

# DR ADHIRA GOBIND

NANDUNI, Pookattupady,Edathala (p.o.) Aluva, Ernakulam Kerala India 9043047235 | adhira.gobind@gmail.com

#### PERSONAL DETAILS

Date of Birth : 19/08/1990
Marital Status : Married
Nationality : Indian

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## **EDUCATION**

 NETAJI SUBASH CHANDRA BOSE GOVERNMENT MEDICAL COLLEGE AND HOSPITAL, JABALPUR, MADHYA PRADESH

2016-2019 MS (ENT & HEAD-NECK SURGERY) 68.5%

 MADURAI MEDICAL COLLEGE, MADURAI, TAMIL NADU 2009-2015 MBBS 65.5%

 ST.JOSEPH'S ANGLO INDIAN GIRLS' HIGHER SECONDARY SCHOOL, CALICUT 2006-2008

## **SKILLS**

- OPD Management: \*Management of Adult and Pediatric ENT diseases. \*Ear lobule repair \*Chemical Cauterisation of small TM perforation \*Biopsies of suspicious oral lesions \*Nasal packing for nose bleed anterior and posterior \*Removal of foreign bodies from ear/nose/throat \*Wound repair of accidental/trauma/assault injuries \*Diagnostic Nasal Endoscopy \*Microscopy of the ear \*Fibre Optic Nasopharyngoscopy \*Stroboscopy \*Epley's Manoeuvre \*Basic Audiometric Interpretations
- MINOR SURGERIES DONE INDIVIDUALLY:- \*Minor Cyst Excisions \*Ear lobule Repair \*Direct Laryngoscopy+/-biopsies \*Tongue tie release \*Leukoplakia excision from oral cavity
- MAJOR SURGERIES DONE INDIVIDUALLY:- \*Adeno-tonsillectomy \*Tracheostomy- elective and emergency.
   \*Nasal Polypectomy \*Submucosal resection of septum. \*Cortical Mastoidectomy with Tympanoplasty
   \*Tympanoplasty \*Rigid Oesophagoscopy \*Meatoplasty
- SURGERIES ASSISTED:- \*Hemi/Total Thyroidectomy \*Superficial / Total Parotidectomy \*Stapedectomy \*Head and neck surgeries with reconstruction(Hemimandibulectomy,Segmental/Marginal Mandibulectomy,Partial and Total Maxillectomy,COMMANDO Operations etc) \*Functional Endoscopic Sinus Surgery \*Frontal Mucocele Excision \*Nasal bone fracture reduction \*Rhinoplasty \*Excision of jaw cysts like ameloblastoma and dentigerous cysts \*Surgery for sialolithiasis \*Excision of JNA \*Surgery for tumours of the nose and PNS \*Modified Radical Mastoidectomy,Radical Mastoidectomy,Bondy's Modified Radical Mastoidectomy \*Tumours of middle ear / mastoid system \*Canaloplasty \*Facial Nerve Decompression \*Grommet insertion \*Intratympanic Steroids for Sudden Sensorineural Hearing Loss \*Intratympanic Gentamicin for Meniere's Disease \*Microlaryngeal surgery \*Rigid Bronchoscopy+/- foreign body removal \*Cochlear Implant.
- SURGERIES ASSISTED WITH DR.SATISH JAIN during MPENTCON 2018:- \*Denkers' approach and Modified Denkers' for a case of JNA \*Cochlear Implant \*Frontal Mucocele Excision

- \*Gold Medal in PG paper presentation in Madhya Pradesh State ENT Conference 2018.(MPENTCON)
- \*Selected as one of top 5 candidates to perform free surgeries for IMPACT INDIA FOUNDATION'S THE LIFELINE EXPRESS(The world's first Hospital on a train) at Daltonganj, Jharkhand (12 sept -17 sept,2018) and Dumka, Jharkhand (25 feb-02 march,2019)
- \*Secured 1st place in PG QUIZ ,held in MPENTCON 2018(MADHYA PRADESH STATE ENT CONFERENCE)
- \*Presented paper in Gold medal PG paper Competition in ISOCON 2017.

#### **EXPERIENCE**

RR Hospital, Madurai

Worked as JR for 8 months in the year 2014-2015

Victory Hospital, Madurai

Worked as JR for 3 months in the year 2016

## **INTERESTS**

· Otology, Rhinology, Head and Neck Oncology

## LANGUAGE

· English, Malayalam, Hindi, Tamil

## **PROJECTS**

· Ophthalmological Complications in ENT diseases.

It is a retrospective study advocated involving fifty patients in NSCB MEDICAL COLLEGE AND HOSPITAL, JABALPUR, MADHYA PRADESH dating August 2017 to August 2018 as dissertation and submitted to MADHYA PRADESH MEDICAL SCIENCES UNIVERSITY, JABALPUR, MADHYA PRADESH for completion of MS Otorhinolaryngology Degree.

## CONFERENCES/WORKSHOPS/CMES PARTICIPATED/CONDUCTED

- Medi Expo 2016-(19-20 NOV 2016)
- Live Surgical Workshop on ENT- HEAD & NECK CANCER SURGERY & SCIENTIFIC PLENARY DISCUSSION
- CONFIDENT 2017(8-9 JULY 2017) NAGPUR
- LIVE SURGICAL WORKSHOP ON OTOLOGY 2017 (22 JANUARY 2017) JABALPUR
- ISOCON 2017(17th-19th November 2017)
- Endoscopic sinus surgery workshop by Dr T.N.Janakiram(3 April 2018)
- MPENTCON JABALPUR 10-12 AUGUST 2018
- Sialendoscopy in salivary gland diseases: Recent perspective (7-8 July, 2018)

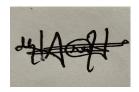
#### **REFERENCE**

- Dr Satish Jain "Jain ENT Hospital, Jaipur" 9829017425
- Dr Prof Anil Agrawal "Department of ENT,NSCB MEDICAL COLLEGE, JABALPUR, MADHYA PRADESH"
   Professor and Head of the Department
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- Dr Anirudh Shukla "Department of ENT,NSCB MEDICAL COLLEGE, JABALPUR, MADHYA PRADESH"
   Assistant Professor
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- Dr Kavita Sachdeva "Department of ENT,NSCBMEDICAL COLLEGE, JABALPUR, MADHYA PRADESH"
   Associate Professor,Dept of ENT
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- Dr Amuthan Jegadeesan "Govt.Rajaji Hospital, Madurai" Associate Professor, Dept of General Surgery 9994431818
- Dr A Aravindakumar "R R Hospital, Madurai"
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## **DECLARATION**

• The information in this section is true and complete. I agree that any deliberate omission, falsification or misrepresentation in the application form will be grounds for rejecting this application or subsequent dismissal if employed by the organization. Where applicable, I consent that the organization can seek clarification regarding professional registration details.



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