



SUSMITHA KUNJACHAN

KIRIYANTHAN (H)

NAYARAMBALAM.P.O, VYPIN

ERNAKULAM, KERALA

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SUMMARY OF SKILL & EXPERIENCE:

- Motivated, qualified professional with experience in obesity management, diet planning, health care consultancy.
- Educate & advise a wide range of patients with obesity related disorders on the practical ways in which they can improve their health by adopting healthy eating habits.
- Equipped to provide nutrition-related excellence to patients and clients with exceptional counselling skills and proven ability to carry out accurate nutritional assessments.
- Constantly active in promoting healthy food choices & disease prevention by increasing awareness of the link between nutrition & health.

OBJECTIVE:

Desire a Dietician position that will allow me to offer nutritional plans according to clients' needs with a special focus on disease management through proper eating habits.

BRIEF PROFILE:

Work Experience:-

- 1 month/PSG Hospital, Coimbatore as dietetic intern
- 1 yr. 9 months/Escaso smart wellness pvt Ltd as dietician

Highest Degree: M.Sc. Food Science and Nutrition

EDUCATION:

Graduation: - B.Sc. (pass) Home Science, MG University, 2015

Post Graduation: - M.Sc. Food Science and Nutrition, MG University, 2017

KEY SKILLS:

Diet supervision, diet planning, counselling the patient, recipe making

TECHNICAL SKILLS:

Microsoft office pack (Excel, Word & Power point)

SYNOPSIS:

A hard working professional who has completed B.SC Home Science in 1st division from St. Teresa's college, MG University, 2015.

Completed Post graduation in 1st division from St. Teresa's college, MG University, 2017.

Done 1 month Internship in PSG Hospital, Coimbatore, related to the same course as dietetic intern.

Pursuing M.Sc Food Science and Nutrition, doing Research work on Water Quality and Consumption Pattern – A Study in Educational Institutions of Kochi.

XII CBSE, Little Hearts School-Paravur, 2nd division

X CBSE, Talent Public School-Njarackal, 1st division.

Acquired practical knowledge through various trainings & academic projects.

Keen learner with constant zest to acquire new skills.

EXTRACURRICULAR ACTIVITIES:

Participated in extracurricular activities like creating world record on longest line of egg salad, healthy recipe making competition.

Organized diet classes and give presentations regarding diet & health.

Attended various seminars regarding food and nutrition.

Organized external programs for creating awareness among people about diet and health.

PERSONAL DETAILS:

Father's Name : Kunjachan K.J

Mother's Name : Mini Kunjachan

Date of Birth: 13th August 1994

Language known : Hindi, English, Malayalam (spoken & written)

Nationality : Indian

Marital Status : Single

DECLARATION

I hereby declare that all the information given above is true to the best of my knowledge

Place: Ernakulam

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