
DR. CRISTINE ANN THOMAS

CHEMMANAM HOUSE, AISHWARYA NAGAR NO. 10, ARIMBASSERY ROAD, THRIKKAKARA P.O,
VAZHAKALA, Ernakulam, KERALA 682021 ♦ 880 653 3888 ♦ crisat@live.com

PROFESSIONAL SUMMARY

Motivated Junior Resident keen to become a fully-qualified Surgeon. Dedicated to patient care and eager to learn how to manage the evaluation, diagnosis and treatment of acute issues and chronic concerns. Analytical thinker with a hardworking mindset.

SKILLS

- Patient relations
 - Pre- and post operative Counselling
 - Differential diagnosis
 - Physical assessments
 - Emergency surgery expertise
 - Care plan formulation
 - Order writing
 - Positive behavior modeling
 - Information collection
 - Confidential case documentation
 - Pre- and post-surgical care
 - Patient-focused care
 - Proper catheter insertion/removal
 - Professional bedside manner
 - Critical care
 - IV drug therapy management
 - Strategic decision-making
 - Minor surgery assistance awareness
 - Multilingual in English, Malayalam, Hindi and Marathi
-

WORK HISTORY

Junior Resident, 06/2016 to 06/2019

MIMSR Medical College(MIT) – Latur, MH

- Attended patient and teaching rounds ready to contribute and advance knowledge.
 - Wrote admissions notes, care plans and chart notes for each new patient.
 - Counselling patients and their relatives, maintaining ethics and transparency.
 - Backed up emergency room staff and acted as first on call to take incoming emergency patients.
 - Performed procedures such as central line insertions, ICD insertions and emergency debridements.
 - Monitored critical patients recovering post-operatively from emergency laparotomies or craniotomies.
 - Confirmed accurate completion of forms and reports for admission, transfer and/or discharge of each resident.
 - Interviewed patients to obtain medical information, weight and height measurements and vital signs.
 - Skillfully performed suture removals for patients of all ages.
 - Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions, and follow-up care.
 - Assisted patients with bathing, dressing, hygiene and grooming.
 - Performed vitals/glucose testing and assisted in administering injections and urinalysis.
 - Teamed with other physicians, specialists and health care providers to provide well-rounded care for complex cases.
 - Evaluated patient care needs, prioritized treatment, and maintained patient flow.
 - Undertook lectures and clinical posting classes for juniors to promote their knowledge in the field of surgery.
 - Participated in state, national and international level conferences by presenting Video abstracts of various procedures performed under the guidance of my mentors.
 - Participated in facility surveys and inspections made by authorized governmental agencies.
 - Collaborated on strategic planning and kept practice operations aligned with organizational mission, vision and goals.
 - Continually improved knowledge, skills and performance based on feedback and self-identified professional developmental needs.
-

EDUCATION

MBBS: Doctor, 2015

K S Hegde Medical Academy - Mangaluru, KA

M. S. General Surgery: General Surgery, 2019

MIMSR Medical College(MIT) - Latur, MH