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| **IMG_20190609_122629.jpgELSABA MATHEW**D/0 **MATHAI K.M** KADAPPILLIL (H) MANNATHOOR P.O  ERNAKULAM DISTRICT**DATE OF BIRTH**: 03/10/1996**MOBILE:** 9886508024,8547175617**NATIONALITY:** INDIAN**E.MAIL:heavenlyangels996@gmail.com** |

**CURRICULUM VITAE**

**Career Objective**

To seek a challenging career to utilize my skills in serving the organization to my best known knowledge and hoping to play an inventive and active role in the organization growth.

 **Personal Strength**

* Can work well as part of a team and independently
* Having effective interpersonal and communication skills
* I am being well organized and efficient in my duties
* Having the desire to achieve both personal and corporate goals

**EXTRA AND CO-CURRICULAR ACTIVITES**

* Participated in dance and music competition at school and college

 **EDUCATIONAL Qualifications**

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| Course | School / College | Board/ University  |  Month and year of passing  | Percentage |
|  SSLC | **Infant jesus EMHS koothattukulam** | Kerala | March 2012 |  95% |
|  PUC | **ST.Augustine girls higher secondary school moovattupuzha** | Kerala | March 2014 |  80% |

**PROFFESSIONAL QUALIFICATION**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Course | Duration | College | University | Year | Percentage |
| **Bachelor of physiotherapy** | **4yrs of full time curriculum****6 month of internship****(2014-2019**) | **Srinivas college of physiotherapy and research centre, mangalore** | **Rajive Gandhi university of health science,****bangalore** | **1st YR** | **73.12%** |
| **2nd YR** | **67.85%** |
| **3rd YR** | **72.41%** |
|  **4th YR** | **70%** |

**Handled patients of:**

* Orthopedic conditions.
* Neurological conditions.
* Cardio respiratory conditions.
* ICU &Emergency conditions.
* OBG
* Community units.
* Geriatrics conditions.

**Conference/workshop attended:**

* Participated in mangalore physio con 2017 held at yenapoya University,mangalore.
* Participate as deligate in the CME on ROAD TRAFFIC ACCIDENTS-PREVENT,PREPARE,PROTECT on 2017 in A.J.Institute of medical science & research centre .
* Attended workshop on Basics of ICU Care and Cardio pulmonary Rehabilitation,held at Kanachur Hospital and research centre,mangalore on 15th and 16 th of march 2019.
* Attended workshop in manual therapy (CMT) an integrated Approach for the vertebral column ,neural tissue,and Extremities from April 2nd to may5th,2019 at MTFI international Training Centre, Mangalore , India.

**Additional Qualifications**

* Certified manual therapist.

**Project work:**

* Done project on ‘‘Functional movement screening in physical therapy practice’’.

**PROFESSIONAL EXPERIENCE:**

Completed 6 months internship at Srinivas College of physiotherapy and Research centre Pandeshwar, Mangalore.

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| **DAYS** | **PLACE** |
| 30 | Chethana Child Developmental Centre |
| 30 | St.Agnes Special School & Casagia Old age Convent |
| 30 | Srinivas Hospital,mukka |
| 30 | Musculoskeletal Department,SrinivasCollege,Mangalore |
| 30 | Neuro rehabilitation Centre,SrinivasCollege,Magalore |
| 30 | Old age Home( prasanth Nivas) |

**CAMPS ATTENDED:**

* Camp attended in puttur organized by chetana child development centre Mangalore.
* Camp attended in BC Road organized by Chetana Child Developmental Centre, Mangalore
* Camp attended in gurupura organized by Chetana Child Developmental Centre, Mangalore.

**Personal traits**

* Ability to work in a team and achieve tasks and targets
* Good adaptability
* Punctuality & time management & dedicated

Declaration

 I, hereby declare all the above furnished details are true to my knowledge



**DATE: 19 /06/2019**

 **ELSABA MATHEW**

**PLACE:** ERNAKULAM