**MATHEWS VARGHESE**



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**CAREER OBJECTIVE**

To work in an organization where innovation and excellence is the way of life, where my potential will be explored and where I will get ample scope for development.

**WORK EXPERIENCE**

* Six months Rotatory internship-Worked in Kempegowda Institute of Medical Sciences, Bangalore.
* Worked at MEDINO multi speciality hospital ,kolar,Karnataka for a period of 1year and 2 months from November 2017 to January 2019.

**CLINICAL EXPOSURE**

* Assessing & planning treatment for orthopedic cases in outpatient department.
* Pre & Post operative Physiotherapy for Joint replacements, fractures, spinal surgeries,
* Pre & Post operative Physiotherapy for pulmonary cases like , patients on ventilator support, chronic obstructive pulmonary disease (COPD), which includes emphysema and chronic bronchitis, Asthma, Bronchiectasis, Cystic fibrosis.
* Manual joint mobilization for post traumatic stiffness of all joints
* Neuro Rehabilitation for hemiplegia, paraplegia, tetraplegia, GBS, Multiple Sclerosis.
* Pre & Post operative Physiotherapy for Nero Surgery patient
* Pre & Post operative Physiotherapy for Coronary Artery Bypass Grafting, Valve replacement, correction of congenital heart disease and pneumonectomy
* Assessing and planning treatment for sport injuries.
* Physiotherapy for patients in PSICU, MICU, CICU, PICU and NICU.

**WORKSHOP/SEMINAR ATTENDED**

* Hands on CPR workshop.
* Hands on workshop on “MANUAL THERAPY IN A CLINICAL REASONING PERSPECTIVE” at Padmashree Clinic Bangalore.
* Attended CME on recent trends in Obesity Management – Medical, Surgical,Exercise and diet by revive multispecialty physical health and wellness.
* Workshop on Wand Exercises and Swiss ball training.
* Workshop on Pilates and Back strengthening exercises.
* Attended Bladder and Bowel Dysfunction Management.
* Attended fire training certificate course
* Attended IAPCON in Mangalore 2010

**EDUCATION**

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| Rajiv Gandhi University Of Health Sciences | BPT | 2009-2017 |
| Kerala State Board | Plus two | 2007 |
| Kerala State Board | SSLC | 2006 |

**PROJECTS**

* Case presentation on topic ‘Facial Nerve Palsy in Rajiv Gandhi University of health sciences.
* Case presentations of six month rotatory postings in KIMS hospital in each departments.

**EXTRA-CURRICULAR ACTIVITIES**

* Participated in cricket at school and college level.
* Played basketball at district level in school.
* Played badminton district level in junior college.

**PERSONAL DATA**

* **Age / Sex :** 27 years/male
* **Languages known :** English, Hindi,Tamil,kannada, Malayalam.
* **Marital Status :** Single.
* **Date of Birth :** 23/Sep/1991.

I hereby declare that the information given above is true to the best of my knowledge. I will make it my earnest endeavor to discharge competently and carefully the duties you may be pleased to entrust me.

**Date:**

**Place**: **Changanacherry (MATHEWS VARGHESE)**

**References :**

1. **Dr R. Raja**

Principal of Kempegowda Institute of Physiotherapy,

Kempegowda Institute of Physiotherapy

Bangalore: 560004