**BLESSY SEBASTIAN**

 **Dietitian Email:**blessysebastian19@gmail.com

**Mob:** 8589910675

Dear Hiring Manager,

 I am writing to demonstrate my keen interest in the position of dietitian. Please accept this letter as my application for the same.

* I worked as a Dietitian in **Vimhans Hospital New Delhi** for more than 1 year and now I am looking for some new experiences and ability to grow professionally within the field.

I am particularly experienced and qualified in the following;

* + - Assessing patient and client’s health needs and diet.
		- Developing meal plans, taking both cost and client preferences into account.
		- Counselling patients on nutrition issues and healthy eating habits.
		- Masters in Clinical Nutrition and Dietetics
* I have enclosed my Resume for your further consideration
* I am certain that my experience and skill set would make me a good candidate for this position.

Thank you for your time today,

Looking forward to hearing from you,

Sincerely,

 Blessy Sebastian

 Mob.8589910675

**BLESSY SEBASTIAN**

Kallunkal(H), Marika P.O **Email**: blessysebastian19@gmail.com

Koothattukulam, Ernakulam(Dist.) **Mob:** 8589910675

**Career objective**

I seek a job as Dietitian in hospital where I can use my knowledge of assessing patient needs, diet planning, diet counselling and provision of nutrition education. I wish to contribute towards the department goals through my knowledge, experience and hard work.

**Experience**

* Worked in **Vimhans Hospital New Delhi,** 10/2017 to 01/2019

**Training experience**

* Successfully completed 6 months internship from **Apollo Hospital, Chennai,** 01/2017 to 07/2017

**Projects undertaken**

* Dissertation work on **“Assessment of Nutritional Status of Old Age Women”** in a selected locality.

**Academic profile**

* MSc. Clinical Nutrition and Dietetics from Alphonsa College of Arts and Science, Pala 2015-2017 with 72% marks.
* BSc. Chemistry from Newman College, Thodupuzha 2012-2015 with 61% marks.

**Extra-curricular achievements**

* Attended work shop on “**New Insights on Nutrition Management in Critical Illness: ASPEN & SCCM 2016 Guidelines”** held at Chennai on 18th March 2017.
* Attended **“Indian Dietetic Association”** Kerala Chapter state level conference held at Kottayam on 6th February 2016.
* Attended a session as a delegate in **“Clinical Nutrition Excellence Academy”** program held at Chennai on 8th July 2017

**Additional skills**

* Effective communication skills
* Compatible with different atmosphere
* Team management
* Ability to work in stressful situations

**Personal details**

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| --- | --- |
| Name  | Blessy Sebastian |
| Date of birth | 19/05/1995 |
| Languages known | Malayalam,English, Hindi |
| Hobbies  | Listening music, Stitching |
| Strengths  | Sincere,Hardworking,Punctual&Good moral character |

Place:Koothattukulam

 Signature:

 Blessy Sebastian

 Mob:8589910675