# **CURRICULUM VITAE**

Name	:	NEETHU BENNY		
		Respiratory Therapist		
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#### **OBJECTIVE**

Being a Graduate in **Respiratory Therapy** from prestigious **Manipal College of Health Professions, Manipal,** I look forward to share my knowledge, clinical experience and research abilities in Respiratory Therapy in your reputed Institution and to build a strong career in this discipline.

### **PERSONAL DETAILS**

Permanent address	:	Srampical house, Thrikkangode, Manissery (PO) Ottapalam, Palakkad (Dist), Kerala State-679521	
Date of birth:	:	17 August, 1997	
Gender	:	Female	
Language Skills	:	English, Hindi & Malayalam. (Can Read, Write and Speak)	
Marital status	:	Unmarried	

# **EDUCATIONAL QUALIFICATIONS**

Year Educational		Name of	University/	Percentage	
	qualification	institution	board		
2015- 2019	Bsc. Respiratory Therapy	Manipal College of Health Professions, Manipal (Karnataka)	Manipal Academy of Higher Education	First class with distinction in first & second year and First class in 3 <sup>rd</sup> year.	
2015	12th	LSN Girls Higher Secondary School, Ottapalam, Palakkad (Kerala)	STATE	92%	
2013	10th	Amrita Vidyalayam Ottapalam, Palakkad (Kerala)	CBSE	CGPA : 9.4	

# **EXPERIENCE**

Practiced as an intern in <u>Kasturba Medical College, Manipal,</u> <u>Karnataka</u> under the Department of Respiratory Therapy from 1<sup>st</sup> August 2018 to 28<sup>th</sup> February 2019 (07 months) and in <u>Manipal hospitals Jaipur</u> <u>(Rajasthan)</u> from March 2019 to July 31<sup>st</sup> 2019 (05 months). Further, practiced in Pulmonary Function Test Lab (PFT lab) and Multidisciplinary ICU, **TMA Pai Hospital, Udupi, Karnataka**.

- Clinical exposure in the following intensive care units (ICU) and ward:
  - Medicine ICU
  - Cardiac ICU
  - Neuro ICU
  - Casualty ICU
  - Trauma and emergency triage
  - Pulmonary medicine ward
  - Operation theatre
  - Pulmonary function test lab, Medicine ICU and CTVS ICU in <u>Manipal hospitals Jaipur</u>.

#### **PROFESSIONAL SKILLS**

- Part of **Code Blue Team** in Kasturba Medical College, Manipal- Manipal Academy of Higher Education certified BLS and ACLS provider.
- Endotracheal intubation: Intubation procedure, Assisting intubation and endotracheal suctioning and extubation of endotracheal tube.
- Tracheostomy: Assisting tracheostomy and tracheostomy care.
- Mechanical ventilation: Calibration, Initiation of mechanical ventilation in every respiratory and non- respiratory disease in adult. Making necessary ventilatory changes according to the conditions, troubleshooting, weaning from mechanical ventilation and use of all conventional and unconventional mode of ventilation.
- Initiation, monitoring and weaning of newer Ventilatory techniques (APRV, PRVC,ASV etc.).
- Principles and use of the different ventilators like Hamilton, Drager Evita4, Drager Evita2, Drager Savina, Philips, Puritten Bennet 840, Datex, Servo I, Servo S, Respironic (vision) & various equipments like pulse oximeter, capnometer ,oxygen analyzer, defibrillator(bi/mono phasic).
- Arterial blood gas : Procedure of arterial blood gas sampling, Interpretation of Arterial blood gas and treatment planning.
- Oxygen Therapy: Use of all oxygen therapy devices, proper handling and care of devices, monitoring of requirement of oxygen and weaning.
- Administration of aerosols such as bronchodilators, mucolytics, mucokinetics and steroids using small volume nebulizers, ultrasonic nebulizers and metered dose inhalers for ventilated and non-ventilated patients.

- Bronchial hygiene therapy including postural drainage, percussion, chest vibrations, deep breathing exercises, airway suctioning and artificial cough maneuvers.
- Airway maintenance (placement of artificial airways) and care of ICD tube, special airways.
- Cardiopulmonary Rehabilitation.
- Pulmonary function test (testing and interpretation of results).
- Interpreting Chest X-Rays and Electrocardiograms.
- Transportation of ill adults to various hospitals.
- Knowledge in Drugs commonly used in ICU (Inotropes, Vasopressors, Sedatives, Paralytics)
- Work as part of a team of physicians, nurses and other health care professionals to manage patient care

# **CONFERENCES AND WORKSHOPS**

- Active participant in the <u>WORLD RESPIRATORY CARE WEEK</u> held in Kasturba Hospital Manipal in October 2015, 2016, and 2017.
- Attended <u>11<sup>th</sup> National Respiratory Care Conference</u>, ResCare conducted by Indian Association of Respiratory Care, held at Amrita Institute of Medical Science, Kochi, India on 6<sup>th</sup> -8<sup>th</sup> October 2017.
- Attended "National Mechanical Ventilation, Haemodynamics and ECMO workshops" held at Narayana Health, Bangalore from 6<sup>th</sup> July to 8<sup>th</sup> July 2018.
- Attended CME on Sleep Medicine held at Manipal Academy of Higher Education, Manipal on 28<sup>th</sup> April 2018.

#### **PROJECT EXPERIENCE**

- Completed group project on ARTIFICIAL AIRWAYS in the year 2015-2016.
- Completed project on CIRCULATORY FAILURE AND SHOCK in the year 2016-2017.
- Completed project on PRVC AND ASV in the year 2017-2018.
- Completed project on HYPERINFLATION PROTOCOL in the year 2018-2019.

# **REFERENCES**

### Mr.Ramesh Unnikrishnan

Head of Department Department of Respiratory Therapy Manipal College of Health Professions, Manipal Manipal Academy of higher education Phone No. +91 9900404492 E-mail: <u>ramesh.unnikrishnan@manipal.edu</u>

### Dr.Vikas Pilaniya

Consultant pulmonary, critical care and sleep medicine MD, DNB, DM (Pulmonary medicine), EDARM, FSM Manipal hospitals, Jaipur Phone no: +91 9811631346 E-mail : <u>vikaspilaniya@gmail.com</u>

# I, Neethu Benny, hereby declare that the above-mentioned facts are true to the best of my knowledge and belief.

Place : Ottapalam Palakkad Dated : 16 August 2019 (Neethu Benny)