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**RESUME**

Name : **ANU K. K**

Husband’s Name : Maneesh P. M

Address : Punnathara House

Karumalloor P.O, Manakkapady

Aluva, Ernakulam, Kerala - 683511

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| **POST APPLIED FOR - STAFF NURSE**  **KNMC Reg. Number - KL02201702189** |

**OBJECTIVE**

Seeking the post of a **Staff Nurse** where my Education skills and experience in the field of Nursing **(Registered Nurse & Registered Midwife)** can be utilized and to attain career excellence and higher knowledge, learn new and novel technique in Nursing field.

**EDUCATIONAL QUALIFICATION**

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| --- | --- | --- | --- | --- |
| **Qualification** | **Board** | **Institute** | **Year of Passing** | **%** |
| S S L C | General Education Dept. Kerala | Gov. HSS, Varavoor | March 2006 | 65 |
| Plus Two Commerce | H S E, Kerala | Harisree women’s College ,Wadakkanchery | March 2011 | 47.33 |

**PERSONAL DETAILS**

Date of birth and Age : 20-01-1991 (26 Years)

Gender : Female

Languages known : English, Malayalam and Hindi

Nationality : Indian

Religion : Christian (Latin)

Marital Status : Married

Height : 150 cm

Weight : 70 Kg.

**PROFESSIONAL QUALIFICATION**

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| --- | --- | --- | --- | --- | --- |
| **Course** | **Institute** | **Board** | **Period** | **Duration** | **%** |
| Diploma in GNM | LORVEN School of Nursing, Bangalore | Karnataka Nurses & Midwifery Council | 2011  2016 | 31/2 years | 63 |
| Diploma in ANM | Kerala Academy of En’g & Paramedical, Sulthanbatheri | Govt. of Kerala & STED Council, Govt. of India | 2008 2010 | 21/2 years | --- |

**PROFESSIONAL EXPERIENCE**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Hospital** | **Designation** | **Bed Capacity** | **Department** | **Period** | **Duration** |
| Josgiri Hospital, Thalassery | Nursing Assistant | 250 | Gyane Ward | 15-02-2010 15-02-2011 | 1 year |
| HMS Hospital, Kottakkal | Staff Nurse | 250 | Gynae Ward | 21-09-2015 07-06-2016 | 10 months |
| Matha Sri Hospital, Mancherial | Staff Nurse | 250 | Surgical ICU | 01-07-2016  31-12-2018 | 2½ years |

**EQUIPMENTS HANDLED**

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| |  |  | | --- | --- | | * Pulse ox meter * Infusion Pump * Syringe Pump * Ambubag * Suction apparatus | * ECG Machine * Steam Inhaler * Thermometer * Glucometer * Nebulizer |   **PROCEDURES ATTENDED**  Catheterization, Knee aspiration, Nebulization  **DUTIES AND RESPONSIBILITIES FOR WARDS**  Admission Procedure  Preparation Procedure  Discharging Procedure    **NURSING CARE**   * Personal hygiene. (eg: Skin care, Sponge bath, Hair Hair care etc.) * Hot and cold application. (eg: Ice bag, Hot water bog etc.) * Care of pressure sore. * Administration of medication in times & route (eg: OD, BD, TID, QID, STST   Injections: IM, IV, SC, ID etc.)   * Check the vital signs of the patient every 4th hourly along with date and   Time. (eg: BP, Pulse, RR, Temp. etc.)   * Maintenance of good nurse patient relationship. * Collecting Specimen. (eg: Serum, urine, sputum etc.) * Maintaining of nutritional status. (eg: RT feeding etc.) * Inhibition and Exhibition * Management of I V fluids & in tropics. (eg: TPN, Dopamine etc.) * Preparation of emergency tray & drugs. * RT insertion and catheterization if needed. * Care of the inward patients. * Care of the patient before and after the Surgery. * Ensure the cleanliness of the Ward. * Maintaining the needs and records and report of the patient up to date. * Check inventory of the property. * Maintaining the equipment in working condition. * Health education. * Maintaining fluid input and output measurement.   **REFERENCE**   1. Sr. Alice, Nursing Super indent   Josgiri Hospital, Thalassery, Kannur  Ph: 0490 2341130   1. Jayasree Parameswaran   Nursing Super indent  HMS Hospital, Kottakkal  Ph: 0494 2605000   1. Sr. Prathima   Matha Sri Hospital  Mancherial Chowrasta  Karim Nagar, Telungana    **DECLARATION**  I do hereby declare that all the facts given above are true to the Best of my knowledge and belief.  Place : Mankkapady Yours faithfully  Date : |

**ANU K. K**