

DEEPIKA ANISH

C1, Dasapushpam Appartments,
Mavelipuram,
Kakkanad,
Ernakulam, Kerala, India.



Work Experience (28/05/18 to till date)

Associated with **Jamaath Residential Public School, Kakkanad, Ernakulam as Student Counselor.**

- ✚ Student counseling.
- ✚ Motivational, Life skills classes.
- ✚ Addressing slow learners and giving special attention for them.
- ✚ Motivational talks to 10th and 12th students for facing board exams confidently.

Work Experience (07/06/14 to 01/09/14) (3 Months)

Worked with **Albertian Institute of Science and Technology, Kalamassery, Ernakulam as HR assistant.**

- ✚ Pay Roll, Finance/Accounting Management.
- ✚ Attendance Management.

Education

- ✚ **MA Psychology (Counseling Psychology)** (2016-2019) from IGNOU with 58% aggregate.
- ✚ **MBA in HR** (2010-2012) from Bharathiyar University with 58 % aggregate.
- ✚ **BA in Economics** (2007-2010) from Mercy College (Affiliated to Calicut University) with 53% aggregate.
- ✚ **Plus Two (Commerce)** (2005 – 2007) from State Board of HSE with 67% aggregate.
- ✚ **S.S.L.C** (2005 pass out) from Board of Public Exam with 62% aggregate.

Areas of expertise

- Ability to handle mass counseling for psychological and general topics.
- Ability to handle rehabilitation, OCD, pre and post marital counseling.
- Ability to do therapies in cognitive, behavioral, psychological, etc

Field exposure related to counseling Psychology

- 240 hours Internship related to counseling psychology done with Nandavanam Hospital, Palakkad, Kerala.
- Handled a mass counseling session for History teachers association at Govt. Victoria GHSS, Chittur, Palakkad Kerala.
- Project done during MA (psychology): Shyness and optimism towards achievement motivation of adolescence.

Personal Details

Name : Deepika Anish
E mail id : depikamenu@gmail.com
Age & DOB : 30 years, 18-05-1989.
Sex : Female
Marital Status : Married
Spouse's name : Anish N
Father's Name : K Gopinathan
Nationality : Indian
Languages known : English, Malayalam, Hindi.
Permanent Address : Anitha Nivas, N.S.S Road, Chittur College P O,
Palakkad dist, Pin 678104 , Kerala.
Phone No (Mobile) : +91-9072575324
Skype : deepikaanish828

Declaration

I hereby declare that the particulars detailed above are true to best of my knowledge and belief.

Place: Cochin,

Date: 20/05/2019.

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