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**RESUME**

Name : **ANU K. K**

Husband’s Name : Maneesh P. M

Address : Punnathara House

 Karumalloor P.O, Manakkapady

 Aluva, Ernakulam, Kerala - 683511

Mob. No. : 9645755376

E-mail id : anu8606140089@gmail.com

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| **POST APPLIED FOR - STAFF NURSE****KNMC Reg. Number - KL02201702189** |

**OBJECTIVE**

 Seeking the post of a **Staff Nurse** where my Education skills and experience in the field of Nursing **(Registered Nurse & Registered Midwife)** can be utilized and to attain career excellence and higher knowledge, learn new and novel technique in Nursing field.

**EDUCATIONAL QUALIFICATION**

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| --- | --- | --- | --- | --- |
| **Qualification** | **Board** | **Institute** | **Year of Passing** | **%** |
| S S L C | General Education Dept. Kerala | Gov. HSS, Varavoor | March 2006 | 65 |
| Plus Two Commerce | H S E, Kerala | Harisree women’s College ,Wadakkanchery | March 2011 | 47.33 |

**PERSONAL DETAILS**

Date of birth and Age : 20-01-1991 (26 Years)

Gender : Female

Languages known : English, Malayalam and Hindi

Nationality : Indian

Religion : Christian (Latin)

Marital Status : Married

Height : 150 cm

Weight : 70 Kg.

**PROFESSIONAL QUALIFICATION**

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| --- | --- | --- | --- | --- | --- |
| **Course** | **Institute** | **Board** | **Period** | **Duration** | **%** |
| Diploma in GNM | LORVEN School of Nursing, Bangalore | Karnataka Nurses & Midwifery Council | 20112016 | 31/2 years | 63 |
| Diploma in ANM | Kerala Academy of En’g & Paramedical, Sulthanbatheri | Govt. of Kerala & STED Council, Govt. of India | 2008 2010 | 21/2 years | --- |

**PROFESSIONAL EXPERIENCE**

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| --- | --- | --- | --- | --- | --- |
| **Hospital** | **Designation** | **Bed Capacity** | **Department** | **Period** | **Duration** |
| Josgiri Hospital, Thalassery | Nursing Assistant | 250 | Gyane Ward | 15-02-2010 15-02-2011 | 1 year |
| HMS Hospital, Kottakkal | Staff Nurse | 250 | Gynae Ward | 21-09-2015 07-06-2016 | 10 months |
| Matha Sri Hospital, Mancherial | Staff Nurse | 250 | Surgical ICU | 01-07-201631-12-2018 | 2½ years |

**EQUIPMENTS HANDLED**

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| * Pulse ox meter
* Infusion Pump
* Syringe Pump
* Ambubag
* Suction apparatus
 | * ECG Machine
* Steam Inhaler
* Thermometer
* Glucometer
* Nebulizer
 |

**PROCEDURES ATTENDED**Catheterization, Knee aspiration, Nebulization **DUTIES AND RESPONSIBILITIES FOR WARDS** Admission Procedure Preparation Procedure Discharging Procedure **NURSING CARE*** Personal hygiene. (eg: Skin care, Sponge bath, Hair Hair care etc.)
* Hot and cold application. (eg: Ice bag, Hot water bog etc.)
* Care of pressure sore.
* Administration of medication in times & route (eg: OD, BD, TID, QID, STST

Injections: IM, IV, SC, ID etc.)* Check the vital signs of the patient every 4th hourly along with date and

Time. (eg: BP, Pulse, RR, Temp. etc.)* Maintenance of good nurse patient relationship.
* Collecting Specimen. (eg: Serum, urine, sputum etc.)
* Maintaining of nutritional status. (eg: RT feeding etc.)
* Inhibition and Exhibition
* Management of I V fluids & in tropics. (eg: TPN, Dopamine etc.)
* Preparation of emergency tray & drugs.
* RT insertion and catheterization if needed.
* Care of the inward patients.
* Care of the patient before and after the Surgery.
* Ensure the cleanliness of the Ward.
* Maintaining the needs and records and report of the patient up to date.
* Check inventory of the property.
* Maintaining the equipment in working condition.
* Health education.
* Maintaining fluid input and output measurement.

**REFERENCE**1. Sr. Alice, Nursing Super indent

Josgiri Hospital, Thalassery, KannurPh: 0490 23411301. Jayasree Parameswaran

Nursing Super indentHMS Hospital, KottakkalPh: 0494 26050001. Sr. Prathima

Matha Sri HospitalMancherial ChowrastaKarim Nagar, Telungana **DECLARATION**  I do hereby declare that all the facts given above are true to the Best of my knowledge and belief.Place : Mankkapady Yours faithfullyDate :  |

 **ANU K. K**