

CURRICULUM VITAE

SHEETHAL JOSE

Mookkanolickal (H)
Kadambur Post, Pookkottukavu
Palakkad, Kerala-679515

Mob: +91 9207787189

Email: - jose.sheethmaria@gmail.com



OBJECTIVE

To be a part of result oriented professional team that provides a challenging innovative work environment and opportunities, Where my knowledge and professional skill would be used with loyalty and responsibility towards the betterment and growth of organization.

PERSONAL DETAILS

Post Applied For : Staff nurse

Father's Name : Jose A.V

Date of Birth : 24/09/1988

Sex : Female

Marital Status : Married

Religion & Caste : Christian; Roman catholic Syrian

Nationality : Indian

Languages Known : English, Malayalam, Hindi, Arabic (speak only)
(To read write and speak)

Spouse Name : Ajai baby

Blood Group : o + ve

ACADEMIC QUALIFICATION

YEAR OF PASSING	COURSE	BOARD	PERCENTAGE
MARCH 2004	SSLC	Board of Public Examination, Kerala	81%
MARCH 2006	HSC	Board of Higher Secondary, Kerala	72.66%

PROFESSIONAL QUALIFICATION

Name of the Institution	Board/University	Course	Period	percentage
Jabalpur institute of nursing science and research	Mahakoshal Nurses Registration Council	BSc nursing Degree	2006-2010	78.17%

PROFESSIONAL REGISTRATION

NURSING COUNCIL	REGISTRATION NUMBER
<p style="text-align: center;"><u>Mahakoshal nurses registration council</u> VALID FROM:1/10/2011-30/9/2016 (RENEWED AND TRANSFER TO KERALA)</p>	1-17489,11-16837
<p style="text-align: center;"><u>Kerala Nurses and Midwives Council</u> VALID FROM: 26/10/2016 - 26/10/2021</p>	KL04201603609
<p style="text-align: center;"><u>Saudi Commission for Health specialties</u> VALID FROM: 14/4/2014 - 14/4/2017</p>	14-N-N-0014201
<p style="text-align: center;"><u>Qatar Council for Healthcare practitioners</u></p>	DATAFLOW VERIFICATION DONE Ref. No. (M004-VR-17-042291) QATAR PROMETRIC PASSED

WORK EXPERIENCE

SL NO	NAME OF INSTITUTION	BED CAPACITY	JOB PROFILE & ID NO	DEPARTMENT	FROM	TO	YRS
1	MEITRA HOSPITAL, CALICUT	650	NURSE INCHARGE (33000231)	MEDICAL SURGICAL WARD	6-11-2017	6-05-2019	1.6
2	Ministry of health; Kingdom of Saudi Arabia		Staff nurse (Job no:21628/80 Computer no: 7526087	PRIMARY HEALTH CARE	3/12/2013 (30.01.14 35)	30/10/2016 29.01.1438)	2.10
3	Fortis Memorial Research Institute, Gurgaon	600	Staff Nurse Emp Id:0083	MEDICAL SURGICAL WARD (NEURO ,ORTHO,GYNAE SPECIALITY)	16/1/2012	1/10/2013	1.8

JOB DESCRIPTION AND RESPONSIBILITIES

- To practice my profession sincerely and faithfully for the holistic care of our patients
- Admission and receiving the patient.
- Quick assessment including checking vital parameters, identification of nursing problems, devising care, setting appropriated baseline observation and implementing nursing care.
- Evaluation of nursing care and making changes required.
- Constant and vigilant observation recording and reporting problems that need immediate attention.
- Collection of specimens and assisting patient while undergoing necessary investigations.
- Management of emergency conditions and pulmonary resuscitation.
- Effective communication with team members with understanding of patients.
- Proper management and knowledge in electronic medical record system.
- Health education for patients and caretakers.
- Participating in disease prevention and health promotion activities.
- Active role as a team leader , nurse incharge and supervisor.
- participating in NABH and JCI audits as well as promoting evidence based practice in care.
- working as a diabetic educator, conducting seminars and CNE (clinical nursing education) session for staffs ,clients.

ACHIEVEMENTS

- Active member in NDEP (National Diabetic Educator Programme)

SOCIAL AFFILIATIONS

- Participated in **mission mandala** organized by rotary club of Madhya pradesh.
- Participated in free **eye checking programme** organized by KCYM of palakkad as an active volunteer.

SEMINARS AND CONFERENCES ATTENDED

- International seminar on “**alternative systems of medicines**” held in JINSAR Jabalpur.
- Conference on “**first in pediatric hemodialysis**” held in medanta gurgaon.
- Seminar on **HESEN training programme for nurses in Najran.K.S.A**

PROJECTS UNDERTAKEN

- **INTERNSHIP PROGRAMME** (Bsc IVth yr):
Project on “**job description of various community health nursing personnel**”.
- **AT GRADUATION LEVEL** (Bsc Nursing IV th yr):
- Research project on “**A study to assess the effectiveness of planned teaching programme on causes and prevention on swine flu among GNM students in NSCB School of nursing jabalpur.**”

HOBBIES

- Drawing /painting.
- Craft Making
- Cooking.
- Gardening.

DECLARATION

I firmly consider myself familiar with the aspects of medical science and nursing.

I am also confident of my ability to work in a hospital.

I hereby declare that all the above information is true to the best of my knowledge and belief.

Date: 29.06.2019

Place: calicut

SHEETHAL JOSE

REFERENCE

- 1 Mudhir mana saleh al asnan
 Director of PHCC khobash
 Najran region
 Ministry of health
 Kingdom of Saudi Arabia[ph no +966 507767665]

- 2 Cap. AJITHA P.S
 ● Former chief of nursing
 FORTIS MEMORIAL RESEARCH INSTITUTE
 GURGAON

 ● former chief of nursing
 MEITRA HOSPITAL
 CALICUT

3. MS SHAJI P
 DCNO
 MEITRA HOSPITAL
 calicut