

Lincy Antony

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SUMMARY

A focused, conscientious and physically fit individual who has a long track record of successfully identifying, planning, implementing and evaluating the nursing care requirements of patients. I am able to demonstrate a consistently high standard of nursing care and able to contribute to the continuing development of professional nursing practice in any clinical environment. As confident, outgoing person I have no trouble communicating with and guiding all levels of staff within the Care sector. I am keen to join a reputed hospital to have international exposure and hands-on experience in the field of nursing and Patient care as a gateway to a meaningful nursing career.

CAREER OBJECTIVE

Patient-focused and empathic registered nurse seeking a position with growing medical practice. Bringing experience, care, and extensive knowledge to help improve the lives of patients

SKILLS

- Interacting with the medical bodies in the hospital.
- Devising nursing care observations.
- Ability to work well under pressure
- Resourceful problem solver
- capable of implementing solutions to the complex problem.
- Good organization with attention to details
- Punctuality and timekeeping, Teamwork skills Remain calm and professional throughout critical incidents.
- Provide suggestion to the family members and patients on their disease.
- Psychological support to the patients.
- Maintain good rapport with all members of the health care team.
- Intra-Professional Relationship and Improve Quality of Care

EXPERIENCE

Feb-2012 - Mar-2017

Kokilaben Hospital

Staff Nurse

- ✓ Receiving and admission of patients.
- ✓ Data collection including physical assessment and formulating a nursing care plan.
- ✓ Continuous monitoring of the patient including vital signs, arterial blood pressure, central venous pressure, cardiac monitoring oxygen saturation etc.
- ✓ Providing CPR and Oxygen therapy.
- ✓ Multi-route drug administration.
- ✓ IV cannulation.
- ✓ Sample collection including the collection of blood from the artery for ABG analysis.
- ✓ Urinary catheterization its care and removal.
- ✓ Nasogastric tube insertion and feeding.
- ✓ Wound dressing and removal sutures.
- ✓ Tracheotomy care, care of patients with a chest tube.
- ✓ Colostomy care.
- ✓ Used E-Clinical Software to update and enter patients' information into their medical record.
- ✓ Performed Phlebotomy for lab testing, as well as obtaining.

Jul-2017 - Nov-2017

Senior Executive Nurse

HN Hospital, Mumbai

EDUCATION

Degree/Course	Year of Passing
Secondary School Leaving Certificate Examination Panchayath higher secondary school , Kerala Board	2005
Higher Secondary School Panchayath Higher Secondary School , Kerala Board	2007
Diploma in General Nursing and Midwifery Sharabheshwara Institute Of Nursing, Bellary , Karnataka Board	2011
Post Basic Bachelor of Science in Nursing Indian College of Nursing, Bellary , Rajiv Gandhi University of health Sciences, Bangalore, India	2015

STRENGTHS

STRENGTHS

- ✓Team Player.
- ✓Good Communication Skills.
- ✓Flexible in working hours.
- ✓Written and verbal communication skills, very good listener.
- ✓Punctuality and time keeping

HOBBIES

Cooking, travelling and listening to music

PERSONAL DETAILS

Address	Puthuparabil House, Manganam post Kottayam, Kerala, 686018
Date of Birth	01/04/1990
Gender	Female
Nationality	Indian
Marital Status	Married
Languages Known	English, Hindi, Tamil and Malayalam

DECLARATION

I hereby declare that all the above information is true to best of my knowledge



Lincy Antony