

## CURRICULUM VITAE

### **TIJINA SUNNY**

PALAKKALODY HOUSE,  
PALLIKUNNU POST,  
KALPETTA,  
WAYANAD  
KERALA, INDIA.

Pin: 673 122

MOBILE NO: 9048091041,9497358029

E-mail: tijinasunny123@gmail.com



### PERSONALPROFILE

Name : Tijina Sunny  
Age/Sex : 21, Female  
Date of birth : 03/03/1998  
Marital status : Single  
Religion : Christian  
Caste : RC  
Father's Name : Sunny P J  
Mother's Name : Mini Sunny  
Languagesknown : English, Malayalam, Kannada.

### OBJECTIVE

Seeking a challenging career in the field of Respiratory Therapy, where I can apply my skills, maintain the highest level of integrity and ethical values and uphold the ideals of the Organisation. I count effective communication as one of my strength along with my Flexibility to adapt to situations when required.

## EDUCATIONAL QUALIFICATION

Degree	Institute	Board / University	Year	% marks / CGPA
B Sc. RESPIRATORY CARE TECHNOLOGY	AJ INSTITUTE OF MEDICAL SCIENCE, MANGALORE	R G U H S, KARNATAKA	2018	78 %
TWELFTH LEVEL	SARVODAYA HSS EACHOME,WAYNAD	KERALA BOARD OF HIGHER SECONDARY EXAMINATION, THIRUVANANTHAPURAM	2015	90%
TENTH LEVEL	LOURDU MATHA HSS,PALLIKUNNU	KERALA BOARD OF PUBLIC EXAMINATIONS, THIRUVANANTHAPURAM	2013	97%

## WORK PROFESSIONAL

- Worked in Medical ICU,Neuro ICU,Neonatal ICU,Peadiatric ICU,Surgical ICU,Pulmonary Function Test,Sleep lab, Pulmonary Ward, Emergency Department.
- Perform ventilator management, maintainency and trouble shooting.
- Initiation and Weaning of Mechanical ventilation.
- CODE BLUE team member (ACLS & BLS).
- Principles and use of the portable ventilators,capnometers,oxygen analysers.
- Arterial blood gas: procedure of ABG sampling,Interpretation and treatment planning.
- Baseline assessment of patients with history taking,monitoring of vital signs.
- Oxygen therapy.
- Performing broncho pulmonary hygiene techniques such as CPT and breathing exercises.
- Caring for patients on mechanical ventilation, assisting with intubation, performing extubation, interpreting chest xrays and ABG and other procedures.
- Performing invasive and non invasive ventilation (BIPAP and CPAP).
- Educating patients on use of inhalers ,Incentive Spirometry.
- Providing aerolised medication delivery for treatment and sputum induction for diagnostic evaluation.
- Intrahospital and Interhospital transport.

- ☐ Assisting with arterial line insertion central line insertion.
- ☐ Airway maintenance ( placement of artificial airways).

## **PROFESSIONAL EXPERIENCE**

- Completed 6 months of Internship in A.J INSTITUTE OF MEDICAL SCIENCE AND RESEARCH CENTRE,MANGALORE under the department of Critical care medicine from 21st January to 21st July 2019.
- Completed Observership in the department of Pulmonology as Respiratory Therapist From October 30, 2018 to January 07, 2019 with DM Wayanad Institute of Medical Science.
- Clinical exposure in the following intensive care units (ICU) and ward:
  - Medical ICU
  - Neuro ICU
  - Surgical ICU
  - Cardiac ICU
  - Casualty
  - Neonatal ICU and Pediatric ICU
  - Pulmonary medicine ward and PFT.

## **CORE COMPETENCIES**

- ☐ Respiratory Therapy.
- ☐ Mechanical Ventilation.
- ☐ Oxygen Therapy.
- ☐ Airway Management.
- ☐ Lung Recruitment Therapy.
- ☐ Polysomnography
- ☐ Patient Assessment.
- ☐ Pulmonary Function Testing.
- ☐ Transport of Ventilator patients.
- ☐ Therapeutic Care.
- ☐ Aerosol drug administration.
- ☐ Airway Toiletering.
- ☐ ER/ Rapid response.

## **EQUIPMENTS HANDLED**

- ☐ Ventilators- Drager, Maquet, Engstrom Carestation, Bella Vista, Hamilton, Philips, SLE 5000.
- ☐ Transport ventilators.
- ☐ Hemodynamic Monitors.

- α Defibrillator.
- α Nebulizers.
- α Incentive Spirometry.
- α Pulse oxymeter.

### **AWARDS AND CERTIFICATES**

- α.RESCARE 17. 11<sup>th</sup> National Conference of IARC at Cochin
- αKarnataka State Indian Chest Society conference at AJ Institute of Medical Science Mangalore, Karnataka
- αAdvanced management of Respiratory diseases. AJ Institute of medical sciences. Mangaluru.
- αCME on obstructive airway diseases 2019 at A J Institute of Medical science.Manglore

### **SPECIAL INTEREST**

- αManagement of ventilator and trouble shooting
- αAdult Respiratory Care
- αResuscitation and Advanced Life Support.
- αTeaching

### **REFERENCE**

#### **Dr. SUDHESH RAO**

Anesthesiologist and Intensivist  
AJ Institute of Medical Science and Research Centre  
Contact: +919880933503  
Kuntikana, Manglore, Karnataka, India.

#### **BIJULA TV**

Respiratory Therapist  
Bhagavan Mahaveer Jain Hospital  
Contact: 9986496099  
Vasanth Nagar, Bangaluru, Karnataka, India.

#### **ABIDAS R J**

Respiratory Therapist  
AJ Institute of Medical Science and Research Centre  
Kuntikana, Manglore, Karnataka, India.

## DECLARATION

I hereby declare that the above mentioned details are correct and true.

Place : Kalpetta  
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Tijina Sunny

Date :  
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