

ANJU SEBASTIAN

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VIMALAGIRI P.O, IDUKKI

OBJECTIVE

Seeking an organization where I can utilize my skills and experience to improve patient care, increase profitability, and enhance organizational and self-growth.

PROFESSIONAL SYNOPSIS:

Adaptable to working in different locations at short notice.

Ability to understand problems and then develop imaginative and inventive solutions. Extremely dedicated to meet deadlines.

Exceptionally professional and disciplined. Goal-oriented individual with a pleasant personality and a tenacity that knows no restrictions.

Caring Nurse with **3 years** of experience providing individualized and direct patient care. Insightful and dedicated to providing best-in-class care through effective team education. Adept at managing care plans in cardiology environments. Proven ability to work closely with teams to enhance patient care standards.

Knowledgeable Critical Care Registered Nurse with a superior knowledge of specialized treatments, techniques and diagnostic procedures. Adept at providing immediate and individualized care.

Adept at room setting quickly and closely monitoring vitals while assisting doctors. Skilled at performing acute procedures and detail-oriented work.

EDUCATION

Course	Year	Name of Institute	Board of examination	% / CGPA
BSC Nursing	2011-2015	MAR BASELIOUS COLLEGE OF NURSING, KOTHAMAGALAM	Kerala university of health sciences	59%
PLUSTWO	March 2011	ST. GEORGE HIGHER SECONDARY SCHOOL VAZHATHOPE	Board of higher secondary examination	81%
SSLC	March 2009	VIMALA HS VIMALAGIRI, IDUKKI	Board of public examination	87%

WORK HISTORY- ASTER MIMS HOSPITAL

Staff Nurse

Kozhikode, Kerala

2015--current

CURRENT WORKING AREA: Cardiac ward

NATURE OF WORK:

MIMS institute of Cardiac Sciences dealing with all types of Preventive Cardiology, Interventional Cardiology, Both adult and pediatric Cardiac surgeries. As a staff nurse my duties include,

FUNCTIONAL RESPONSIBILITIES

- Organizing the unit to obtain optimal Nursing care for all patients.
- Cardio pulmonary resuscitation.
- Assisting intubations.
- Urinary Catheterization.
- Administration of medication.
- Administration of narcotic drugs.
- Assisting examine the patient.
- Safety welfare of the patient.
- Keep a unit ready for emergency with all equipment for emergency management.
- Ryles tube insertion.
- Monitor and record vitals.

- Monitor ECG interpretations.
- Lab Investigations (Specimen collection and Report Collection).
- ABG Analysis.
- Care or advanced Airways like endotracheal tube.
- Check Act if excessive drainage.
- Care of patient with CVP line.
- Care of patient with IABP.
- Care of patient with Cardiac Pacemaker.
- Nebulization.
- Mobilization and Ambulation.
- Health teaching to your patient.
- Teaching of junior staff.
- Insertion of peripheral lines.
- ICD Suctioning.
- Blood Transfusion.
- Performing Investigations like ECG, X-Ray, LAB Investigations.
- Active participation in various codes like Code blue, Resuscitation.
- **Preoperative and post-operative care of cardiac surgery, angioplasty and angiogram patients.**
- Coordinated with outgoing and incoming charge nurses.
- Reported patients' status and delegated nurse assignments to achieve optimal outcomes.

EQUIPEMENTS HANDLED

- Monitors
- ECG Machine
- Syringe Pump
- Infusion Pump
- Defibrillator
- Nebulizer
- Pulse Oximeter
- Suction Apparatus
- Glucometer
- Digital Thermometer
- Cardiac Hemodynamic Monitor
- Laryngoscope
- AMBG Bag
- Alpha bed
- Steam inhaler

ASTER MIMS HOSPITAL- KOZHIKODE KERALA

- Malabar Institute of Medical Sciences (MIMS) is a 600 bedded first NABH accredited multi-specialty tertiary care center in India with 13 operation theatres and 7 intensive Care Unit of 104 beds with all modern technologies.
- MIMS Academy, the educational wing of MIMS conducts international, national and academy certified courses.
- Which also is affiliated with a Collage of Nursing with an annual intake of 50 students which is recognized by Kerala Nurses and Midwives Council/Indian Nursing Council and affiliated to Calicut University.
- The school of Nursing has an annual intake of 25 students, which is recognized by Kerala Nurses and Midwives Council and Indian Council.
- MIMS School of Resuscitation is the recognized Regional Training Center for AHA certified BLS, ACLS, and ITLS & PALS provider and instructor courses
- MIMS institute of Cardiac Sciences dealing with all types of Preventive Cardiology, Interventional Cardiology, Both adult and pediatric Cardiac surgeries.

Additional Information

SKILLS:

- Strong verbal communication
- Client assessment and analysis
- Team leadership
- Materials preparation
- Risk management processes and analysis
- Interpersonal and written communication
- Data entry
- Extremely organized

PERSONAL DETAILS:

ANJU SEBASTIAN
Date of Birth:01st August 1993
Father's Name: Sebastian
Marital Status: Single
Languages: English, Hindi & Malayalam
Nationality: Indian

Areas of Interests:

Interacting with People for increasing my domain knowledge

Caring Patients with love.