**CURRICULAM VITAE**

**SUMISHA MANOHAR**

Sumesh Bhavan Omalloor P.O.

Pathanamthitta Kerala – India

Pin – 689 647

Mob:- 9526353713

Email :sumishalekshmi91@gmail.com

# OBJECTIVE AND AIM

My objective is to seek a career in Nursing Profession where individual skills and Interpersonal relationship contributes and serves towards the betterment of the community as a whole. My qualities include having a dedicated, patient and honest approach to the task entrusted on me and a fervent desire to fulfil the same to fullest of my abilities and to the entire satisfaction of each and everybody concerned.

 **PERSONAL DETAILS**

|  |  |  |
| --- | --- | --- |
| Name  | :  | Sumisha Manohar  |
| Father Name  | :  | Manoharan. R  |
| Date of Birth  | :  | 23/03/1991  |
| Gender  | :  | Female  |
| Place of Birth  | :  | Konni  |
| Marital Status  | :  | Un-married  |
| Religion  | :  | Hindu  |
| Mother Tongue  | :  | Malayalam  |
| Languages Known  | :  | English, Malayalam & Hindi  |
| Nationality  | :  | Indian  |
|   |   |  |
|  **Job** | **:**  |  **Staff Nurse**  |

**Passport Details**

|  |  |  |
| --- | --- | --- |
| Passport No.  | :  | S4159745  |
| Date of Issue  | :  | 13-08-2018  |
| Date of Expiry  | :  | 12-08-2028  |
| Place of Issue  | :  | Trivandrum  |

**ACADEMIC QUALIFICATIONS**

|  |  |  |  |
| --- | --- | --- | --- |
| **Achievements**  | **Year of Passing**  | **University/Board**  | **Remarks**  |
| S.S.L.C  | 2007  | Board of Kerala, India  | 1st Class  |
| Plus Two  | 2009  | Board of Kerala, India  | 1stclass  |

**PROFESSIONAL QUALIFICATIONS**

|  |  |  |  |
| --- | --- | --- | --- |
| **Achievements**  | **Year of Passing**  | **University/Board**  | **Remarks**  |
| B.Sc Nursing  | September 2016  | Rajiv Gandhi University, Karnataka, India, K.N.N College of Nursing Yelahanka, Bangalore  | Course Completed  |

***Experience during the course Time***

Practical Sessions were at Govt. Hospital Bangalore

***EXPERIENCE DETAILS***

|  |  |  |
| --- | --- | --- |
| ***PERIOD*** | ***INSTITUTION*** | ***DEPARTMENT*** |
| ***20-02-2017 TO******26-03-2019*** | **Mount Zion Medical College Chayalode ,Adoor (Pathanamthitta dist) Kerala** | **Medical and Surgical ward** |

**NURSING DUTIES**

As a Staff Nurse in ward management to assist doctors during ward rounds.

Assessing Psychological and Psychological needs of the patient and providing proper nursing care.

Experience in using essential clinical tools such as Blood pressure apparatus, Pulse oximeter, Thermometer, Glucometer etc.

Carrying our necessary nursing procedures such as wound Cleaning and dressing, administration of O2, IV fluids blood transfusion, injections and medications, Bandaging, applying a splint, Nebulization, suction ,bowel wash, enema catheterization etc.

Assisted in Endo tracheal intubations and resuscitation procedures. Care of patients with tracheotomy, poisoning, ventilator etc.

Assisting for lumbar puncture, skin biopsy, paracentesis and thoracocentesis.

Administrating chemotherapy to Leukemia patients. Checking and recording of vital signs.

Monitoring patients with E.C.G Monitor, Cardiac monitors, Ventilators

Preparation of patients undergoing diagnostic tests like X-ray, USG, CT, blood, investigations etc.

Keeping the ward neat and tidy to avoid infection.

Preparation of patients report, record keeping and hand over duties.

Participation in ward teaching.

Meeting hygienic, nutritional and elimination needs of patients.

Explain the discharge advices about medications, rest, diet, exercise, avoidance or unhealthy habits such as smoking, alcoholism and follow up care.

# PERSONALITY

 I am a conscientious, hardworking and reliable person.

 I am also good at communication and enjoy meeting different people.

 I am very flexible and can adapt to any working environment.

# HOBBIES

 Reading to keep knowledge updated

 Writing poems.

 Gardening

 Listening to music

REFERENCE

1, The Principal

KNN College of Nursing Yelahanka, Bangalore

**DECLARATION**

I hereby declare that all the statements are true and correct to the best of my knowledge and belief.

Place: Pathanamthitta

## Date : SUMISHA MANOHAR