
Dr. ROTHMAN P.T

Mob: 8085786159 | Email ID: rothmanvr@gmail.com

I am a young, ambitious and enthusiastic doctor, highly passionate about the subject, looking forward for an opportunity to work with esteemed organisation, which would greatly help me in improving my academics, skill and efficiency and provide an opportunity for serving the organisation better.

CLINICAL EXPERIENCE

- Evaluation and management of all Respiratory medical emergencies and critical patient including taking Proper history, doing physical examination and getting relevant investigation and independently interpreting (including Spirometry, ABG, Xray & HRCT) them to formulate appropriate plan of management. Monitoring patient's daily progress and their care.
- Managing respiratory patients in OPD and IPD .
- Coordinating interdisciplinary care with other health care providers. Maintaining and updating patient care records.
- Counselling patient and relative regarding nature of disease and possible course of treatment and its prognosis.
- Teaching undergraduate and postgraduate students about techniques of history and physical examination, formulating assessment and plan, follow ups and planning discharges on various clinical cases. Case discussion and topics discussion. Supervising various bedside procedure.
- Guiding post graduate residents with scholarly and research activities

- Preparing duty roaster for post graduates residents.
- Theoretical lectures for undergraduate's medical students and post graduate residents.
- Participating and coordinating grand rounds, clinical conferences, multi-disciplinary

Well versed and Confident in

- Evaluating Patients, forming a management plan
- Attending ICU calls and planning a management care for post op patients.
- Procedures Like ICD & Pigtail Insertion, Pleurodesis, Fibrinolysis
- Flexible Bronchoscopy
- Medical Thoracoscopy
- NIV & Mechanical Ventilator
- Performing relevant procedures such as Chest tube drainage, Pleurodesis, Pleural fibrinolysis, Intrapleural Pigtail insertion, Diagnostic and Therapeutic Bronchoscopy including bronchoalveolar lavage, trans-bronchial needle aspiration, and Medical Thoracoscopy .
- Pulmonary Rehabilitation

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- Monitoring and interpreting sleep study and comprehensive management of OSA and OHS patients.
 - To work according to the NABH protocols.
 - Well versed with Computer(both Windows & Mac) and Latest Gadgets
 - Can easily handle Hindi, English and Malayalam
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ACADEMIC QUALIFICATION

MD PULMONARY MEDICINE

Index Medical College Hospital & Research Centre
Indore, MP |2018

MBBS

Vinayaka Missions Medical College & Hospital
Karaikal, PY |2012

Degree	University	College	Remark
MD	Malwanchal, Indore	IMCHRC, Indore	2015-2018
MBBS	Vinayaka Missions University, Salem	Vinayaka Missions Medical College, Karaikal	2007-2012
Internship (CRRI)	Vinayaka Missions Medical College, Karaikal		22/03/12 to 21/06/12
	General Hospital Ernakulam, Kerala (NABH Accredited Hospital)		22/06/12 to 12/05/13

WORK HISTORY

Index Medical College Hospital and Research Centre, Indore

Senior Resident | Department Of Pulmonary Medicine| 17/07/2018 to Present (till 17/07/2019)

Index Medical College Hospital and Research Centre, Indore

Junior Resident (Academic)| Department of Pulmonary Medicine| 2015-2018

Kerala Health Service (PHC)

Medical Officer Palakkad

National Rural Health Mission

Medical Officer |Kochi, KL

AP Varkey Mission Hospital

CMO|Ernakulam, KL|March 2014-April 2015

Ernakulam General Hospital

House Surgeon|June 2012-May 2013

OTHER TRAININGS

- Participated in the Foundation Course in Palliative Medicine Conducted by Department Of Palliative Care, General Hospital ernakulam on 3rd August 2012.
- Successfully completed BLS & ACLS as per American Heart Association Conducted by Indian Institute for emergency medical services on 13th March 2014 (Not Renewed) .
- Successfully Completed the ECG & Pharmacology Course By **American Heart Association** on 10th March 2014.
- Participated as Delegate in **NAPCON 2015** held from 4th to 7th November 2015 at Jaipur.
- Attended Refresher Course on Obstructive Airway Diseases conducted by **Chest Research Foundation** on 6th March 2016 held at Indore.

- Successfully completed training programme on Quality Management Systems And Implementation of **NABH** Standards conducted by **HELP** on 13th & 14th May.
- Participated as Delegate in **NAPCON 2016** held from 24th to 27th November 2016 at Mumbai.
- Presented Oral Paper on Sleep (DS-OSAS Overlap Syndrome) DOSA-OS in **NAPCON 2016** held at Mumbai.
- Presented Poster on Pulmonary Disease -Lung Abscess in **NAPCON 2016** held at Mumbai.
- Participated on the Hands on Training on NonInvasive Ventilation conducted in MGM Medical College Indore on 23rd April 2017
- Participated in **Interventional Pulmonology Workshop** held on 15th February 2018 Hosted by Indian Chest Society
- Participated in ABIP-2018 (1st Annual Scientific Meeting of **Amrita Bronchology & Interventional Pulmonology**) held on 27th & 28th of October 2018
- Participated as a delegate in NAPCON 2018 held at Ahmedabad on November 29 to 2nd December
- Attended the workshop on **AILERGY** at the **NAPCON 2018** held at Ahmedabad on November 29th
- Attended **SIMVENT 2018** conducted in SAIMS Hospital Indore on 7th and 8th December

THESIS

- Hyponatremia In Acute Exacerbation Of Chronic Obstructive Pulmonary Disease In A Tertiary Care Centre

PAPER PUBLICATIONS

- Growth Hormone, Testosterone and Vitamin-D Levels in Patients of Chronic Obstructive Pulmonary Disease. Ann. Int. Med. Den. Res. 2017; 3(4):PM06-PM10.

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- Combined role of Bronchoscopy and HRCT findings for the diagnosis of sputum negative PTB Int J Res Med. 2017; 6(3); 36-39
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PERSONAL INFORMATION

Father's Name : P.J Thankachan
Mother's Name : Sherly Thankachan
Date of Birth : 03/11/1989
Nationality : Indian
Marital Status : Married
Spouse's Name : Dr Vinitha Jose (MD Pathology)
Languages Known : English, Hindi, Malayalam, Tamil
Hobbies : Reading, Music, Movies, Road Trips, Photography

