

## CURRICULUM VITAE

**Ms. Hima Babu M**  
**Muringathery House**  
**Friends Lane, Nellikunnu**  
**East Fort P O, Thrissur**  
**kerala**  
**Pin :680005**  
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### CAREER OBJECTIVE

Committed to provide world class health care by continually improving processes in creating an ideal work environment and providing safe of ethical medicines to the patients with loving care to attain the goal of patient satisfaction.

### PERSONAL INFORMATION

Date of Birth : 07/10/1995  
Gender : Female  
Marital Status : Single  
Religion : Christian  
Nationality : Indian  
Permanent Address : Muringathery House  
Friends Lane  
Nellikunnu  
East Fort P O  
Thrissur kerala  
Pin :680005  
Phone : 9526932135, 8281221351

Present Address : Muringathery House  
Friends Lane  
Nellikunnu  
East Fort P O  
Thrissur, kerala

Language Known : English, Hindi and Malayalam

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Hobbies : Drawing, Listening to Music.  
Competencies : Communication skills, self-motivated, quick learner and organisational skills

### ACADEMIC QUALIFICATION

| No. | Course           | Name Of School                               | Year Of Passing | Percentage |
|-----|------------------|--|-----------------|------------|
| 1   | High school      | St.sebastian's C. G. H. S. Nellikkunnu       | 2011            | 85%        |
| 2   | Higher Secondary | Gov. Model boys higher secondary<br>Thrissur | 2013            | 80%        |

### PROFESSIONAL QUALIFICATION

| No. | Course                 | Name Of Institute / University   | Year Of Passing | Percentage |
|-----|------------------------|--|-----------------|------------|
| 1   | B.Sc. Nursing I y      | Jubilee mission college of nursing and research institute, thrissur/kerala university    | 2014            | 64%        |
| 2   | B.Sc. Nursing II year  | Jubilee mission college of nursing 53 and research institute, thrissur/kerala university | 2015            | 68%        |
| 3   | B.Sc. Nursing III year | Jubilee mission college of nursing and research institute, thrissur/kerala university    | 2016            | 69%        |
| 4   | B.Sc. Nursing IV year  | Jubilee mission college of nursing and research institute, thrissur/kerala university    | 2017            | 66%        |

### EXTRA CURRICULUM ACTIVITIES

- Chairperson of student nurses association in jubilee mission college of nursing (2016-2017)
- Vice chairperson of student nurses association in jubilee mission college of nursing (2015 - 2016)
- Health education programmes on anemia.

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- In service education
- School health programme.
- Nutritional programmes.

### **HOSPITAL PROFILE**

An ISO certified NABH Accredited Multispecialty Hospital, Jaslok Hospital is a large 365 bedded Hospital and Research Center providing clients care in all major specialties including General surgery ,Oncosurgery, Vascular surgery, Orthopedics, Cardiothoracic, ENT, Urology, Neurology, Ophthalmic, Gynecology, Gastrointestinal, Endocrine, Integumentary plastic surgery, Pediatric and Bone marrow, Renal and Liver transplant. Also medical specialty like Oncology, Cardiac, Respiratory, Hematology, Radiotherapy, Diabetic, Neuro medical, Renal and Gastric

### **DUTIES AND RESPONSIBILITIES**

- Responsible for the delivery of patient care utilizing the holistic framework. Collaborates with other professional disciplines to ensure effective and different patient care delivery and the achievement of desired patient outcomes.
- Admitting the patient according to the rules and regulations.
- An achieve member of BLS team in Jslok Hospital and Research Center.
- Resuscitation procedure.
- Pre and post-operative care.
- Performs initial assessment and re-assessment of patient at regular intervals in the course of care. Provide a comprehensive nursing care plan involving prioritization, determining appropriate nursing interventions, implementation and evaluation.
- Administers prescribed medications, reports any significant changes in patient's condition and document pertinent data.
- Performs intravenous therapy, collection of blood specimen and administering blood transfusion as prescribed by a physician.
- Ensures that all healthcare providers are informed of discharge and inform patient of any home medications, discharge teachings, follow-up and home care.
- Participates in on-going educational activities related to clinical knowledge and professional issues.
- Demonstrates adherence to infection control policies.
- Demonstrates ethical and appropriate behavior for a clinical environment to include, but not limited to dignity, patients' rights and privacy and the maintenance of confidentiality of patient information.

### **NURSING PROCEDURES**

- IV Cannulation
- Insertion of Nasogastric tube and feeding.
- Urinary catheterization
- Gastric lavage , blood transfusion, blood glucose monitoring
- Vital signs monitoring, oxygen therapy, nebulization, steam inhalation, cold and hot

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- application
- Chemotherapy administration
- Dressing and flushing of Hickman's Catheter.

### **MACHINE AND EQUIPMENT HANDLED**

- B.P Apparatus, Thermometer, Stethoscope
- Nebulization Machine
- Hickman's Catheter and Port Catheter
- Peripherally Inserted Central Catheter
- Dressing and Suturing material
- Gluco Meter
- Suction Machine, Syringe Pump
- Laryngoscopes & blades
- ECG Machine
- Cardiac Monitor
- Pulse Oximeter,
- Steam Inhaler
- Defibrillator
- Ambubag with Reservoir
- Ryle's Tube, Foley's Catheter
- Plaster Cast, Splints and Traction

### **PROCEDURE ASSISTED WITH PHYSICIANS**

- Lumbar puncture
- Intrathecal Injections
- Nasogastric tube insertion
- Intubation
- Ascitic/ pleural tapping
- Dressing and suturing under aseptic technique
- Assisted for port needle insertion

### **ADMINISTRATIVE RESPONSIBILITIES**

- Co-ordination of nursing activities
- Assisting and delegating duties and responsibilities
- Orientation of Nursing students and new staffs
- Supervision of junior staff nursing aids and domestic staffs
- Storing of dangerous drugs
- Maintaining stock linen equipment's , central stock supplies and drugs,
- Repair and replacements.
- Inventories and recording

### **WORKSHOP ATTENDED**

Workshop on caring for mothers and newborns : A midwives at jubilee mission college of

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nursing thrissur

## ADDITIONAL QUALIFICATION

BLS AND ACLS PROVIDER

## EXPERIENCE

| Name of the institution             | Duration of experience                    | Designation |
|-------------------------------------|---|-------------|
| JASLOK HOSPITAL AND RESEARCH CENTRE | joined on 28/02/2018<br>1 year experience | Staff Nurse |

## REFERENCES

- Mr.LalitaDelim  
MD in Jaslok Hospital and Research Center  
Mumbai-400 026 Contact No:+912266573314
- Mrs.SayliNaik  
Nursing Supervisor  
Jaslok Hospital and Research Center  
Mumbai-400 026.Contact No: +912266573416
- Rasna Simon  
Assist Professor  
Jubilee Mission College of Nursing  
Thrissur  
Mob: 9605212252

## DECLARATION

I hereby declare that the above stated facts are correct and complete to the best of my knowledge .

**Date :**

**Place : Thrissur**

**Ms.Hima Babu M**