

MARIA THOMAS

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mariathomas94@rediffmal.com

Career Objective

To use my cognizant and interpersonal skills to create transformations and modifications that will exceed each clients' expectation.

Professional Summary

- 1 year of valuable work experience as a registered staff nurse in NEURO medical and surgical ICU (NRICU).
- Working Experience
 - ✓ ST.THOMAS HOSPITAL CHETHIPUZHA
CHANGANACHERRY, KOTTAYAM

From : 9/1/2017 TO Till date

Description of Duties and Responsibilities

- Preparation of the unit for admission of patients in to the I.C.U.
- Daily preparation of Crash cart, Intubation trolley and dressing trolley.
- Meeting emergencies without interruptions.
- Assessment and documentation of vital parameters of the patients under care.
- Preparing equipment and assisting physicians and ICU doctors during examinations and treatments.
- Collection of patients' samples with proper label such as blood, urine, sputum etc. as advised for sterile and routine investigations, evaluations and reporting of results.
- Assisting in invasive and non-invasive procedures like intubation, insertion of Dialysis cath, Arterial line and central venous line at sub-clavian, femoral and internal jugular sites, Foley's insertion, Ryle's tube insertion, defibrillation.
- Care of extra ventricular drainage, sub-dural drains for patients undergoing brain surgeries care of patients who are undergone spinal surgeries.

- Cardiac monitoring, assessment of CVP, identification of cardiac emergencies and providing cardio pulmonary resuscitation when required.
- Providing specialized care for patients in ventilators.
- Administering medicines in a timely manner.
- Safe handling and administration of narcotic drugs also proper handling of look alike and sound alike medications.
- Executing comprehensive assessment, planning, implementation and evaluation of patients with cardiac arrest, respiratory arrest, RTA, Shocks, postoperative emergencies, medical surgical emergency cases .Assisting for thrombolysation therapy for acute infarct patients.
- Ensure optimal utilization of resources to ensure outstanding care.
- Collaborate with professionals across the organization to devise an integrated care plan.
- Maintaining infection control policies as per the guidelines of the hospital
- Provide care for terminally ill patients and rehabilitative care.

Academic Profile

Qualification	Institution	Regulatory Authority	Year
SSLC	ST.MICHAELS HIGH SCHOOL ,THATHAMPALLY	State Board of Education Kerala	2010
HSE	GMHSS ALAPPUZHA	State Board of Education Kerala	2012
Bachelor of Science in Nursing	ST THOMAS COLLGE OF NURSING ,CHETHIPUZHA	KUHS	2016

Course Completed

Name of the Course	Training Centre	Date	Hours
BLS	International Academy of Emergency Medicine	31 JULY 2017	
ACLS	International Academy of Emergency Medicine	2 AUG 2017	

Registration

Regulatory Authority	Register Number	Date of Registration
Kerala Nurses and Midwives Council	KL03201700830	4 FEBRUARY 2017

Personal Data

Date of Birth : 6/12/1994
Sex : Female
Nationality : Indian
Languages Known : English, Malayalam
Address : ITHIPARAMBIL, THATHAMPALLY P O ALAPPUZHA
Kerala, PIN688013
E-mail : mariathomas94@rediffmail.com

Reference

- Mrs.Aswathi KV , principal, ST.Thomas college of nursing chethipuzha
Contact No: 9495215634
- Sr. Mercy Tom (Chief Nursing Officer, **St.Thomas Hospital, Chethipuzha Changanachery**)
Contact No: 0481-2722100

Declaration

I hereby declare that the above furnished information is true to the best of my knowledge and belief.

Yours faithfully,

Place: Thathampally

Date: 08/11/2017

Maria Thomas