
RINTU STEFY

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Trainee Nurse/Staff Nurse

Summary

Dedicated and self-motivated B.Sc. Nurse seeking to use earned skills and knowledge to assist your esteemed hospital in a nursing role. Proven to ably handle any medical emergency or situation, with the requisite skill-set to perform under pressure. Excellent interpersonal skills, and a dedicated worker with a sense of purpose

- Performs well in high-pressure, fast-paced environments utilizing exceptional multi-tasking and time management skills while maintaining strong patient advocacy.
- Outstanding interpersonal and communication skills, superior accuracy in patient history, charting, and other documentation.
- Nurtures relationships ensuring the highest level of quality and care
- Ability to utilize patient management skills to enhance quality of life and increase patient satisfaction

Work experience

2014 - 2015

Trainee Nurse/Staff Nurse

Jishy Hospital, Mundamveli, Kochi

- Managed the admission and discharging of patients
- Maintained constant and effective interactions with medical bodies in the hospital.
- Maintained the patient charts.
- Assessed patients, developed care plans, and administered medication.
- Interacted and communicated with patients of all ages and ethnic backgrounds, giving quality medical care and treatment
- Handled round the clock (24 x 7) working shifts
- Provided patient and family education.
- Performed simple and complex treatment

Education

2009 - 2013

B.Sc. Nursing

KMCT College Of Nursing, Manassery, Kerala

Established in 2008, KMCT College of Nursing is attached to KMCT Medical College Hospital, a leading multi specialty hospital at Manassery, Kozhikode. The college imparts quality nursing education and training to aspiring candidates interested in pursuing a career in nursing.

The objective of B.Sc. Nursing is to demonstrate competency in the knowledge and skills in providing comprehensive nursing care based on the problem-solving approach in the hospital and community

1997 - 2009

High School, Biology

Kendriya Vidyalaya Cochin Port Trust

Kendriya Vidyalaya's are a system of central government schools in India that were instituted under the aegis of the Ministry of Human Resource Development. schools are affiliated to the Central Board Of Secondary Education (CBSE).

Inter-Personal and Technical Skills

- Proficient in basic use of computers.
- Excellent written and verbal communication skills in below languages
 - Malayalam
 - English
 - Hindi
- Experience in using medical apparatus and equipment
- Possess strong commitment to team environment dynamics with the ability to contribute expertise and follow leadership directives at appropriate times

Personal and Contact Details

Marital Status : Married

Address : Thykootathil House, Kattiparambu, Cochin-682008