

## **CURRICULUM VITAE**

Anu K Raju



Karottethadam (H),  
Vempally (P.O)  
Kanakkary, Kottayam  
(Dist), Kerala (state)  
Pin code: 686633

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### **POSITION APPLIED STAFF NURSE**

#### **CAREER OBJECTIVE**

To work in a congenial and healthy working environment to enhance my skills and contribute effectively to the organization growth.

#### **PERSONAL DETAILS**

Name	:	<b>ANU K RAJU</b>
Father Name	:	P D RAJU
Date of Birth	:	23-01-1992
Gender	:	Female
Height	:	153 cm
Weight	:	57 Kg
Marital Status	:	Single
Nationality	:	Indian
Religion & Caste	:	Hindu,Ezhava
Permanent Address	:	Karottethadam
		Vempally (P.O),
		Kanakkary,
		Kottayam(Dist)
		Pin code-686633,
		Kerala (state)
Contact Number	:	8156965453,7907068250



LANGUAGES	READ	WRITE	SPEAK
Malayalam*	✓	✓	✓
English	✓	✓	✓
Hindi	✓	✓	✓

\*Mother Tongue

## PASSPORT DETAILS

Passport No : L7529966  
Date of Issue : 05/03/2014  
Date of Expiry : 04/03/2024  
Place of Issue : COCHIN

## ACADEMIC QUALIFICATION

Name of degree/ Diploma	Board or University	Year of passing	Name of the school studied
S.S.L.C	Board of Public Examinations Kerala	2007	St Mary's G.H.S Kuravilangad
Higher Secondary +2	Board Higher Secondary Examination Kerala	2009	Viswabharathi Sree Narayana H.S.S Njeezhoor

## PROFESSIONAL QUALIFICATION

Name of degree/ Diploma	Board or University	Year of passing	Name of the school studied
B.sc Nursing	Mahatma Gandhi University Kottayam	2014	St.Joseph's College of Nursing Kothamangalam

## REGISTRATION

Kerala Nurses and midwives Council.

Reg .No : KL03201400379

**Anu K Raju**  
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## **EXPERIENCE**

<b>S. No.</b>	<b>Name of the Hospital</b>	<b>Duration</b>	<b>Department</b>	<b>Bed Capacity</b>	<b>Designation</b>
1	Max Health Care Shalimar Bagh, New Delhi,India	29 <sup>th</sup> September 2014 to 03 <sup>rd</sup> Oct.2016	Oncology Ward	250	Staff Nurse
2	Alshifa Multispecialty Hospital,NewDelhi,India	1 <sup>st</sup> December 2016 to 15 <sup>th</sup> April 2017	Medical and Surgical Ward	83	Staff Nurse
3	King Khalid Hospital and Prince Sultan Kidney & Heart Centre ,Najran,Kingdom of Saudi Arabia	1 <sup>st</sup> June 2017 to 31 <sup>st</sup> July 2019	Male special surgery Ward	330	Staff Nurse

### **PRACTICAL EXPERIENCE:**

- Care of inter costal drainage system.
- Experience in critically ill patients with surgical emergencies.
- Pre & post - operative care according to the surgery.
- Management of patient with Tracheostomy.
- Nursing care of bed ridden patient.
- Providing emotional support to the patients & relatives.
- Assisting for Invasive procedures like central venous catheterization, Thoracentesis, Pleural tapping , etc.
- Conducting & assisting for non -invasive procedures like Ryle's tube insertion Foley's catheterization , knee aspiration etc.
- Maintenance of various types of tractions.
- Administration of cytotoxic agents
- Care of terminally ill patients

### **PERSONAL EXPERIENCE**

- Administration of medicine

- Ryle's tube insertion
- Burns wound care.
- Collection of samples
- Wound Care & suture removal.
- Steam inhalation and Nebulization
- Foley's Catheterization.
- I/O chart maintenance.
- Back care
- Suctioning
- Injection

## **WORK PROFILE**

Responsible for providing comprehensive nursing care to the patients and family

## **JOB SUMMARY**

Responsible in rendering Professional Nursing Care to the patients within the unit by keeping the accepted principles of professional nursing practice.

## **EQUIPMENTS USED**

- E.C.G. Machine
- Cardiac monitor
- Pulseoximeters
- Steam Inhalation
- Suction Apparatus
- Nebulizer
- Glucometer
- B.P. Apparatus

- Infusion pump

## **TYPE OF PATIENT CARED**

- Patients who underwent onco-surgical procedures like cytoreductive surgery, Laprotomy , Thyroidectomy etc.
- Patients receiving chemotherapy
- Patients who underwent orthopedic surgical procedures like ILN , PFN , CMR , CMR plus K wire , Hemiarthroplasty etc.
- Patient who underwent urology surgical procedures like URS , prostate biopsy ,TURP , etc.
- Patients who underwent Tonsilectomy , Adenotonsilectomy, FESS , MLS biopsy Tympanoplasty etc.
- Patients with conditions like Leukemia,Myeloma,Head and neck cancers etc.
- Patients with pancytopenia.

## **PATIENT CARE RESPONSIBILITIES**

- Maintenance of good nurse patient relationship
- Check the vitals of patients every (B.P , Pulse , R/R, temperature).
- Maintenance of intake output chart
- Management of Intravenous Fluid.
- Administration of medicine in time (OD, BID, TID etc)
- Hygienic care to the Patient (nail care, hair care,Bowel&Bladder care)
- Tracheostomy care of the patient (suction, dressing)
- Care of the bed sore (e.g. Back care & positioning)
- Maintenance of physical , social , psychological spiritual & rehabilitative needs of patient's (religious guidance) .
- Supervision and orientation of the student and new trainers.
- Assisted and can do the following procedures CPR , Shock , IV, cannulation , catheterization , blood transfusion , LP .
- Wound dressing.
- Collection of specimens
- Oxygen administration

## **OTHER RESPONSIBILITIES IN WARD MANAGEMENT**

- Maintaining the drug and suppliers as per standing order.
- Maintaining the equipment's in working condition.
- Maintaining the up to date report and records of the patients.



## **PROFESSIONAL PROGRAMMES ATTENDED**

- Oncology Certification programme
- Workshop on Pediatric oncology
- BLS

## **DECLARATION**

I hereby declared that all the above information provide by me is true to the best of my knowledge and belief

Place: Vempally

Date: 14-08-2019

**Anu K Raju**

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