# **CURRICULUM VITAE**

## NIDHI SARA PHILIP

Oullirickal House Kadayinikadu PO Kangazha (via) Kottayam Dist Kerala India Pin- 686541 **Contact No.:** +91- 9495883247 OR +91- 9447763247 **Email:** lijujosephp@gmail.com

#### **OBJECTIVE**

To further my studies to the highest level possible so as to be able to orient, explore, calibrate, advance and exploit my talents in order to work with the most challenging and demanding organization with tougher activities so as to boost, advance, improve and develop my career in service to all people.

## **EDUCATION BACKGROUND**

QUALIFICATION	INSITUTION	YEAR OF COMPLETION	MARKS OBTAINED (%)
DOCTOR OF PHARMACY (PHARM D)	C.L. Baid Metha College of Pharmacy, Chennai (THE TAMIL NADU Dr.MGR MEDICAL UNIVERSITY, CHENNAI)	2019 (PERSUING INTERNSHIP)	83%
AISSCE (YEAR 12)	Good Shepherd Public School & Junior College, Thengana (CBSE CHENNAI BOARD)	2013	85%

AISSE (YEAR 10)	Cardinal Padiyara Public School & Junior College, Manimala (CBSE CHENNAI BOARD)	2011	95%
--------------------	---	------	-----

#### **PROJECT DONE**

Done project on "*Evaluation of Anemia in Chronic Renal Failure patients*" in the year of 2017-2018 in Gleneagles global health city, Chennai under the guidance of Mrs.K Bharathipriya and Dr. V Chandrasekharan. It was a cross-sectional study conducted in 118 CKD patients who underwent haemodialysis in the multi-speciality for a period of six months from January 2018 to June 2018. All the basic demographics, laboratory investigations and treatment plan of the patients were collected and was subjected for statistical analysis. The project got approved by the end of August 2018 in The Tamil Nadu Dr. MGR Medical University, Chennai and is currently undergoing Publication process.

## **KEY SUBJECTS**

- Pharmacology
- Pharmacotherapeutics
- Clinical Research
- Clinical Pharamacokinetics and Therapeutic Drug Monitoring
- Pharamacoepidemiology and Pharmacoeconomics
- Hospital & Community Pharmacy
- Clinical Pharmacy
- Clinical Toxicology
- Biostatistics & Research Methodology
- Medicinal Chemistry
- Pharmaceutical Formulations

- Pharmaceutical Organic & Inorganic chemistry
- Pharmaceutical Microbiology

#### **CLINICAL EXPERIENCE**

- Completed training in Gleneagles Global Health City in April 2017- May 2017.
- Completed clerkship and project in Gleneagles global health city, Chennai for a period of six months in 2017-2018.
- Undergoing internship training for a period of one year 2018-2019, in Voluntary Health Service hospital (VHS), Adyar, Chennai.

## POSTER PRESENTATION DONE

Presented a poster on the topic "A study on prescribing guidelines of drugs for chemotherapy in breast cancer patients" in a National Conference on "Rational Use of Medicine"- Current scenario and Way forward" 8<sup>TH</sup> & 9<sup>TH</sup> AUG 2016 conducted by SRM University, Chennai.

## **CONFERENCE / SEMINAR / WORKSHOP/ CME METTINGS ATTENDED**

- National conference on "*Pharmacoepidemiology and good clinical pharmacy practice*" C.L.Baid Metha college of pharmacy, Chennai, Tamil Nadu
- National conference on "Rational use of medicines-current scenario and way forward" SRM University, Chennai, Tamil Nadu
- 2<sup>nd</sup> international conference on "Clinical pharmacy Catalyzing changes in healthcare practice" Manipal University, Manipal, Karnataka
- "Pharmacovigilance Training course" conducted by Pharma-Knowledge and Training Institute, Chennai, Tamil Nadu

- CME meeting on "DPP-4/SGLT2 inhibitors combined therapy for the management of Type 2 diabetes patients"
- CME Meeting on "use of vymada in heart failure patients: latest evidence and place in therapy"
- CME meeting on "epilepsy and women helath"
- CME meeting on "effect of thyroid on women health : case reviews and discussion"
- CME meeting on "Glimepiride a smart companion in diabetes patients journey"

#### PARTICIPATION AND VOLUNTEERING

- Participated in "ALL INDIA PUBLIC SPEAKING COMPETITION" held at St. Thomas higher secondary school, Pala, Kerala.
- Participated and had won scholarships like 'Prograssive curriculum Management' and 'Balarama digest scholarships'.
- ▶ Received "CBSE Merit Certificate for overall A1 holders" during the year of 2011.
- Active participant in Medical Health Checkup, Patient counseling and various other health awareness camps and rallies.
- Provided Continuous Medical Education (CME) for nurses and doctors during hospital training.
- Participated in All India Pharmacy Quiz conducted in Madras Medical College, Tamil Nadu.

## **TECHNICAL LAB SKILLS**

- Knowledge in general laboratory skills like titration, assay, sterilization, preparation of media and practice of sterile techniques.
- Staining processes
- Carrying out bioassay, bioavailability and bioequivalence studies.
- > Formulation and evaluation of tablets, capsules and parenterals

- > Assessment of drug interactions in prescriptions
- Inventory control and drug information queries
- Patient counseling and medication history interview

## **COMPUTER SKILLS**

- Sufficient knowledge in computer basics (Power point, Word, Excel)
- Web and social skills
- Typewriting English

## **HOBBIES AND KEY SKILLS**

- Reading Books
- Speech, Dance

## **AREAS OF INTEREST**

- Clinical Pharmacist
- Clinical Research
- Pharmaceutical care
- Regulatory Affairs
- > Pharmacovigilance
- ➤ Teaching

#### PERSONAL PROFILE

- ➢ FATHER'S NAME
- : Mr. Philip Thomas

: Mrs. Shyla Philip

- OCCUPATION : Government Servant
- ➢ MOTHER'S NAME
- > OCCUPATION : Home maker
- ➤ MARRITAL STATUS : Married
- > GENDER : Female
- ► AGE /DOB : 24 yrs /19 -10 -1994

> NATIONALITY	: Indian	
➢ RELIGION	: Christian	
COMMUNITY	: Marthomite	
LANGUAGES KNOWN	: Malayalam, English, Tamil, Hindi	
STRENGTH	: Punctuality, Polite	
PERMANENT ADDRESS	: Oullirickal House	
Kadayinikadu PO		
Kottayam Dist		
Kerala, India		
Pin- 686541		

## DECLARATION

I hereby declare that the details furnished above are true to the best of my knowledge.

#### REFERENCES

 Dr. D Krishna Kumar HOD, Department of pharmacy practice C.L Baid Metha College of Pharmacy, Chennai-600097 MOB: +919894465615
Mrs. K Bharathipriya Assistant mechanical Department of pharmace prosting.

Assistant professor, Department of pharmacy practice C.L Baid Metha College of Pharmacy, Chennai-600097 MOB: +919840797629

Date: 02.04.2019

Place: Manimala

Signature

(NIDHI SARA PHILIP)