

CURRICULUM VITAE

DR. SIJO C BABU

MBBS, MD (Anesthesiology, Critical Care and Pain Medicine)

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Career objectives:

- Seeking a position to start my career in health care sector as a 'Consultant in Anesthesiology, Critical Care and Pain Medicine' for the mutual growth and profit, where I could get learning environment.
- Looking forward to lead research proposals and oversee further advancement in the field.

Educational background:

Qualification	Institute	Year	Marks Obtained
MD in Anesthesiology, Critical Care and Pain Medicine	Indira Gandhi Government Medical College, Shimla, Himachal Pradesh.	July, 2019	71.75%
MBBS and Internship	Amala Institute of Medical Sciences, Thrissur, Kerala.	January, 2012	61.23%
Higher secondary	MarThoma Higher Secondary School, Pathanamthitta, Kerala.	March, 2004	88.66%
Secondary School	MarThoma Higher Secondary School, Pathanamthitta, Kerala.	March, 2002	92.83%

Registration with professional bodies:

- Registered in Travancore Cochin Medical Council (Affiliated to Indian Medical Council), India, Reg No: 45225 on 2nd May 2012. Applied for registration of additional qualification after post-graduation.
- Membership applied for Indian Medical Association.
- Membership applied for Indian Society of Anesthesiologist.

Trainings undertaken during post graduation:

- Three years training under residency program for MD degree from Indira Gandhi Government Medical College, Shimla, Himachal Pradesh.

Key learnings:

- Committed to engaged patient care and comfort during medical operations, including pre-op and post-op treatment.
- Effective critical thinking skills under high-pressure emergency situations, allowing me to make quick decisions under duress, enabling me to provide focused strategies and clear-headed solutions.
- Active listening abilities, facilitating clear communication between doctors and patients, ensuring patient needs are met.
- Ability to self-assess and monitor performance in order to improve my practice and patient care abilities.
- Team oriented, able to use the knowledge and opinions of colleagues to improve and influence my decision making capacity.
- Efficient time management abilities that allow me to respond quickly in high-volume environments, such as ERs and ICUs.
- Participated in leading-edge research in the field of anesthesiology, discovering better methodologies and treatment methods for surgical procedures.

Key skills:

- Trained under veteran anesthesiologists, acquiring hands-on experience in patient care and treatment.
- Well trained in perioperative care in all fields of anesthesia including Pediatric Anesthesia, Neuro Anesthesia, Cardiac Anesthesia, Labor Analgesia and Trauma Care.
- Attained comprehensive skills in Critical Care Medicine.
- Trained in Chronic Pain Management.
- Developed emergency room care protocol, gaining experience in high-volume, fast-pace medical environments.
- Collaborated in research projects, facilitating trial procedures, logging test results, and fielding test subjects.

Anesthesia Junior Resident Rotations: May 2016- April 2019

Specialty	Duration (Months)	Specialty	Duration (Months)
General Surgery	6	ENT & Ophthalmology	2
Intensive Care Unit	6		
Emergency and Trauma Surgery	6	Urology	1
Obstetrics & Gynecology including Labor Analgesia	3	Plastic and Reconstructive Surgery	1
Neuro Surgery	2	Maxillofacial Surgery	1
Cardiothoracic and Vascular Surgery	2	Outside operating room	1
Pediatric Surgery	2	Pain Clinic	1
Orthopedic Surgery	2	Total	36 months

Research project undertaken:

- Title: “**comparison of different infusion rates of 0.1% bupivacaine with fentanyl as continuous epidural infusion for post operative analgesia in patients undergoing laparotomy under general anaesthesia**” submitted for the award of the degree of M.D (Anesthesia) in June2019.
- Status: Accepted for publication.

Achievements:

- Second position in MD Anesthesia exam conducted by HP University in Himachal.
- Participated in free check up camps in many remote villages of Himachal Pradesh.
- Participated in various state and national level conferences and CMEs.
- Got third prize in paper presentation at State level conference.

Hobbies:

- I spend my hours away from the hospital with my family.
- I love to travel and explore new places and culture.
- Additionally, I commit a portion of my time to Pope John Peace Home, Thrissur.

Personal details

- Date of birth: 09/Oct/1986
- Sex : Male
- Marital Status : Married
- Languages known: Malayalam, English, Hindi and Tamil.