



DR.NANDU.R.BABY

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EDUCATION

- **Vidyodaya school kochi**
2008
CBSE 12th Board Examination
First class
- **AJIMS Mangalore Affiliated to RGUHS Karnataka**
2008-2015
MBBS
Passed
- **Sri Sathya Sai Medical College And Research Institute Chennai, Affiliated to Sri Balaji Vidhyapeeth Deemed University Pondychery**
2016-2019
MS -Orthopaedics
Passed

SKILLS

- **OPD Management:** Adult and pediatric trauma management, Geriatric orthopedic manifestation management, Rheumatoid arthritis management, Soft tissue and sports injury management, Knee aspiration, Intra articular Steroid injection at knee and shoulder , Steroid injections for cts and dequerverans tenosynovitis, Basic radiological interpretations,
- **Casualty and Emergency:** Compound fracture inietal management Wound debribment and emergency ot procedures Wound care and primary closure Fracture reduction and plaster application pop and fibercast Skeletal traction application Shoulder dislocation reduction Hip dislocation reduction Basic radiological interpretations including CT and MRI
- **Minor surgeries:** K wire fixation, pediatric elbow closed reduction compound injury management, External fixaton
- **Major surgeries assisted:** Hip: Hemiarthroplasty of hip with amp,bipolar prosthesis;cemented and incremented Knee: Total knee arthroplasty, Arthroscopic acl repair , Arthroscopic meniscectomy, Diagnostic arthroscopy knee, Femur: Proximal femoral nailing , Closed femur imil nailing, Open femur imil nailing , Orif with Trochantric plating, DHS fixation. Tibia: Mippo tibia, Orif with plating proximal tibia, Closed imil nailing and expert tibial nailing, TENS nailing tibia for pediatric age groups, Spine: Posterior approach lumbar spine laminectomy and discectomy , Posterior lumbar stabilisation with pedicle scre fixation . Ankle: Bimaleolar fracture fixation, Medial maleolus screw fixation, Distal fibular plating, Clavicle: Orif with plating , Orif with hook plating, Minimally invasiveTENS nailing. Humerus: Orif with Philos plating , Orif with plating for humerus fracture, Radial nerve exploration. Elbow: Orif with plating , Radial head excision, Closed reduction and K wire fixation , Tension band wiring . Forearm: Isolated ulna orif with plating , Both bone orif with plating , TENS nailing, Distal radius orif with plating, Other surgeries: Non union correction , Malunion correction, Limb length correction , Excision arthroplasty, Osteomyelitis treatment , Antibiotic nailing , Vaccum suction dressing , Below knee amputation, Gct excision, Adaptive assistant to fellow surgeons.
- **Surgeries done individually:** Proximal femoral nailing, Orif with plating of clavicle, Minimally invasiveTENS nail fixation of clavicle , Orif with plating forearm both bone, Orif with plating distal radius, Orif with plating distal fibula, Orif with screw fixation of medial maleolus, Orif with screw fixation of proximal tibia, Achilles tendon repair , Finger and toe amputations , Split skin grafting , K wire fixation of extremities .

PROJECTS

- **Thesis done and completed at SSSMCRI Chennai**
"DESCRIPTIVE STUDY EVALUATING THE FUNCTIONAL OUTCOME IN DISTAL RADIUS FRACTURE MANAGEMENT"

ACHIEVEMENTS & AWARDS

- BLS certification by American Heart Association ACLS certification by American Heart Association
- Podium presentation at POACON 2019

LANGUAGES SPOKEN

- English
- Malayalam
- Tamil
- Hindi

CONFERENCES AND CME

- SPOT HOSPITAL LIVE SURGERY CME 2017
- MORE 2017 MGMCRI PONDYCHERY
- IOACON 2017 KOCHI
- STRA CADAVER ARTHROSCOPY KNEE COURSE DECEMBER 2017
- CHETTINAD SHOULDER ARTHROSCOPY WORKSHOP 2018
- HIP ARTHROPLASTY CME AT HOTEL RAMADA 2018
- POST OPERATIVE COMPLICATIONS AND CORRECTION CME AT HOTEL ACCORD PONDYCHERY 2018
- MORE 2018 MGMCRI PONDYCHERY
- IOA TRAUMA COURSE SRMC 2018
- CALICUT ORTHO COURSE 2018
- ASTRA CADAVER SPINE COURSE 2018 AT SSSMCRI
- MOA AT SOUNDARAPANDIAN BONE AND JOINT HOSPITAL NOVEMBER 2018
- TOPIC- TRIVANDRUM MEDICAL COLLEGE 2018
- POACON 2019 PIMS Orthopedic Revision course 2019

INTERESTS

- Trauma care
- Arthroplasty of hip
- Polytrauma
- Limb salvage

PUBLICATION

- **AN OUTCOME ANALYSIS IN MALUNITED DIAPHYSIAL FRACTURE OF FEMUR TREATED WITH ORIF AND IMIL NAILING WITHOUT BONE GRAFTING**
Publication done in Global journal of research analysis on VOLUME-7, ISSUE-11, NOVEMBER-2018 • ISSN No 2277 - 8160
An international journal with IF : 5.156 | IC Value : 85.78

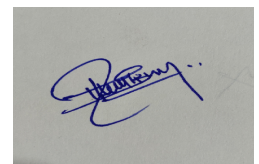
- **A Study of The management of Distal Radius Fractures as Per AO Classification in A Tertiary Care Centre**
Publication done in OROAJ California based international open access journal with impact factor and pubmed listing
Article citation:
Nandu R B, P Saravanan. A Study of The management of Distal Radius Fractures as Per AO Classification in A Tertiary Care Centre. Ortho & Rheum Open Access J 2019; 14(1): 555876. DOI: 10.19080/OROAJ.2019.14.555876

REFERENCE

- **Dr.P.Saravanan - "Mehta hospital chennai"**
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- **Dr.Tirumal.R - "Chettinadlu medicity chennai"**
Consultant spine surgeon
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DECLARATION

- The information in this section is true and complete. I agree that any deliberate omission, falsification or misrepresentation in the application form will be grounds for rejecting this application or subsequent dismissal if employed by the organization. Where applicable, I consent that the organization can seek clarification regarding professional registration details.



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