

SNEHA L BABU



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Carrier Objectives

- ❖ To pursue a challenging career in the field of Physical Therapy
- ❖ To obtain a position that will enable me to use my strong organizational skills, educational background and ability to work well with people and to secure a competent position to set benchmarks for the progress of Health Care Industry.

Strengths

- ❖ Clear and Positive thinking, Hard working
- ❖ Keen interest in constant learning and upgrading

Competence/Skill set

- ❖ Ample experience in clinical Pain management, Inpatients, Out patients, Orthopaedic, Neurology, Cardio Rehabilitation & Rehabilitation of Spinal cord and head Injured Patients.

Professional Work Experience

DURATION	POSITION HELD	INSTITUTION
Dec 2018 – Feb2019	Internship	Sree Chitra Tirunal Institute for Medical Sciences and Technology Trivandrum.
Feb 2019-Jun 2019	Internship	Pushpagiri Medical college Hospital Thiruvalla

Professional Education

COURSE	COLLEGE/ UNIVERSITY	%	YEAR OF PASSING
Bachelor of Physiotherapy(BPT)	Little Flower Institute of Medical Science and Reserch centre, Angamaly	72	2014-2019

School Educational Profile

COURSE	NAME OF SCHOOL	%	YEAR OF PASSING
Secondary School Leaving Certificate	S.N.D.P.Sanskrit H.S, Vallikunnam	86	2012
Higher Secondary Certificate (Hsc)	K.K.M.Govt V.&H.S.S Elippakulam	79	2014

Research work

- ❖ An experimental study to analyze the correlation between BMI and VO2MAX using Rockport one mile walk test in young females .

Community Service

- ❖ Participated and Conducted Free Health Camps and Physiotherapy Camps inside and outside the campus which was conducted by Little Flower Institute of Medical Science and Research Center ,Angamaly.

Professional Development Programmes Attended

SYMPOSIUM ON	CONDUCTED BY
Stroke Physiotherapy an update what we have and what we have to do	KAPC (Kerala Association for Physiotherapist Co-ordination).
Muscular Imbalance & Skeletal Dysfunction	K.A.P.C.

Workshops Attended

WORKSHOP ON	CONDUCTED BY
Integrated Manual Therapy Approach for Spine Dysfunction	Little Flower Hospital & Research Centre Angamaly.

Work involves

- ❖ Assessment, Goal Setting and treatment of Patients, Patients / Patients relative education, Home program and Follow ups.
- ❖ Actively taking part in the weekly journal club, presentation during the rounds
- ❖ Participating in the case studies and presentations.

Work Involves: (Pain Clinic and the Out-patient Exercise therapy Unit)

Patients with Chronic Intractable pain are referred from various units to Pain Clinic, Pain Clinic comprises of the Physiotherapists,

- ❖ As a physiotherapy staff, I did detailed physical examination of the patient to rule out the causes of pain along with senior staffs,
- ❖ Formulate a systematic treatment approach.
- ❖ Carry out the treatment within the scope of physiotherapy along with the treatment of other professionals.

As a student physiotherapist and later as a staff in this massive Hospital, I gained exposure and knowledge in management of patients in the following areas.

Personal Profile

NAME	SNEHA L BABU
NATIONALITY	INDIAN
DATE OF BIRTH	02-01-1997
SEX	FEMALE
MARITAL STATUS	SINGLE
LANGUAGES KNOWN	ENGLISH, MALAYALAM. SNEHALAYAM
RESIDENTIAL ADDRESS	MEENATHU VALLIKUNNAM PO ALAPPUZHA(Dist) Kerala PIN:690 503

References

Prof. Sara Mathew (MHA)	Ms.Remya N , MPT
Principal Little Flower institute of Medical Sciences and Research Centre Angamaly . Contact No: 0484-2453595 Email:limsarangamaly@gmail.com	Professor & HOD Dept.of Physiotherapy, Little Flower institute of Medical Sciences and Research Centre. Contact No:9567148491

I hereby declare that all the information provided above is true to the best of my knowledge.

VALLIKUNNAM

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