

BIODATA

CONTACT DETAILS

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PERSONAL DETAILS

NAME : THERESA ALPHONSA JOSE

GENDER : FEMALE

DATE OF BIRTH : 7-5-1995 AGE : 23 Years

FATHER'S NAME : JOSE JOSEPH

MOTHER'S NAME : MAREENA JOSE

PERMANENT ADDRESS : GREENLAND (MIDAVALLIL (H)), KUVETTU P.O , DAKSHINA KARNATAKA DISTRICT, MADDADKA, BELTHANGADY, KARNATAKA-574224

TEMPORARY ADDRESS: 145 JAL VAYU VIHAR, KAMMANHALLY, BANGALORE, KARNATAKA

LANGUAGE KNOWN

LANGUAGE	READ	WRITE	SPEAK
ENGLISH	✓	✓	✓
MALAYALAM	✓	✓	✓

CAREER OBJECTIVE

To strive continuous towards my goals through the organization I work for, and to grow individually and along the organization to attain the respective goals.

PROFESSIONAL QUALIFICATION

DOCTOR OF PHARMACY, PHARM.D (2014-2019) FROM

SHREE DEVI COLLEGE OF PHARMACY (RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCE)

HIGHER SECONDARY (SCIENCE) [2011-2013] ,CBSE

SECONDARY SCHOOL EDUCATION [2011], CBSE

ACADEMIC ACHIEVEMENTS

Participated in various conferences/ workshops/seminars in the areas of pharmacovigilance/pharmaceutical care/drug discovery and development/ scope of pharmacy practice

- 1.International seminar on ROLE OF CLINICAL PHARMACIST IN CARDIOVASCULAR THERAPY conducted at T.John College of Pharmacy, Bangalore.
- 2.2nd ANNUAL NATIONAL CONVENTION ISPOR-KARNATAKA conducted by Manipal University and KLE University.
- 3.National level seminar on the topic FUTURE GROWTH OF PHARMACEUTICAL SCIENCES:OPPORTUNITIES TO THE PHARMACISTS at Shree Devi College of Pharmacy, Mangalore
- 4.CME programme on the topic UPDATE ON PHARMACOVIGILANCE at Yenepoya Medical College.
- 5.National level sminar on the topic FUTURE PHARMACIST; INDIA AT 2020 at Shree Devi College of Pharmacy.
- 6.International conference on advanced pharmacy practice, the theme being “EVOLVING ROLE OF CLINICAL PHARMACIST at Acharya and B M Reddy College of Pharmacy, Bangalore.
- 7.National level symposium on “THE NEW PARADIGM SHIFT IN PHARMACY PROFESSION” at Shree Devi College of Pharmacy, Mangalore.
- 8.CME programme on the topic “CURRENT TRENDS IN THE PHARMACOTHERAPY OF BRONCHIAL ASTHMA AND COPD” at Yenepoya Medical College, Mangalore.
- 9.A pre- placement workshop themed “ VALUE ADDITION IN EMPLOYABILITY AND INTERVIEW FACING SKILLS at Adichunchanagiri College of Pharmacy, Bangalore.

COMPUTER EFFICIENCY

MS EXCEL

MS POWERPOINT

MS WORD

PROJECT AND CASE REPORT

PROJECT: STUDY ON POLYPHARMACY, CO-MORBIDITIES AND PRESCRIPTION PATTERN IN GERIATRIC PATIENTS IN A TERTIARY CARE HOSPITAL

CASE REPORT: CARBAMAZEPINE INDUCED TOXIC EPIDERMAL NECROLYSIS

A STUDY ON PRESCRIPTION PATTERN OF ANTIDIABETIC DRUGS IN TYPE 2 DIABETIC MELLITUS PATIENTS WITH EXISTING VASCULAR COMPLICATIONS

EDUCATIONAL STATUS

	Institution	Board of examination	Year of passing	Percentage
10 th	Chavara CMI Public school, pala	CBSE	2011	83.6%
12 th			2013	79.4%
PHARM D	Shree Devi College of Pharmacy, Mangalore	Rajiv Gandhi University of Health Science	2019	

YEAR	TOTAL PERCENTAGE	HIGHEST MARK	
		Subject	Percentage
FIRST YEAR	77.7	MEDICINAL BIOCHEMISTRY	81
SECOND YEAR	73.7	PHARMACOGNOSY & PHYTOPHARMACEUTICALS	79
THIRD YEAR	75	PHARMACEUTICAL FORMULATION	73
FOURTH YEAR	75.7	BIOPHARMACEUTICS & PHARMACOKINETICS, CLINICAL TOXICOLOGY	77
FIFTH YEAR	75.2	CLINICAL PHARMACOKINETICS & PHARMACOTHERAPEUTIC DRUG MONITORING	76

AREAS OF INTEREST:

1. Clinical pharmacist/ Hospital pharmacist
2. Pharmaceutical Industry (Drug safety associate)
3. Pharmacovigilance

PERSONAL SKILLS:

1. Positive attitude, self-confident, who works whole-heartedly in each and every activity taken up.
2. Self-motivated; able to prioritize tasks, manage time effectively and work independently.
3. Acclimatized to diverse situations, persons and work environment.
4. Strong written and verbal communication skills in English and Malayalam.
5. Pro-active, and takes up initiatives, with the proper motive of fulfilment of the same.
6. Essentially a team member as well as team leader.
7. Passionate guiding skills, including taking seminars and making PowerPoint presentations.

EXTRACURRICULAR ACCOLADES:

1. Volunteered in medical and blood donation camps in rural areas of Karnataka.
2. Participated and accomplished the feat of forming the largest mass human heart beat simulation under Asia Book of Records held at Mangalore during world heart day celebration by KMC hospital Mangalore.
3. Presented and got prize for oral poster presentation on “Carbamazepine induced Toxic Epidermal Necrolysis” at the one day workshop conducted at Shreedevi College Of Pharmacy, Mangalore.
4. Presented and got prize for a research paper (oral e-poster) entitled on “ Evaluation of Polypharmacy, Co-Morbidities and Prescription Pattern in Geriatric Patients in a Tertiary Care Hospital ” at the scientific session in the national level symposium organized by Shree Devi College Of Pharmacy, Mangalore.

COURSE RELATED ACHIEVEMENTS:

- Provided adequate and appropriate counselling to patients on the importance of medication adherence, its route and time of administration, and instructions on the correct use of specific medication devices.
- Expertise in auditing of crash cart present at each department of hospital and reporting and correcting of the missed items, expired drugs to be replaced with fresh ones, checking the correct and proper functioning of equipments present in the crash cart like defibrillator etc. regularly.
- Expertise in disease and drug-based counselling, including guidance for lifestyle modifications to ensure therapeutic efficacy of drugs administered for a given disease/clinical condition.
- Skilled in retrieving, analyzing, interpreting, and formulating drug information for answering drug information queries from staffs and patients.
- Performed more than 2000 I.P prescription audits in a year, including assessing whether the prescriptions were written in the standard format, the drugs were properly administered and documented by the nurse staff. If not, such incidents were reported.

Reference:

References will be provided on request.

DECLARATION:

I hereby declare that the above information provided by me is true to the best of my knowledge and I shall be deemed responsible for any wrong information provided.

Place: Mangalore

Date: 09-06-19

THERESA ALPHONSA JOSE

