

ANJALI THOMAS

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OBJECTIVE

- To enhance my educational, research and professional skills.
- To provide comprehensive dental treatments to patients suffering from various dental problems.

SKILLS/ESSENTIAL

-Strong interpersonal skills for enhanced & effective patient care. –Familiar with charting & software programs. –Exceptional critical thinking and analytical skills, enhancing the ability to diagnose problems & find solutions. –Solid background in research and dentistry with the ability to provide patients with several options for treatment. - Flexible in order to adapt to changes in work environment. - Excellent time-management & Communication skills.

CLINICAL EXPERIENCE

One-year compulsory rotatory Internship, Raja-Rajeshwari Dental College and Hospital
(March-2012 to May-2013)

Worked as dentist in a private dental clinic in Pune, Maharashtra, India (1/10/2017 to 30/11/2018)

Key Responsibility Areas:

- Recommended appropriate treatments to patient's diseases, injuries & malformations.
- Ensured protective and safe dental procedures by always using masks, gloves and protective glasses.
- Provided education to patients on ways to prevent oral infectious diseases.
- Knowledge of dental instruments and sterilization techniques.
- Educated patients on proper flossing, brushing and gargling.
- Knowledge of role of X-rays in diagnosing dental problems.
- Effective performances in complete scaling and polishing, tooth fillings, denture placement, impression techniques.
- Assisted in advanced dental surgeries and root canal fillings.
- Knowledge of research publications.
- Ability to use software to organize patient appointments, to maintain log book, log sheets, reports and files.

PROFESSIONAL QUALIFICATION

B.D.S. (Bachelor of Dental Surgery) – Rajiv Gandhi University of Health Sciences, Karnataka, India (2006-2011)

M.P.H. (Master's in Public Health) - Fiji National University, Suva, Fiji Islands (2015-2017)

ACADEMIC QUALIFICATION

Secondary School – St Anne's High School, Pune, Maharashtra, India

Higher Secondary School – Abeda Inamdar Junior College, Maharashtra, India

PUBLICATIONS

- Thomas A, Maimauku LR, Mohammadnezhad M, Khan S (2018). Determinants of systemic diseases amongst periodontitis patients in Suva, Fiji. Journal of Health Education Research and Development, 6:2.
- Thomas A, Maimauku LR, Mohammadnezhad M, Khan S (2018). Presence of Behavioural Risk Factors among Periodontitis Patients in Suva, Fiji. Journal of Oral Hygiene and Health, 6:1.
- Thomas A, Maimauku LR, Mohammadnezhad M, Khan S (2018). Presence and Types of Systemic Diseases among Patients with Periodontitis in Suva, Fiji. Journal of Health Communications Vol 3 No 2:22.

LICENSURE

- Registered as Dentist in Karnataka State Dental Council (Registration No: 31737 A)

EXTRA CURRICULAR ACTIVITIES:

- Volunteer in public health camps conducted by department of community health and preventive dentistry, Raja Rajeshwari dental college hospital, Bangalore, India [2008-2009]
- Volunteer in CDE [continued dentistry program] program conducted by department of orthodontics Raja Rajeshwari dental college and hospital, Bangalore India [2013]
- Volunteer in blood donation camps conducted in university of south pacific, Suva Fiji.
- Volunteer in medical and dental camp conducted by Sai Prema foundation, Suva, Fiji.

HOBBIES & INTERESTS

Socializing, Travelling, Dancing, Listening to music and Baking

PERSONAL INFORMATION

Nationality & Place of Birth	Indian, Pune-Maharashtra
Date of Birth	16-June-1988
Sex	Female
Marital Status	Married
Religion	Christian
Health	No medical history
Linguistic Proficiency	Fluent in English, Hindi, Marathi and Malayalam
Permanent Address (New)	Thelepilly House, L.F Church Road, Kaloor, Kochi – 682017, Kerala, India
Permanent Address (Old)	C2/302, Bramha Majestic, N.I.B.M. road, Kondhwe Khurd, Pune-411048, Maharashtra, India