**CLINICAL DIETITIAN**



**SARITHA SOMAN**

**Clinical Dietician**

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**Skype Id : SARITHA DIETICIAN**

**Education : M.Sc. Food and Nutrition**

**Specialization : Dietetics, Therapeutic Nutrition, Public Health Nutrition, Advance Food Science, Metabolic syndrome**

**Experience : 10 years**

**Language known : English, Hindi, Malayalam, Tamil, Arabic**

**Credentials**

* M.Sc. in Food and Nutrition, 2008, St Teresa’s College, Ernakulum, MG University, Kottayam
* B.Sc in Family and Community Science, 2006, St Teresa’s College, Ernakulum, MG University, Kottayam

**Professional Associations**

Life Member of Indian Dietetic Association (IDA)

**Experience**

* Working as Clinical Dietician MCCM THQ Hospital, Pathanamthitta , Govt. of Kerala a multi-specialty hospital since 2018, March to till now.
* Worked as dietician Armed Force Hospital, Muscat, Oman, from Feb 2013 to July 2017 under Renaissance Group
* Worked as Dietician, Al Rustaq Hospital, Muscat, Oman, from June 2011 to June 2012, under Renaissance Group
* Worked as Dietician cum Fitness Trainer Jaison’s Fitness First, Cochin. May 2010 to May 2011
* Worked as Dietician cum Fitness trainer, Lifestyle Fitness,Thrissur, December 2009 to May 210
* Worked as Dietician, Fitness Forever, Kakkanadu , 2009 for two months
* Worked as Dietician, Maverick Fitness, Madurai, January to June 2009

**Certificates and Training**

* Certificates of Training in Codex **General Principle of Food Hygiene and Application of HACCP Based Food System.**
* Certificates of **Fruits and Vegetables Preservation and Nutrition**, Food and Nutrition Board, Government of India
* Participation in State Level Seminar on **FOOD, HEALTH & DISEASES**
* Certificate in **Food Safety in, Level 2, certified by CIEH Training Center, Muscat, Oman**
* Certificate in **Food Safety in Catering,** Food Safety Academy and National Hospitality Institute, Ministry of Oman
* Certificates of Participation in Entrepreneurship Development Program on SOY, American Soybean Association
* Training attended on **Infection Control. Ministry of Oman**
* Participation in XL Annual National Conference of Indian Dietetic Association, 2007

**Personal and Contact details**:

Date of birth : 07/04/1985

Age : 34 years

Marital status : Married

Address : Parassiniyil House, Mamala P.O, Thiruvankulam, Ernakulam,

**Reference**

* Dr. Sambu Namboothiri

Suprintendent Medical Officer

MCCM Taluk Headquarter Hospital

Ranny. Kerala

Mob: 91 9809754850

* Amal Al-Taei

Senior Clinical Dietitian,

Armed Force Hospital

Muscat, Oman

Mob : 0968 99326963

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* Mr.Binu John

Location Manager,

Tawoos Industrial Service Company LLC, Oman

Mob: 0968 99019467

Declaration

I hereby declare that all the information mentioned above is true to the best of my knowledge.

SARITHA SOMAN