



# **CURRICULUM VITAE**

## **PERSONAL DETAILS**

Name : **SUNITHA JOHN**

Fathers Name : K.C Yohannan

Spouse Name : Ajesh Vijayan

Date of Birth : 4/12/1990

Gender : Female

Nationality : Indian

Marital Status : Married

Religion/Section : Christian (Orthodox)

Permanent Address : Karappanasserimalayil house  
Thirumoolapuram p.o  
Thiruvalla, 689115  
Pathanamthitta (Dist)  
Kerala, India.

**Contact Telephone No.** : **9961789008**

E-mail Address : [johnsunitha90@gmail.com](mailto:johnsunitha90@gmail.com)

## **CAREER OBJECTIVE**

To learn a function effectively is an esteemed institution, be able to deliver to the bottom line, constantly upgrade my knowledge and skills and make difference in whatever I do.

## **PROFESSIONAL EXPERIENCE**

<b>INSTITUTION</b>	<b>DESIGNATION</b>	<b>DEPARTMENT</b>	<b>Bed Capacity</b>	<b>DURATION</b>
Sunrise Multi Speciality Hospital Changaramkulam Malapuram Kerala.	Staff Nurse	Medical Surgical Ward	100	24/03/2018 to 07/07/2019
Nanavati Super Speciality Hospital Mumbai Maharashtra.	Staff Nurse	Medical Surgical Ward	352	16/08/2016 to 30/11/2017
Parsee General hospital Mumbai Maharashtra.	Staff Nurse	Medical Surgical Ward	220	01/06/ 2013 to 19/12/2015

## **LICENCE OR REGISTRATION DETAILS**

Complete Address of Licensing Body : Kerala nurses and midwife council  
Red Cross Road, Trivandrum. 695035.

Professional Status : Registered Nurse /Midwife

License/Regitsration Number : 86726

Registration Date : 5/1/ 2013

## **EDUCATION /QUALIFICATION**

Qualification : General Nursing and Midwifery

University : Osmania University Andhra Pradesh,  
Hyderabad

Year of completion : 2012

Aggregate Percentage : 73.5%

Date of Course Completed : 27/5/2012

Name & Address of Institute : Bollineni school of Nursing  
Nellore, Andhra Pradesh,

## EDUCATIONAL PROFILE

<b>Course</b>	<b>Institution</b>	<b>University</b>	<b>Mark</b>
General Nursing Internship 2012	Bollineni school of Nursing Nellore, Andhra Pradesh	Osmania University Andhra Pradesh, Hyderabad	73%
General Nursing III year 2011	Bollineni school of Nursing Nellore, Andhra Pradesh	Osmania University Andhra Pradesh, Hyderabad	77%
General Nursing II year 2010	Bollineni school of Nursing Nellore, Andhra Pradesh	Osmania University Andhra Pradesh, , Hyderabad	75%
General Nursing I year 2009	Bollineni school of Nursing Nellore, Andhra Pradesh	Osmania University Andhra Pradesh, , Hyderabad	69%
Higher secondary 2008	Balikamatom, Thirumoolapuram	Board of public examination ,Govt.Kerala	65%
S.S.L.C 2006	Balikamatom, Thirumoolapuram	Board of public examination ,Govt.Kerala	77%

## HOSPITAL PROFILE & WORK PROFILE.

### **Sunrise Hospital:**

Located in State of Malapuram Kerala, is a 100 bedded Multi-Speciality Hospital known as Asia's apex centre for laparoscopic surgeries. We have various departments such as General Medicine, General Surgery, Orthopedics, Gynecology, Paediatrics, ENT, and Emergency Departments.

Reporting to the Hospital : Ward In charge  
Department : Medical & Surgical Ward  
Bed size of unit : 22  
Nurse /patient Ratio : 1:8

## **Nanavati Hospital:**

Located in Mumbai state in India is a 352 bedded super specialty hospital offering 55 specialities.

Reporting to the Hospital	:	Ward In charge
Department	:	Medical & Surgical Ward
Bed size of unit	:	45
Nurse /patient Ratio	:	1:6

## **Parsee Hospital:**

Located in Mumbai state in India is a 220 bedded Multi speciality private offering specialities like oncology, cardiology, dialysis ,ENT ,Orthopedics ,Ophthalmology ,Endocrinology ,Psychiatry ,Dental ,Dermatology ,Obstetrics &Gynecology ,Pediatrics ,Gastroenterology etc.

Reporting to the Hospital	:	Ward In charge
Department	:	Medical & Surgical Ward
Bed size of unit	:	22
Nurse /patient Ratio	:	1:3

## **ROLES AND RESPONSIBILITIES:**

- Assessment, Planning, Implementation &Evaluation of Nursing care requirement of allocated patients.
- Share professional knowledge and skills with all colleagues.
- Organization and management of nursing care.
- Maintaining the highest possible standard patient care with all aseptic technique.
- Checking vital signs frequently.
- Administration of medication.
- Administration of injection.
- I.V cannulation with all aseptic technique.

