

# CURRICULUM VITAE

## ELIZABETH .K .THOMAS

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## OBJECTIVE

To use my knowledge of social work to improve the lives of clients by offering them peace of mind and solutions to any type of condition, either mental or physical, that ails them.

## PERSONAL DETAILS

Age : 22 yrs  
Date of Birth : 28 January 1997  
Religion : Christian RCSC  
Gender : Female  
Fathers Name : Thomaskutty K D  
Languages : English, Malayalam, Hindi & Tamil  
Marital Status : Single  
Nationality : Indian

## EDUCATION:

Qualification	Institution/ University/Board	Specialization	Year	Marks
MSW	Assumption Autonomous College, Changanacherry	Medical and psychiatry	2017-2019	77%
BSc	Assumption College, Changanacherry (Mahatma Gandhi University, Kottayam)	Physics	2014-2017	86%

## WORK EXPERIENCE

- Working as a Research Associate in “VOICES AFTER DISASTER” an Ongoing project Commenced by Indian Institute for Human Settlements, University of East Anglia and Indian Institute of Technology – Bombay.

## **FIELD WORK EXPERIENCES**

- Completed one month concurrent field work at Paipaddu gramapanchyath, Changanacherry.
- Did one month block placement at Attapadi adivasi development initiatives, Palakad in the month of February 2018.
- Did one month block placement at Pushpagiri Medical College, Thiruvalla in July 2018.
- Did one month block placement at Schizophrenia research foundation, Chennai in the month of January 2019.

## **RESEARCH**

- Research on the topic “A study on Social Factors Leads to Substance Abuse among Adolescent Boys is special reference to Paippadu Panchayat”

## **MAJOUR ACTIVITIES & INITIATIVES**

- Volunteered as a Survey Coordinator in the IIT Bombay-KILA summer school 2018 on “Rejuvenation of Canals through Decentralized Solid and Liquid Waste Management” held at Alappuzha from 6th to 12th May/19th to 25th May 2018.
- Coordinated Medical Camp at Podiyaddi Government High School, Thiruvalla on behalf of Pushpagiri Medical College Hospital.
- Volunteered at the SB College, Changanacherry Flood Relief Camp and Collection & distribution center during the Kerala Floods of August 2018.
- Perform as a Association Secretary at Assumption College, Changanacherry during the academic year.
- Worked as Student Coordinator in a National Workshop on “Revitalising models of social work practice and education” at Assumption College, Changanacherry.
- Did a awareness session on Disaster Management at coastal area, Alappuzha.
- Volunteered in the Tarumitra National Eco-Fest on 31 Jan & 1 Feb held at Attapadi Adivasi Development Initiatives, Mattathukadu.
- Conducted Community Programme at Attapadi Adivasi Development Initiatives, Palakkad during the field work.
- Coordinated 3 day survey in flood affected area with special reference to Pallathuruthi, Alappuzha in collaboration with Changanacherry archdiocese.

## **ACHIEVEMENTS & PARTICIPATION**

- Get proficiency award 2019 From Assumption College, Changanacherry in Social work.
- Member of Kerala Association of Professional social workers (KAPS).
- Attended 3rd Kerala social work students Congress and the seminar on the theme “Human relations for sustainable development” organised by KAPS in association with ASSK at holy Cross college, Kozhikode on 16 December 2017.
- Participated in two day workshop led by NIMHANS, Bangalore about “Disaster Management”.
- Participated in the seminar on the theme “Promoting Community and Environmental Sustainability” organised as a part of observation of World Social Work day and TB day organised in Association with Kottayam District TB Centre.

## **SKILLS**

- Academic learning.
- Optimistic and positive mind.
- Effective communication and listening.
- Enthusiastic team player.
- Proficient with internet.
- Proficient with MS Word, Excel, PowerPoint.

## **STRENGTHS**

- Focused and excellent follow-through
- Possess a high level of stamina and attention to detail
- Work well as a team-member
- Positive remain upbeat in all situation
- Interpersonal Communication

## **DECLARATION**

I hereby declare that the above written particulars are true to the best of my knowledge and belief.

Changanacherry

Date: 07-08-2019

**Elizabeth K Thomas**