

CURRICULUM VITAE



RESHMA MERINE LAL

Mobile: +918589926272,8943017321

E-mail: reshmamerinlal96@gmail.com

OBJECTIVE

Seeking a growth oriented and challenging carrier in nursing and patient care in well reputed hospital where I can increase my knowledge and improve my skills for the best of my patients.

EDUCATIONAL BACKGROUND

Academic Qualification

Qualification	Name of Institution	Name of Board	Year of Passing	Class Obtained
SSLC	MTHSS Chungathara	STATE	2012	First Class
Plus Two	MTHSS Chungathara	Board of Higher Secondary Examination Kerala	2014	First Class

Professional Qualification

Qualification	Name of Institution	Name of University	Year of Passing	Class Obtained
B Sc Nursing	Al Shifa College of Nursing	KUHS	2018	Second Class

CLINICAL EXPERIENCE

- As part of B.Sc Nursing curriculum, I have trained in the following institution,
- KIMS ALSHIFA Hospital Pvt Ltd, Perinthalmanna, Malappuram.
Medical Surgical, Advanced Medical Surgical Nursing, Obstetrics and Gynecological Nursing and Nursing administration.
- Govt. District Hospital Perinthalmanna, Malappuram.
Child Health Nursing, Medical-surgical Nursing and Obstetric & Gynecological Nursing.
- Amala Cancer Hospital & Research Centre, Amala Nagar, Trissur oncology specialty posting.

- Govt. Mental Health Center West fort junction, Trissur for Mental Health Nursing Clinical Posting.
- Perinthalmanna nursing home for Obstetric & Gynecological Nursing, Perinthalmanna.
- Pain and palliative care society Perinthalmanna.
- Community Health Centre, Melattur for community Health Nursing Specialty Posting.
- Primary Health centre, Puzhakkattiri.
- National service scheme volunteer

EQUIPMENTS EXPOSED

- Cardiac monitors : Hewlett packer, Siemens, Marquette, Philips
- Syringe pumps, infusion pumps
- Suction apparatus, nebulizers, centralized oxygen and suction supplies.
- ECG machine
- Defibrillators
- Phototherapy machines
- Ventilator
- BP apparatus
- Ambu bag with mask
- Pulsoximeter
- Glucometer
- Cardiotochography
- Doppler
- Radiant Warmer

DETAILS OF CASES EXPOSED

- Cardiology cases: coronary artery disease ,angiogram, angioplasty
- General surgery cases: mastectomy, exploratory laprotomy, appendicectomy, cholecystectomy, hernioplasty, hernia Repair, colostomy, intercoastal drainges, trendelenburg operation and sclerotherapy, mastectomy, haemhorroidectomy, dilatation and sphincterectomy.

- Urology cases: TURP, TURBT, URSL, ESWL, varicocelelectomy, orchidectomy, PCNL.
- Neurosurgery cases: craniotomy, burr hole operation, laminectomy ACD fixation.
- Obstetrics and Gynecology surgery : LSCS, abdominal and vaginal hysterectomy, laproscopic cystectomy, normal labor, ventouse Delivery, Forceps Delivery, perinial tear repair, episiotomy suturing.
- Dental and ENT surgery: lefort, BSSO, nasal bone reduction, septoplasty, tracheostomy
- Orthopedic surgeries.
- Pediatric surgery
- Micro vascular surgeries.
- Medical cases

SPECIAL SKILL

- Ability to perform
 - Need based basic cares.
 - IV cannulation
 - Medication administration via enteral and parenteral routes.
 - Cardio pulmonary resuscitation.
 - N.G tube insertion assisted
 - Urinary catheter insertion.
 - Administering protocol based emergency care.
 - Mental status examination

SEMINAR ATTENDED AND HEALTH PROGRAMMES CONDUCTED

- Seminar on 'World no tobacco day' at Alshifa Hospital Perinthalmanna.
- National CME on Vertigo in KIMS Alshifa Hospital Perinthalmanna.
- National AIDS day awareness programme , Perinthalmanna.
- Pulse Polio Immunization Programme.
- School health programme, Melattur.

- Medical camp, Melattur.
- Nutritional Programme, Melattur
- National Service Scheme Volunteer.

RESEARCH DONE

- Assess the knowledge regarding prevention and management of febrile seizure among mother's of under five children in 27th and 28th wards of Angadippuram Panchayath.

PERSONAL DETAILS

Fathers Name : LALU VARGHESE
Gender : Female
Date of Birth : 07.04.1996
Nationality : Indian
Marital Status : Married
Religion : Christian
Address : Uthumkuzhiyil House
Moothedam PO
Malappuram DT
Kerala - India
Pin - 679331

Language known : English and Malayalam

REFERENCE

- **Dr. (Pro) Therese**
Principal,
Al- Shifa College of Nursing,
Perinthalmanna.
PH : 04933224299
- **Mr. Janson Mathew**
Assistant Professor
Al Shifa College of Nursing
Perinthalmanna
9946115613

DECLARATION

I do here certify that the above information is correct and true to the best of my knowledge.

Place:

Date:

RESHMA MERINE LAL