## **CURRICULAM VITAE**

SHINU THOMAS SHERY BHAVAN KALLAMUTTOM PATHANAPURAM P.O KOLAM DIST KERALA INDIA-689695 Contact No. +91 8169926695, +91 9082827870 Email Id: <u>shinuthomas345@gmail.com</u>



## Career Objective

To prove myself dedicated, wrathful and energetic in progressive organization that gives me scope to apply my knowledge and skills and be a member of a team, which dynamically works towards success and growth of the organization.

## **Educational Profile**

<b>Examination</b>	Subjects	<b>University /Board</b>	Year	Percentage
S.S.L.C	All Subjects	Kerala	2010	75%
Plus Two	Science	Kerala	2012	75%
BSC Nursing	All Subjects	Kerala University of	2016	64.1%
		Health & Science		

#### Working Experience

Kokilaben Ambani Hospital, Mumbai, Maharashtra / Medical Surgical Ward Nurse/ Feb 2017 to Jan 2019

## **Responsibilities**

- To asses plan, implement and monitor the care of patients to maintain high standard of care all the time.
- > Maintain and check vital signs, Intake output chart, good hygiene of ward and patients.
- > Check controlled and narcotic drug at each shift according to the hospital policies.
- > Maintain patient's case sheet and respect patient privacy and confidentiality.
- ➢ Guide and teach Junior Staff.
- > Take decision on critical situation
- > Pre post operative patient care
- > Cleanliness and making the unit sterile
- > Handle emergency equipment's and medicines etc.
- Providing Nursing Care to Patients who were suffering from various brain and nervous system.

- > Providing routine treatment and post-surgical care.
- > Administered patients medication educated and carried out orders made by physician.

# **Professional Qualification**

> BSC Nursing ,St Gregorios College of Nursing , Parumala , Kerala

## **Professional Registration**

- > Kerala Nurses and Midwives Council Registration.
- > Maharashtra Nursing council Registration.

## Nursing Skills

Functioned as part of a multidisciplinary team, ensuring a seamless service and team approach to assessment, planning and evaluation of care, coordinating all aspects of care in the best interest of the patients.

## <u>Clinical Skills</u>

To ensures clinical expertise and acceptable level of competence of nursing and ap- plied staff working in clinical areas.

# Ward Management Skills

To take charge of the ward/unit and guidance to the junior staff, students and other paramedical staffs.

## Efficiency Skills

Contribute to high staff morale by being a full participant in nursing affairs with in the Hospital. Function quickly and effectively in an emergency situation.

## <u>Team Skills</u>

Co-operate in the smooth running of the hospital or unit by responding to requests for assistance in all areas as required. Collaborate other health team members in planning Care.

# <u>Reporting Skills</u>

Preparing medical reports relating to patients accurately and completely

## **Equipment Handling**

- > Infusion Pump, Syringe Pump, ECG Machine.
- Suction apparatus, Oxygen unit, Glucometer, Nebulizer, Pulse oxymeter.
- > Blood warmer .Ambu Bag, Defibrillator, Infant Warmer.
- ➤ Central line and so on.

### **References**

Mrs.Havovi Foudzar General Nursing Manager Kokilaben Dhirubhai Ambani, Maharashtra Phone No. +91 7498874780

### **Personal Details**

٠	Date of Birth	:	26-08-1994
٠	Nationality	:	Indian
٠	Marital Status	:	Single
•	Languages Known	:	English, Hindi , Malayalam

#### **Declaration**

I do here by solemly affirm that I shall execute my duties, which in entrusted to me the best of my ability with full responsibility. Also I declare that the above mentioned information are true to the best of my knowledge and belief.

Place: Pathanapuram Date:

SHINU THOMAS