

CURRICULUM VITAE

Ms.Aneesha Antony
D/O Mr.Antony P J
Palliparamban(H)
P.O. Ollur
St.Antony's Road
Near to police station
Thrissur District
PIN: 680306
Aneeshaantony1996@gmail.com

CARRER OBJECTIVE

Committed to provide world class health care by continually improving processes in creating an ideal work environment and providing safe of ethical medicines to the patients with loving care to attain the goal of patient satisfaction.

PERSONAL INFORMATION

Date of birth : 28/03/1996
Gender : Female
Marital status : Single
Religion : Christian R C
Address : Palliparamban(H)
St.Antony's road, Near to police station
P.O .Ollur, Thrissur.PIN-680306
Nationality : Indian
Mobile Number : 9152624553,9048009126
Email ID : aneeshaantony1996@gmail.com
Language Known : Malayalam,English,Hindi
Competencies : Communication skills,leadership skills,self motivated,quick learner and organizational skills

ACADEMIC QUALIFICATION

| Sl. No | Qualification | Name of the institution | Year of passing | Mark(%) |
|--------|---------------|---------------------------|-----------------|---------|
| 1. | SSLC | St. Mary's C.G.H.S Ollur. | 2011 | 100 |

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|----|----------------------------|----------------------------|------|-------|
| 2. | Higher secondary education | St.Raphel's C.G.H.S Ollur. | 2013 | 90.41 |
|----|----------------------------|----------------------------|------|-------|

PROFESSIONAL QUALIFICATION

| Sl.No | Course | Name of institute/university | Year of passing | Mark(%) |
|-------|----------------------------------|---|-----------------|---------|
| 1. | Bsc nursing 1 st year | Jubilee Mission college of nursing and research institute, Thrissur/Kerala university | 2014 | 60.60 |
| 2. | Bsc nursing 2 nd year | Jubilee Mission college of nursing and research institute, Thrissur/Kerala university | 2015 | 63.71 |
| 3. | Bsc nursing 3 rd year | Jubilee Mission college of nursing and research institute, Thrissur/Kerala university | 2016 | 69.88 |
| 4. | Bsc nursing 4 th year | Jubilee Mission college of nursing and research institute, Thrissur/Kerala university | 2017 | 67.28 |

EXTRA CURRICULUM ACTIVITIES

- Drug exhibitions
- Health education programmes on anemia.
- In service education
- School health programme.
- Nutritional programmes.

HOSPITAL PROFILE

An ISO certified NABH Accredited Multispecialty Hospital, Jaslok Hospital is a large 365 bedded Hospital and Research Center providing clients care in all major specialties including General surgery, Oncosurgery, Vascular surgery, Orthopedics, Cardiothoracic, ENT, Urology, Neurology, Ophthalmic, Gynecology, Gastrointestinal, Endocrine, Integumentary plastic surgery, Pediatric and Bone marrow, Renal and Liver transplant.

Also medical specialty like Oncology, Cardiac, Respiratory, Hematology, Radiotherapy, Diabetic, Neuro medical, Renal and Gastric.

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DUTIES AND RESPONSIBILITIES

- Responsible for the delivery of patient care utilizing the holistic framework. Collaborates with other professional disciplines to ensure effective and different patient care delivery and the achievement of desired patient outcomes.
- Admitting the patient according to the rules and regulations.
- An achieve member of BLS team in Jslok Hospital and Research Center.
- Resuscitation procedure.
- Pre and post-operative care.
- Performs initial assessment and re-assessment of patient at regular intervals in the course of care. Provide a comprehensive nursing care plan involving prioritization, determining appropriate nursing interventions, implementation and evaluation.
- Administers prescribed medications, reports any significant changes in patient's condition and document pertinent data.
- Performs intravenous therapy, collection of blood specimen and administering blood transfusion as prescribed by a physician.
- Ensures that all healthcare providers are informed of discharge and inform patient of any home medications, discharge teachings, follow-up and home care.
- Participates in on-going educational activities related to clinical knowledge and professional issues.
- Demonstrates adherence to infection control policies.
- Demonstrates ethical and appropriate behavior for a clinical environment to include, but not limited to dignity, patients' rights and privacy and the maintenance of confidentiality of patient information.

NURSING PROCEDURES

- IV Cannulation
- Insertion of Nasogastric tube and feeding.
- Urinary catheterization
- Gastric lavage , blood transfusion, blood glucose monitoring
- Vital signs monitoring, oxygen therapy, nebulization, steam inhalation, cold and hot application
- Chemotherapy administration
- Dressing and flushing of Hickman's Catheter.

MACHINE AND EQUIPMENT HANDLED

- B.P Apparatus, Thermometer, Stethoscope
- Nebulization Machine
- Hickman's Catheter and Port Catheter
- Peripherally Inserted Central Catheter
- Dressing and Suturing material
- Gluco Meter
- Suction Machine, Syringe Pump
- Laryngoscopes & blades

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- ECG Machine
- Cardiac Monitor
- Pulse Oximeter,
- Steam Inhaler
- Defibrillator
- Ambubag with Reservoir
- Ryle's Tube, Foley's Catheter
- Plaster Cast, Splints and Traction

PROCEDURE ASSISTED WITH PHYSICIANS:

- Lumbar puncture
- Intrathecal Injections
- Nasogastric tube insertion
- Intubation
- Ascitic/ pleural tapping
- Dressing and suturing under aseptic technique
- Assisted for port needle insertion

ADMINISTRATIVE RESPONSIBILITIES:

- Co-ordination of nursing activities
- Assisting and delegating duties and responsibilities
- Orientation of Nursing students and new staffs
- Supervision of junior staff nursing aids and domestic staffs
- Storing f dangerous drugs
- Maintaing stock linen equipment's , central stock supplies and drugs,
- Repair and replacements.
- Inventories and recording

WORKSHOP ATTENDED

Workshop on caring for mothers and newborns : A midwives at jubilee mission college of nursing thrissur

EXPERIENCE

| Name of the institution | Duration of experience | Designation |
|-------------------------------------|--|-------------|
| JASLOK HOSPITAL AND RESEARCH CENTRE | 28 th Feb 2018 1 year experience | Staff nurse |

REFERENCES

- Mr.LalitaDelim
MD in Jaslok Hospital and Research Center
Mumbai-400 026 Contact No:+912266573314

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- Mrs.SayliNaik
Nursing Supervisor
Jaslok Hospital and Research Center
Mumbai-400 026.Contact No: +912266573416
- Rasna Simon
Assist Professor
Jubilee Mission College of Nursing
Thrissur
Mob: 9605212252

DECLARATION

I hereby declare that the above stated facts are correct and complete to the best of my knowledge.

Date:

Place: Ollur

Ms.Aneesha Antony