on ICMR guidelines 2017 on march 7th 2019

### POSTER PRESENTATION

Total papers presented: 2

- Pharmacoepidemiological assessment of insulin therapy in Type 2 Diabetes Mellitus Patients
- Assessment of Knowledge, Attitude and Practice of insulin therapy among diabetes patients
- 1. KAAPTICON-2018 the 3<sup>rd</sup> ANNUAL CONVENTION OF ASSOCIATION OF PHARMACEUTICAL TEACHERS OF INDIA (KARNATAKA BRANCH) at N.E.T Pharmacy college, Raichur held on 27<sup>th</sup> October 2018. (poster presentation)
- 2. International Conference on "Challenges and Opportunities for Clinical Pharmacist" at College of Pharmaceutical Sciences Dayananda Sagar University, Bengaluru held on 17<sup>th</sup> December 2018. (oral presentation)

### **PUBLICATIONS**

Total : 2

## 1. Title: Assessment Of Knowledge, Attitude And Practice Of Insulin Therapy Among Diabetes Patients

Author: Binu Mathew, Elizabeth A.M, Rajkumar Reddy. M, Adeena Balkees,

H.Doddayya, and S.S Antin

Journal: International Journal Of Current Research 2019;11(1):697-702.

### 2. Title: Pharmacoepidemiological Assessment Of Insulin Therapy In Type 2 Diabetes Mellitus Patients

Author: Binu Mathew, Elizabeth A.M, Rajkumar Reddy. M, Adeena Balkees, H. Doddayya, and S.S Antin,

Journal: European Journal Of Pharmaceutical And Medical Research 2019;6(3):298-302.

# 3. Title: A Case Report on Rheumatic Heart Disease with Cervical Spondylosis and Popular Utricaria

Author: Binu KM, Elizabeth AM, H.Doddayya, SS Antin

Journal: American Journal of PharmaTech Research 2019:9(04):67-72.

### **ACHIEVEMENT/ AWARDS:**

- ➤ Winner of various competitions held during World Cancer Day (4<sup>th</sup> February 2017) and National Youth Day (12<sup>th</sup> January 2018).
- Completed 2 years as NSS volunteer from 2013-2015 under Rajiv Gandhi University of Health Sciences, Karnataka.
- Cultural events of Regale, Navodaya Education Trust, Raichur, Karnataka, India:2015 and 2017
- Active Participation as Student Volunteer for organizing National Integration Day celebration held on 19<sup>th</sup> Nov 2018, organized by NSS unit of NET Pharmacy College, Raichur.
- Secured Sixth Rank to the Rajiv Gandhi University of Health Sciences, Karnataka, Bengaluru in the examination conducted during May/June 2017
- Secured Fifth Rank to the Rajiv Gandhi University of Health Sciences, Karnataka, Bengaluru in the examination May/June 2018

### **AREAS OF INTEREST:**

Pharmacovigilance, Clinical Pharmacy, Clinical Research, Research and Development, Drug safety, Quality Control& assurance (QC&QA).

### **KEY SKILLS:**

- > Strong sense of initiative with good leadership skills.
- ➤ Computer proficiency with outstanding communication skills.
- Organized, detail-oriented and ability to work in a fast—changing entrepreneurial environment.

### **COMPUTER SKILLS:**

➤ MS word & Power point

➤ Data retrieval from various internet portals like Pubmed, Medscape, Drugs.com, Databases like MICROMEDEX.

### **STRENGTHS**

- ➤ Hard working.
- > Punctuality, Flexible to work.
- ➤ Able to work in a team to achieve targets.
- > Sincere at work and to feel responsibility.
- ➤ Good communication skills & Problem solving skills.
- > Self-confidence and desire to learn.

### **PERSONAL DETAILS:**

Date of Birth : 26-02-1995

Nationality : Indian

Marital status : Unmarried

Father's Name : Mr. A.K Mathai

Mother's Name : Mrs. Santha C.C

Language Known: English, Malayalam

Mailing address : Arthungal (H), Thrikkalathoor (P.O), Ernakulam, Kerala-683541

### **REFERENCES:**

#### 1. Dr. Shivkumar

Professor and Head

Department of Pharmacy Practice

N.E.T Pharmacy College, Raichur

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#### 2. Mr. Binu K Mathew

**Assistant Professor** 

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### **DECLARATION:**

I hereby declare that the above mentioned information is true to the best of my knowledge and belief.

Dr. Elizabeth A.M