- Administration of I.V fluids and electrolytes.
- Collection of blood samples.
- Blood & Blood products transfusion.
- Nasogastric tube insertion.
- Feeding the seriously ill patients.
- Catheterization and care of patient with indwelling catheter.
- Maintaining intake output chart
- Administration of enema.
- Bowel wash.
- Bladder wash.
- Carrying out minor and major dressing.
- Care of patients with burns including dressing & fluid replacement therapy.
- Preparation of patient for surgery.
- Post -operation of patient for surgery.
- Post –operation care of surgery patients.
- Care of patients with tracheotomy and colostomy.
- Removal of sutures.
- Maintaining Glasgow coma scale.
- Suctioning both oropharyngeal and endotracheal.
- Performing chest physiotherapy.
- Continuous cardiac monitoring and pulse oxy meter monitoring.
- Assisting cardio pulmonary resuscitation.
- Assisting in endotracheal intubation.
- Assisting in defibrillation.
- Assisting physician in performing all diagnostics & therapeutic procedures.
- Administration chemo medication.

- Maintain core value of profession.
- Creating an environment that promote healing or an optimal health level.
- Efficient recording of all necessary documentation.
- Timely identification and communication of any issues to ward manager.

### **ADMINISTRATIVE RESPONSIBILITIES**

- Regarding patients care.
- Admission of patient.
- Making nursing diagnosis.
- Planning of patients care.
- Implementation of plan of care.
- Discharge procedures.
- Orientation of personnel to the ward and care of the patient.
- Reports and records and checking of patients file.
- Cleanliness of the ward.
- Assignment of duties for the students in consultation with the ward in charge.
- Observing safety measures for the patient.
- Attending the nursing needs of the patient such as physical, emotional, and spiritual.
- Supervising the patients unit, diet serving and visiting hours
- Attending the doctor's rounds.
- Marinating the therapeutic relationship with patient and healthy rapport with their relatives.
- Cooperating with emergencies in the ward as caring for critically ill patients.
- Reporting to the nursing supervisors, superintendents on nursing rounds about the patients and ward.

## **SPECIAL EQUIPMENT USED**

- Laryngoscope.
- Defibrillator, cardiac monitors.
- Ventilators.
- Infusion pump, syringe pump and pulse oxy meter.
- Electronic weighing machine.
- Gluco-meter and Nebulizer.
- Reservoir bag and venture mask.
- ECG machine.
- Suction machine.
- Blood warmer.
- Nelson's Inhaler.
- Ambu bag.
- Bp apparatus.

## **INDEPENDENTLY CARRY OUT ROUTINE PROCEDURE LIKE;-**

- Placement of intravenous line.
- Urinary catheterization (male, female).
- Nasogastric tube insertion and feeding.
- Bowel and bladder wash.
- Administration of medication.
- Tracheotomy care, Nebulisation.
- Blood transfusion.
- Monitoring central venous pressure.
- Drain emptying.
- Wound dressing.

- Oxygenation therapy.
- Cardiopulmonary resuscitation.
- Suture removal.
- Chest physiotherapy.
- ECG.

### **Training And Seminar Attended**

- HIV /AIDS and ART training for nurses: conducted on 21/03/2011 to 26/03/2011 by global fund to fight AIDS, Tuberculosis, and Malaria.

### **SIGNIFICANT PROJECTS**

- Joined the ‘National Pulse Polio immunization programme 2011’.
- Have been a part ‘National Family welfare survey 2010’.

### **COMPUTER KNOWLEDGE**

- Proficient basic knowledge with complete operator such as windows ,Microsoft office ,internet explorer ,email etc.

### **RESEARCH ACITIVITY**

#### **MANAGERIAL SKILLS**

- Orientation for patients and relatives about the hospital and its functioning.
- Maintenance of environment hygiene.
- Asepsis and infection control.
- Maintenance wards inventory and indents.

### **SUBJECT INTEREST**

Listening to music

## **PERSONAL STATEMENT**

I believe that the role of a nurse can be very challenging and hectic times as well as rewarding and fulfilling. A person who is willing to become a nurse is to have a very good interpersonal relationship ,be a good listener ,eager to learn and strive to improve themselves .I am happy to see all these qualities in me.

## **REFERENCE :**

### **Sunrise Hospital**

Ancy PA

Ward In Charge

Mob: 7510817851

### **Nanavati Hospital**

Sister Saily More

Ward In charge,

Mob: 9930518719

### **Parsee Hospital**

Sister Priya Parab,

Ward In charge,

Mob: 9892203478

## **DECLARATION**

I hereby declare that all above information are true and correct to the best of my knowledge.

Place: Koothattukulam

Date:

Sunitha John