

Curriculum Vitae
Of
Dr. Chinthu Sara Jacob
MBBS MD General Medicine

Name: Dr. Chinthu Sara Jacob

Date of Birth: 07th September 1990

Qualifications: MBBS MD General Medicine

Nationality: Indian

Address: Thazhathuvadakkeplappallil house,

Channanikadu P.O, Kottayam,

Kerala-686533

Contact number: 9620514958

E-MAIL: chinthusara@gmail.com

Languages known: Malayalam, Kannada, English

Marital status: Married

Undergraduate and Postgraduate experience:

My undergraduate days from 2008 to 2014 in A.J Institute Mangalore, exposed me to all surgical and medical departments. I started postgraduate training in General Medicine at K.S. Hegde hospital from 2015. During this training period, I was actively involved in management of inpatients and outpatients and camps. I developed the requisite skill set for various procedures such as pleural tapping, ascitic tapping, bone marrow biopsy, lumbar puncture, dialysis catheter insertion, UGI scopy. I also had responsibility to teach third year and

final year medical students and residents. I have also published various papers in reputed journals and presented posters in conferences of regional repute. I have special interest in diabetology.

Publications:

- Gamut of Congenital Heart Disease in a tertiary centre in South India: an ode to echocardiography- international journal of contemporary paediatrics, June 2017
- ‘Fatal Type B Lactic Acidosis in Association with HIV Associated Lymphoma- A Case Report with Review of Literature’- Journal of Renal Medicine, July 2017
- ‘Clinico epidemiological profile of H1N1 cases: an experience in tertiary care centre’-Indian Journal of Basic and Applied Medical Research, March 2018
- ‘Dunbar syndrome: a rare presentation of abdominal angina treated by revascularization of celiac artery by endovascular stenting’- International Journal of Research in Medical Sciences, June 2018
- ‘Unheralded Tetanus in the age of universal immunization: a case report’- Indian Journal of Basic and Applied Medical Research, March 2019

Presentations:

Presented poster

Pharmacotherapy in Childhood Obesity – The National Nutritional Conference, Nutricon 2018, Mangalore

Presented paper

‘Clinico epidemiological profile of H1N1 cases: an experience in tertiary care centre’-Karnataka State Indian Chest Society Conference, 7th January 2018, Mangalore

Thesis (on course for publication):

Correlation of Insulin Resistance with Severity of Obstructive Sleep Apnoea- Study conducted at K. S. Hegde Medical Academy, Mangalore

Conferences Attended:

- CME on Insulin Update 2016-K.S Hedge Medical Academy on 2nd March 2016
- Kshema Medicine Update- K. S. Hegde medical academy on 2nd December 2017
- Medical Education and Research Trust Conference-30th September to 6th October 2018, Bangalore

- Karnataka State Indian Chest Society Conference -7th January 2018, AJIMS Mangalore
- The National Nutritional Conference- Nutricon 2018, K.S Hegde Medical Academy

Academic Qualifications:

MBBS (Bachelor of Medicine and Bachelor of Surgery)

A.J. Institute of Medical Sciences, Mangalore 2008-2014

MD (Doctor of Medicine) General Medicine

K.S. Hegde Medical Academy, Mangalore 2015-2019

Certifications:

- Basic Life Support by American Heart Association
- Advanced Cardiovascular Life Support by American Heart Association

Hobbies:

- Painting
- Listening to music
- Travelling

