

CURRICULAM VITAE



JOJO THOMAS

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CAREER OBJECTIVE

Seeking a challenging career in the field of social work to desire optimally utilize my practical knowledge, professional learning and personal skills in synchronization with organization's goals and culture to achieve the desired outcome.

PERSONAL INFORMATIONS

Name	: Jojo Thomas
Age	: 24
Sex	: Male
DOB	: 18 th January 1995
Father's Name	: P R Thomas
Address	: Palathingal House P O Nadathara, Thrissur, Kerala 680751
Nationality	: Indian

ACADEMIC QUALIFICATION

SL.NO	COURSE	COLLEGE	YEAR
1	Masters of Social Work (Medical & Psychiatry)	Christ College (Autonomous), Irinjalakuda	2017-2019
2	Bachelor of Degree (B.Com with Computer Application)	Don Bosco College, Mannuthy Thrissur	2013-2016
3	Higher Secondary (Commerce)	GHSS Anchery	2011-2013
4	High School (SSLC)	Don Bosco School, Mannuthy, Thrissur	2010-2011

SKILLS

- RAPPORT BUILDING
- LEADERSHIP
- TIME MANAGEMENT
- MICROSOFT OFFICE
- PROBLEM SOLVING
- EMPATHY
- ADAPTABILITY
- TEAM WORK
- ACTIVE LISTENING
- EVENT PLANNING
- MARKETING

AREAS OF INTEREST

- Medical and Psychiatry
- Project Management
- Counseling
- Psychotherapy
- Human Resource Development

LANGUAGE KNOWN

1. Malayalam
2. English
3. Hindi
4. Tamil

HOBBIES

- Watching Movies
- Review Writing

FIELD EXPERIENCE

SL.NO	SEMESTER	INSTITUTION	POSITION	TASKS
1	1	Aloor Grama Panchayath (Sep 2017-Jan 2018)	Social work Trainee	<ul style="list-style-type: none"> • Survey • Community Mobilization • Fund Raising • Organizing Community Program
2	2	ESAF Society (March 2018-April 2018)	Social work Trainee	<ul style="list-style-type: none"> • Social Case Work • Social Group Work • Community Organization • Street play and Flash Mob • Awareness class
3	3	Mental Health Centre, Thrissur (Aug 2018)	Psychiatric Social work Trainee	<ul style="list-style-type: none"> • Case History • Mental Status Examination • Psychotherapies • Art Therapies, Dance Therapy
4	4	Paalana institute of medical sciences (Feb 2019)	Medical Social work Trainee	<ul style="list-style-type: none"> • Case History • Psycho social Education • Family Assessment • Medical Camps • Counseling

5	Block Placement	Alzheimer's and Related Disorders Society of India Ernakulam. (May 2019)	Psychiatric Social work Trainee	<ul style="list-style-type: none"> • Systematic Dementia Care • MMSE
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ACHIEVEMENTS

- Second positions in Street play competition at **Samanya 2018, BCM College, Kottayam.**
- Co-Ordinator of Rural Camp **“THUDI 2K17”**

PROJECT

1. **“A STUDY ON THE INFLUENCE OF MOVIES ON ALCOHOL CONSUMPTION AMONG YOUTH”**

WORKSHOP/ SEMINARS/CONFERENCES

- Attended in a **‘International Workshop on Health Social Work: Theories, Interventions and Models’** held at Rajagiri College of Social Sciences (Autonomous) on 9th February 2018.
- Participated in a **‘ One Day National Seminar on Interpersonal relationship and victimization’** Organized by Department of Psychology, ‘Ansar Women’s college, Thrissur, on 21stFebruary 2019’.
- Participated in **‘15th SAMANWAYA – National Conference and Social Work Students Meet’**held on 19th and 20th February 2018 at BCM College, Kottaym,Kerala
- Attended aTwo day Workshop, **‘PROGETTO – 2K17’** Organized by the Department of Social Work, Christ College (Autonomous) Irinjalakuda, on 16th and 17th August 2017.
- Attended one day workshop, **‘SPSS IN SOCIAL WORK RESEARCH’**, Organized by Department of Social work, Christ College (Autonomous) Irinjalakuda, on 12th March 2019.

REFERENCES

1. Ajeesh K George
Faculty, Dept of Social Work
Christ college (Autonomous), Irinjalakuda
Mob:- 9633685067
Email :- ajeeshkg9@gmail.com

2. Mrs. Rosemary. T. George
Head of the Department
Dept. of Social work
Christ college (Autonomous), Irinjalakuda
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DECLARATION

I hereby declare that the above information and facts are true and correct to the best of my knowledge and belief.

PLACE: THRISSUR

DATE: 10/08/2019

YOURS TRUELY,

JOJO THOMAS


