

Dr. RESMI M R

MBBS, MD, DNB, MRCP (SCE) Dermatology, PDF Lasers and Dermatosurgery

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Overall four and a half experience in dermatology

1. Educational Qualification:

DEGREE	INSTITUTION	FIELD(S)	YEAR
Postdoctoral fellowship	JIPMER, Pondicherry	Fellowship in lasers and dermatosurgery	July 2018- June 2019
MD	JIPMER, Pondicherry	Dermatology, venereology and leprosy	January 2015- December 2017
DNB	National board of education, Delhi	Dermatology, venereology and leprosy	June 2018
MRCP (SCE)	The federation of royal college of physicians of UK& The British Association of Dermatologist	Dermatology	2018
MBBS	Government medical college Ernakulam	Medicine and Surgery	2007- 2012

2. Experience

Experience in assessing and treating a wide variety of skin conditions and diseases.

Experience in dermoscopy. Experience in undergraduate and post graduate teaching

Got special training in various dermatosurgery and aesthetic procedures. Experience in performing various procedures including:

- a. Electrosurgery including electroepilation
- b. Cryotherapy
- c. Acne scar procedures including subcision, punch excision, punch elevation, punch replacement, microdermabrasion, microneedling, TCA

- CROSS, laser resurfacing (performed 65 acne scar surgeries in last one year)
- d. Nail surgeries (ingrown toe nail surgeries, pincer nail surgeries, glomus tumour excision, onychopapilloma excision, nail biopsy, subungual and periungual wart management (68 nail procedures in last 1 year)
 - e. Vitiligo surgeries including suction blister grafting, punch grafting, melanocyte suspension, outer root sheath melanocyte suspension grafting, follicular unit grafting (32 vitiligo surgeries in last 1 year)
 - f. Platelet rich plasma in scar management and alopecia (98 PRP injections)
 - g. Excision of sebaceous cyst, lipoma (NHET & excision), melanocytic nevus, seborrheic keratosis, scrotal calcinosis (94 procedures in last 1 year)
 - h. Chemical peeling for various indications such as melasma, photo-melanosus, acne, acne scars, sun tan, facial rejuvenation
 - i. Experience in performing surgical scar revision, liposuction, ear lobe repair, ear and nose piercing, nerve biopsies, sclerotherapy for reticular and thread veins, local flap surgeries, minor salivary gland biopsies, intralesional injections, chemical cauterisations, skin grafting, pinch grafting.
 - j. Experience in performing various laser procedures including IPL, Q switched NdYAG, long pulsed NdYAG, CO2 laser, ErYAG laser, Excimer laser (more than 500 laser procedures in last 1 year).
 - k. Attended hands on workshop on fillers (basic and advanced) organized by ACSICON 2019
 - l. Special interest in vitiligo surgeries and acne scar management.

3. TEACHING/WORK EXPERIENCE

Duration	INSTITUTION
29.01.18 – 29.06.18 Senior resident	Department of dermatology, JIPMER
1.07.18 till date Senior Resident(Academic)	Department of dermatology, JIPMER

Fellowship in lasers and dermatosurgery	
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4. Paper presentations

- a. Presented a paper titled “**Factors predicting the treatment response in atrophic acne scars**” at national conference of association of cutaneous surgeons (ACSICON 2019)
- b. Presented a paper titled “**Midline cutaneous lesions in neonates and spinal dysraphism**” at national symposium on clinical dermatology 2017 – Back to roots 2
- c. Presented a paper titled “**Angioedema- a rare presentation of undifferentiated connective tissue disease**” at Cuticon Pondicherry 2016.
- d. E poster- Cuticon Pondicherry 2014-2015 - **Cerebriform Lichen Planus a rare presentation**

5. Research specialization (Major scientific fields of interest):

Clinical dermatology, Dermatosurgery and lasers, Dermoscopy

6. Research projects

1. Midline cutaneous lesions in neonates and spinal dysraphism under the guidance of Dr DM Thappa.
2. Standardizing platelet-rich plasma for optimal biological response in dermatology (ongoing project).

7. ACADEMIC ACHIEVEMENTS

1. Second prize in quiz in **National Conference of Dermatopathology Society of India 2017**
2. First prize in pediatric dermatology quiz organized by CMC Vellore
3. Second prize for best E poster titled “**Cerebriform Lichen Planus a rare presentation**” in Cuticon Pondicherry 2015.

4. First prize for best E poster titled “**Schimmelpenning syndrome with choroid osteoma –a rare association**” at paediatric dermatology CME, CMC Vellore.

8. Conferences attended

A. Delegate

1. National conference of association of cutaneous surgeons (ACSICON) 2019
2. National conference of dermatopathology society of India 2017.
3. National symposium on clinical dermatology 2017- back to roots, Bangalore.
4. Cuticon Pondicherry 2015, 2016, 2017, 2018
5. CME in pediatric dermatology, CMC Vellore, 2017
6. Participated in the "Dermoscopy Basics Workshop" held at JIPMER, Puducherry in July 2017
7. Participated in the CME titled "Wound Update - 2018" conducted by the Department of Plastic Surgery, JIPMER, Puducherry on 26.07.2018

B. Organising member:

Member of the Organising Committee in the Annual Conference of Dermatopathology Society of India, held in December 2017 at JIPMER, Puducherry

9. Membership

Indian association of Dermatologist, Venereologist and Leprologist.

10. PERSONAL DETAILS

- a. Date of Birth: 18.05.1989
- b. Address: Thuruthiyil veedu, Thazhathukulakada P.O, Kulakada, Kollam, Kerala, India - 691521
- c. Marital status: Married.
- d. Spouse details: Dr. Jayakrishnan S (MBBS, MS, DNB, MCh- cardiothoracic and vascular surgery)

11. REFERENCES

Sl.no	Name	Designation	Address
1.	Dr. Laxmisha Chandrasekhar	Head of the Department	Department of Dermatology, JIPMER, Pondicherry.

			Email: laxmishac@gmail.com Mobile no: 9894119058
2.	Dr. Rashmi Kumari	Additional professor	Department of Dermatology, JIPMER, Pondicherry. Email: rashmi.sreerag@gmail.com Mobile no: 9489692199
3.	Dr. Malathy	Associate professor	Department of Dermatology, JIPMER, Pondicherry. Email: mmalathi.dr@live.com Mobile no: 7373842888