

## CURRICULUM VITAE

# MERIN JAMES

**Valiyanilathu house**

**Karimkunnam P.O**

**Idukki dist**

**Kerala.India**

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E-MAIL: merinjames025@gmail.com

EXPERIENCE : Indian driving license holder - four wheeler.

(Experienced in MICU , NEURO ICU, GERIATRIC AND HOME CARE SERVICES.

REGISTERED NURSE

3 YEARS+ 10 MONTH EXPERIENCE

**Post Applied for:**

**BSc. Staff Nurse**

### **CAREER OBJECTIVE**

To obtain a challenging and rewarding position as a registered nurse and be an integral post of a serious oriented institution to utilize my skills and expertise in patient case.

### **MY STRENGTHS:**

I am a self-motivated and have a level of emotional intelligence. I am trained to practice and can get along well with different types of patients and colleagues and communicate well with them.

## **EDUCATIONAL QUALIFICATIONS**

<b>Year And Month</b>	<b>Name Of Institution</b>	<b>Board/University</b>	<b>Qualification</b>	<b>Marks</b>
March 2008	St.Augustin's Higher Secondary School Karimkunnam.Kerala	Kerala State Board Examinations	S.S.L.C.	A PLUS
March 2010	St.Augustin's Higher Secondary School, Karimkunnam, Kerala	Kerala State Board Examinations	Plus Two	B PLUS

## **PROFESSIONAL QUALIFICATION:**

<b>Year And Month</b>	<b>Name Of Institution</b>	<b>Board/University</b>	<b>Qualification</b>
17.10.2010 to 28.10.2014	Sahyadri College of Nursing,Manglore	Rajiv Gandhi University Of Health Sciences,Karnataka	4 yr Bsc Nursing Course

## **PROFESSIONAL EXPERIENCE**

<b>Period</b>	<b>Hospital</b>	<b>Position</b>	<b>DEPARTMENT</b>
18-06-2015 TO STILL WORKING	CARITAS HOSPITAL KOYTAYAM,KERALA,INDIA	STAFF NURSE	ICU

## **COMPUTER LITERACY**

- Basic knowledge in Computer

## **RANGE OF SERVICES**

I had worked in ICU during my carrier. Our Hospital is having Anesthesiology, Cardiology, General Medicine, General Surgery, Gynecology, Orthopedic, geriatric and home care, Pediatrics, NICU, ICU, OP, ENT, and Radiology Departments with dedicated team of Doctors, nursing and paramedical staff. Caritas is one of the best hospital in Kerala .

## **EXPERIENCE IN PERFORMANCE OF:**

- Patient's care regarding medical condition, treatment – Short term & Long term maintenance
- Preparation of patient's records & handover to sister – in-charge
- Liaison with physician & Medical staff
- Resuscitation procedures, infection control, Management of acute emergencies.
- Administration of drugs, management of IV fluids, Blood transfusion
- Oxygen administration, Suctioning, Steam inhalation, Nebulization. Collection of specimens, ABG, taking ECG.
- Ryle's tube insertion, Nasogastric feeding, Jejunostomy feeding, Catheterization, monitoring of intake of output.
- Wound dressing, Back care, mouth care, care of eyes & ear, Bathing, Position changing, suturing & removal Bladder wash & Enema etc. Performs direct nursing measures and care activities like vital signs monitoring.
- Maintains a safe ,clean and healthful environment for the older patient .
- Guides and assists the patient in their personal hygiene such as toileting ,grooming, dressing, and bathing.elders are unable to do it by themselves . Prepares meals prescribed and as instructed by the attending physician. Assistance on house calls or attends to visit the physician on schedule consults and coordinates with health care team members to assess plan, implement and evaluate patient care plans.
- Recognises and manages geriatric syndrome common to older adults ,including cardiovascular , respiratory, gastrointestinal,urinary, hematology, musculoskeletal, endocrine, neurological, psychiatric , integumentary and sensory and pain problems.
- Facilitates older adults active participation in all aspects of their own health care.

Dressing and wound care for older adults

## **FAMILIAR WITH THE FOLLOWING MACHINES/ EQUIOPMENTS:-**

- Sphygmomanometer
- Thermo meter, Glucometer, Pulseoxymeter, Cardiac Monitors.
- Nebulizer, Steam inhaler, Infusion Pumps, Syringe pumps
- Oxygen cylinders, Suction Apparatus.
- ECG Machine
- Ventilators
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## **EDUCATIONAL FUNCTION:**

- Participate in clinical teaching both planned and incidental.
- Teaches and guides domestic staff of students at their clinical practice.
- Helps in the orientation of new staff. Participate in staff education Programme.

## **REFERENCES**

- Prof. Irene veigas

Principal

Sahyadri college of nursing

Adyar,mangloret

Karnataka,india

9845006266

- Ms. Annamma C. T

Nursing superintendent

Caritas Hospital

0481-2790025

## **PERSONAL DETAILS**

Nationality	:	Indian
Date of birth	:	13/5/1993
Marital status	:	single
Languages known	:	English, Hindi, Kannada, Malayalam, Arabic &Tamil
Permanent Address	;	Valiyanilathu House, Karimkunnam P.O Idukki (Dist), Kerala Pin- 685586, India
Passport No.	:	M7130720
Date of issue	:	12/3/2015
Date of Expiry	:	11/3/2025
Place of issue	:	Cochin

## **Declaration**

I hereby declare that the above mentioned particulars are true and correct to the best of my knowledge and belief.

Place: Karimkunnam

Kerala.India

Merin James

Date: 18/4/2019